



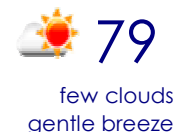
Cumberland Valley Rails-to-Trails Council

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Water Wheel 5k

May 17, 2025

Overall Finish



5k Race Total: 58

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
1	3562	M	1	18:16	Nicholas Hall	25		20 - 29	Mechanicsburg	PA	5:53	70.16
2	3542	M	2	18:33	Cameron Shopp	21		20 - 29	Carlisle	PA	5:58	69.40
3	3547	M	3	18:54	Isaac Sollenberger	17		13 - 19	Newville	PA	6:05	71.07
4	3516	M	4	19:47	Jordan Gilbert	16		13 - 19 1	Newville	PA	6:22	68.78
5	3528	M	5	20:04	Chris Martin	52	1	50 - 59	Shippensburg	PA	6:28	74.23
6	3538	M	6	21:45	Dennis Reamer II	60	2	60 - 69 1	Fort Loudon	PA	7:00	73.31
7	3563	M	7	22:11	Bryson Meczywor	41	3	40 - 49 1	Shippensburg	PA	7:08	61.62
8	3560	M	8	22:45	Larry Wilson II	30		30 - 39 1	Mcconnellsburg	PA	7:19	56.50
9	3519	M	9	23:17	Jeremy Hawk	41	4	40 - 49 2	Newville	PA	7:30	58.70
10	3531	M	10	24:13	Cliff Ocker	54	5	50 - 59 1	Chambersburg	PA	7:48	62.57
11	3550	M	11	24:52	Jason Sullivan	42	6	40 - 49 3	Vienna	VA	8:00	55.36
12	3548	M	12	24:53	Reuben Sollenberger	13		13 - 19 2	Newville	PA	8:01	57.95
13	3502	F	1	25:50	Kim Bard	58		50 - 59	Chambersburg	PA	8:19	69.92
14	3533	F	2	26:04	Danielle Portier	45		40 - 49	Fayetteville	PA	8:23	58.87
15	3504	M	13	26:41	Russ Byrum	60	7	60 - 69 2	Charles Town	WV	8:35	59.75
16	3506	F	3	26:52	Sarah Covell	34		30 - 39	Shippensburg	PA	8:39	53.31
17	3549	M	14	27:09	Jeff Stouch	66	8	60 - 69 3	Mount Joy	PA	8:44	61.97
18	3532	M	15	27:54	Brian Portier	45	9	40 - 49 4	Fayetteville	PA	8:59	50.49
19	3529	F	4	28:19	Donna Meyers	63	1	60 - 69	St Thomas	PA	9:07	68.51
20	3545	M	16	28:46	Ron Slozat	78	10	70 & over 1	Shippensburg	PA	9:16	69.40
21	124	F	5	28:59	Jeanne Arnold	69	2	60 - 69 1	Mercersburg	PA	9:20	73.53
22	3501	M	17	29:50	Jay Bard	61	11	60 - 69 4	Chambersburg	PA	9:36	53.93
23	3543	F	6	30:05	Kathy Singley	68	3	60 - 69 2	Biglerville	PA	9:41	69.69
24	3556	M	18	30:23	Graham Walk	19		13 - 19 3	Shippensburg	PA	9:47	43.11
25	3525	F	7	30:23	Ella Kammerer	18		13 - 19 1	Newville	PA	9:47	47.31
26	3503	F	8	30:25	Katie Barnes	42	4	40 - 49 1	Chambersburg	PA	9:47	49.14
27	3557	F	9	30:48	Sherri Webber-Mains	62	5	60 - 69 3	Newville	PA	9:55	62.08
28	3546	F	10	31:15	Debra Sneeringer	67	6	60 - 69 4	Biglerville	PA	10:04	66.02
29	3517	F	11	31:45	Judy Goffi	65	7	60 - 69 5	Gettysburg	PA	10:13	63.00
30	3541	F	12	31:50	Louann Shank	58	8	50 - 59 1	Newville	PA	10:15	56.72
31	3561	F	13	32:19	Jeannie Hackl	41	9	40 - 49 2	Shippensburg	PA	10:24	45.91
32	3540	F	14	32:31	Tina Reynolds	59	10	50 - 59 2	New Oxford	PA	10:28	56.30
33	3507	F	15	32:34	Caroline Deihl	26		20 - 29 1	Carlisle	PA	10:29	43.65



Cumberland Valley Rails-to-Trails Council

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May 17, 2025

Overall Finish



5k Race Total: 58

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
34	3559	M	19	33:02	Brad Westhafer	73	12	70 & over 2	Mechanicsburg	PA	10:38	55.20
35	3512	F	16	33:04	Reganne Engstler	21		20 - 29 2	Fairfield	PA	10:39	42.99
36	3534	F	17	33:06	Heather Prior	57	11	50 - 59 3	Biglerville	PA	10:39	53.82
37	3522	F	18	33:56	Karen Hendricks	55	12	50 - 59 4	Mechanicsburg	PA	10:55	51.11
38	3539	M	20	34:33	Aj Reath	72	13	70 & over 3	Shippensburg	PA	11:07	52.03
39	3530	F	19	34:37	Alex Morgan	30		30 - 39 1	Newville	PA	11:09	41.09
40	3527	F	20	35:28	Gabrielle Lee	26		20 - 29 3	Chambersburg	PA	11:25	40.08
41	3518	M	21	35:48	Donald Grier	72	14	70 & over 4	Chambersburg	PA	11:31	50.20
42	3544	F	21	35:48	Tiffani Singley	31		30 - 39 2	Mechanicsburg	PA	11:31	39.77
43	3524	F	22	35:53	Donna Joy	58	13	50 - 59 5	Shepherdstown	WV	11:33	50.32
44	3515	M	22	36:25	Aaron Gantz	28		20 - 29 1	Shippensburg	PA	11:43	35.21
45	3514	F	23	36:25	Nastassia Foose	28		20 - 29 4	Shippensburg	PA	11:43	39.04
46	3553	M	23	36:41	Paul Taylor	48	15	40 - 49 5	Shippensburg	PA	11:48	39.31
47	3552	F	24	37:03	Amelia Taylor	13		13 - 19 2	Shippensburg	PA	11:56	41.43
48	3558	F	25	37:53	Karen Weinstein	56	14	50 - 59 6	Carlisle	PA	12:12	46.38
49	3554	F	26	38:34	Kailey Vande Kamp	26		20 - 29 5	Shippensburg	PA	12:25	36.86
50	3564	F	27	42:03	Stephanie Melloff	42	15	40 - 49 3	Chambersburg	PA	13:32	35.54
51	3510	F	28	42:18	Florence Dinsmore	71	16	70 & over 1	Fort Loudon	PA	13:37	52.04
52	3555	F	29	43:44	Deb Vanek	68	17	60 - 69 6	Mount Joy	PA	14:05	47.92
53	3521	F	30	47:10	Debbie Hendricks	71	18	70 & over 2	Carlisle	PA	15:11	46.69
54	3520	M	24	47:10	Carl Hendricks	71	16	70 & over 5	Carlisle	PA	15:11	37.59
55	3537	M	25	47:38	Rick Railing	70	17	70 & over 6	Walnut Bottom	PA	15:20	36.78
56	3526	F	31	48:22	Merrilynn Kessler	81	19	70 & over 3	Newville	PA	15:34	55.03
57	3505	F	32	50:20	Meghan Coker	39		30 - 39 3	Shippensburg	PA	16:12	29.08
58	3509	M	26	1:01:03	John Desantis	65	18	60 - 69 5	Gettysburg	PA	19:39	27.30