



# Cumberland Valley Rails-to-Trails Council

## Solstice 5k June 20, 2024 Overall Finish



**89**  
clear sky  
light breeze

### 5k Race Total: 80

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade	
1	4447	M	1	18:33	Elijah Diaz	18		13 - 19	Carlisle	PA	5:58	71.47	
2	4460	M	2	19:21	Collin Hackl	15		13 - 19	Shippensburg	PA	6:14	71.53	
3	4272	M	3	20:21	Kyle Buchheister	21		20 - 29	Shippensburg	PA	6:33	63.24	
4	4441	M	4	21:36	Sean Collier	34		30 - 39	1	Chambersburg	PA	6:57	60.31
5	4509	M	5	22:18	Mark Peters	55	1	50 - 59		Inwood	WV	7:11	68.48
6	4540	M	6	22:55	Larry Wilson II	29		20 - 29	1	Mcconnellsburg	PA	7:23	56.01
7	4513	M	7	22:58	Dennis Reamer II	59	2	50 - 59	1	Fort Loudon	PA	7:24	68.85
8	4497	M	8	23:17	Landon Michalak	13		13 - 19	1	Greencastle	PA	7:30	61.92
9	4482	M	9	23:29	Kyle Krause	22		20 - 29	2	Shippensburg	PA	7:34	54.62
10	4538	M	10	23:34	Shelby White	53	3	50 - 59	2	Chambersburg	PA	7:35	63.76
11	4437	M	11	24:12	Sean Burrows	51	4	50 - 59	3	Shippensburg	PA	7:47	61.08
12	4432	M	12	24:29	Logan Bert	13		13 - 19	2	Chambersburg	PA	7:53	58.88
<b>13</b>	<b>4488</b>	<b>F</b>	<b>1</b>	<b>24:48</b>	<b>Karen Martin</b>	<b>50</b>		<b>50 - 59</b>		Martinsburg	WV	7:59	66.03
14	4508	M	13	24:48	Herb Peddicord	64	5	60 - 69	1	Martinsburg	WV	7:59	66.64
15	4451	M	14	25:01	Brad Evans	55	6	50 - 59	4	Chambersburg	PA	8:03	61.03
16	4496	M	15	25:08	Kolby Michalak	15		13 - 19	3	Greencastle	PA	8:05	55.05
17	4523	M	16	25:59	Alexander Smeltz	18		13 - 19	4	Shippensburg	PA	8:22	51.03
<b>18</b>	<b>4546</b>	<b>F</b>	<b>2</b>	<b>26:04</b>	<b>Nora Zubia</b>	<b>40</b>		<b>40 - 49</b>		Chambersburg	PA	8:23	56.93
19	4550	M	17	26:27	Aaron Cox	38		30 - 39	2	State Line	PA	8:31	50.53
<b>20</b>	<b>4555</b>	<b>F</b>	<b>3</b>	<b>26:55</b>	<b>Stephanie George</b>	<b>32</b>		<b>30 - 39</b>		Fayetteville	PA	8:40	53.35
21	4505	M	18	27:03	Gary Neus	50	7	50 - 59	5	Chambersburg	PA	8:42	54.19
22	4475	M	19	27:28	Noah Ignacio	12		12 & under	1	Shippensburg	PA	8:50	53.81
23	4485	M	20	27:34	Craig Leisher	63	8	60 - 69	2	Chambersburg	PA	8:52	59.38
<b>24</b>	<b>4428</b>	<b>F</b>	<b>4</b>	<b>27:37</b>	<b>Kim Bard</b>	<b>57</b>	<b>1</b>	<b>50 - 59</b>		Chambersburg	PA	8:53	64.98
<b>25</b>	<b>4473</b>	<b>F</b>	<b>5</b>	<b>27:39</b>	<b>Deb Hoberg</b>	<b>58</b>	<b>2</b>	<b>50 - 59</b>	<b>1</b>	Renville	MN	8:54	65.77
<b>26</b>	<b>4442</b>	<b>F</b>	<b>6</b>	<b>27:47</b>	<b>Bonnie Craig</b>	<b>41</b>	<b>3</b>	<b>40 - 49</b>	<b>1</b>	Shippensburg	PA	8:57	53.75
27	4507	M	21	27:56	Cliff Ocker	53	9	50 - 59	6	Chambersburg	PA	8:59	53.78
28	4434	M	22	28:03	Hudson Book	9		12 & under	2	Chambersburg	PA	9:02	57.95
29	4521	M	23	28:16	Ron Slozat	77	10	70 & over	1	Shippensburg	PA	9:06	69.15
<b>30</b>	<b>4548</b>	<b>F</b>	<b>7</b>	<b>28:47</b>	<b>Katie Barnes</b>	<b>41</b>	<b>4</b>	<b>40 - 49</b>	<b>2</b>	Chambersburg	PA	9:16	51.90
31	4445	M	24	28:49	Aidan Decker	21		20 - 29	3	Warren	NJ	9:17	44.66
<b>32</b>	<b>4522</b>	<b>F</b>	<b>8</b>	<b>28:58</b>	<b>Susan Smedley</b>	<b>59</b>	<b>5</b>	<b>50 - 59</b>	<b>2</b>	Waynesboro	PA	9:19	63.68
<b>33</b>	<b>4557</b>	<b>F</b>	<b>9</b>	<b>29:24</b>	<b>Marjorie Lebo</b>	<b>63</b>	<b>6</b>	<b>60 - 69</b>	<b>1</b>	New Cumberland	PA	9:28	66.43



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Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
34	4560	M	25	29:41	Jason Inskip	45	11	40 - 49 1	Eudora	KS	9:33	47.47
<b>35</b>	<b>113</b>	<b>F</b>	<b>10</b>	<b>29:44</b>	<b>Jeanne Arnold</b>	<b>68</b>	<b>7</b>	<b>60 - 69 2</b>	Mercersburg	PA	9:34	70.99
36	4430	M	26	29:54	Daniel Bender	40	12	40 - 49 2	Newburg	PA	9:37	45.37
<b>37</b>	<b>4554</b>	<b>F</b>	<b>11</b>	<b>30:11</b>	<b>Leah Billet</b>	<b>46</b>	<b>8</b>	<b>40 - 49 3</b>	Chambersburg	PA	9:43	51.75
<b>38</b>	<b>4519</b>	<b>F</b>	<b>12</b>	<b>31:05</b>	<b>Kathy Singley</b>	<b>67</b>	<b>9</b>	<b>60 - 69 3</b>	Biglerville	PA	10:00	66.85
<b>39</b>	<b>4494</b>	<b>F</b>	<b>13</b>	<b>31:23</b>	<b>Donna Meyers</b>	<b>62</b>	<b>10</b>	<b>60 - 69 4</b>	St Thomas	PA	10:06	61.36
<b>40</b>	<b>4476</b>	<b>F</b>	<b>14</b>	<b>31:49</b>	<b>Amanda Kaiser-Jones</b>	<b>44</b>	<b>11</b>	<b>40 - 49 4</b>	Fayetteville	PA	10:14	48.12
41	4427	M	27	31:52	Jay Bard	60	13	60 - 69 3	Chambersburg	PA	10:15	50.03
<b>42</b>	<b>4526</b>	<b>F</b>	<b>15</b>	<b>32:05</b>	<b>Debra Sneeringer</b>	<b>66</b>	<b>12</b>	<b>60 - 69 5</b>	Biglerville	PA	10:20	63.72
<b>43</b>	<b>4455</b>	<b>F</b>	<b>16</b>	<b>32:11</b>	<b>Eleanor Frey</b>	<b>12</b>		<b>12 &amp; under 1</b>	Gettysburg	PA	10:22	48.95
<b>44</b>	<b>4456</b>	<b>F</b>	<b>17</b>	<b>32:14</b>	<b>Shelli Frey</b>	<b>44</b>	<b>13</b>	<b>40 - 49 5</b>	Gettysburg	PA	10:22	47.48
<b>45</b>	<b>4461</b>	<b>F</b>	<b>18</b>	<b>32:38</b>	<b>Jeannie Hackl</b>	<b>40</b>	<b>14</b>	<b>40 - 49 6</b>	Shippensburg	PA	10:30	45.45
46	4514	M	28	33:11	Aj Reath	71	14	70 & over 2	Shippensburg	PA	10:41	53.44
<b>47</b>	<b>4510</b>	<b>F</b>	<b>19</b>	<b>34:27</b>	<b>Heather Prior</b>	<b>56</b>	<b>15</b>	<b>50 - 59 3</b>	Biglerville	PA	11:05	51.38
48	4501	M	29	34:31	Brian Mount	63	15	60 - 69 4	Greencastle	PA	11:07	47.41
<b>49</b>	<b>4516</b>	<b>F</b>	<b>20</b>	<b>34:38</b>	<b>Tina Reynolds</b>	<b>58</b>	<b>16</b>	<b>50 - 59 4</b>	New Oxford	PA	11:09	52.51
<b>50</b>	<b>4498</b>	<b>F</b>	<b>21</b>	<b>34:45</b>	<b>Kelly Miller</b>	<b>46</b>	<b>17</b>	<b>40 - 49 7</b>	Chambersburg	PA	11:11	44.93
51	4477	M	30	35:02	Bruce Kessler	78	16	70 & over 3	Newville	PA	11:17	56.96
<b>52</b>	<b>4504</b>	<b>F</b>	<b>22</b>	<b>35:31</b>	<b>Courtney Neus</b>	<b>48</b>	<b>18</b>	<b>40 - 49 8</b>	Chambersburg	PA	11:26	44.97
<b>53</b>	<b>4483</b>	<b>F</b>	<b>23</b>	<b>36:38</b>	<b>Abriel Lantz</b>	<b>34</b>		<b>30 - 39 1</b>	Shippensburg	PA	11:47	39.37
<b>54</b>	<b>4457</b>	<b>F</b>	<b>24</b>	<b>36:50</b>	<b>Ann Gerlitzki</b>	<b>60</b>	<b>19</b>	<b>60 - 69 6</b>	Aspers	PA	11:51	50.77
55	4458	M	31	37:03	Donald Grier	71	17	70 & over 4	Chambersburg	PA	11:56	47.85
<b>56</b>	<b>4530</b>	<b>F</b>	<b>25</b>	<b>37:09</b>	<b>Brynn Strock</b>	<b>15</b>		<b>13 - 19 1</b>	Chambersburg	PA	11:57	40.37
57	4495	M	32	37:18	Dave Michalak	49	18	40 - 49 3	Greencastle	PA	12:00	38.98
<b>58</b>	<b>4520</b>	<b>F</b>	<b>26</b>	<b>37:22</b>	<b>Tiffani Singley</b>	<b>30</b>		<b>30 - 39 2</b>	Mechanicsburg	PA	12:02	38.33
<b>59</b>	<b>4499</b>	<b>F</b>	<b>27</b>	<b>37:39</b>	<b>Kristen Moe</b>	<b>27</b>		<b>20 - 29 1</b>	Chambersburg	PA	12:07	38.03
60	4515	M	33	37:49	Ken Renfrew	60	19	60 - 69 5	Shippensburg	PA	12:10	42.16
<b>61</b>	<b>4467</b>	<b>F</b>	<b>28</b>	<b>38:21</b>	<b>Lori Helman</b>	<b>53</b>	<b>20</b>	<b>50 - 59 5</b>	Chambersburg	PA	12:21	44.35
62	4545	M	34	39:03	Darron Zimmerman	45	20	40 - 49 4	Chambersburg	PA	12:34	36.09
<b>63</b>	<b>4544</b>	<b>F</b>	<b>29</b>	<b>39:08</b>	<b>Christa Zimmerman</b>	<b>43</b>	<b>21</b>	<b>40 - 49 9</b>	Chambersburg	PA	12:36	38.76
64	4484	M	35	39:40	Scott Lantz	37		30 - 39 3	Shippensburg	PA	12:46	33.45
<b>65</b>	<b>4552</b>	<b>F</b>	<b>30</b>	<b>40:02</b>	<b>Elizabeth Seeders</b>	<b>38</b>		<b>30 - 39 3</b>	Shippensburg	PA	12:53	36.62
<b>66</b>	<b>4553</b>	<b>F</b>	<b>31</b>	<b>40:02</b>	<b>Angie Roach</b>	<b>49</b>	<b>22</b>	<b>40 - 49 10</b>	Shippensburg	PA	12:53	40.39



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Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
67	4543	M	36	40:52	Michael Zanotti	67	21	60 - 69 6	Martinsburg	WV	13:09	41.55
<b>68</b>	<b>4493</b>	<b>F</b>	<b>32</b>	<b>42:15</b>	<b>Stephanie Mellott</b>	<b>41</b>	<b>23</b>	<b>40 - 49 11</b>	Chambersburg	PA	13:36	35.35
69	4436	F	33	43:58	Alyssa Burrows	50	24	50 - 59 6	Shippensburg	PA	14:09	37.23
70	4478	F	34	44:32	Merrilynn Kessler	81	25	70 & over 1	Newville	PA	14:20	60.20
71	4542	F	35	45:22	Karen Woodring	51	26	50 - 59 7	Mechanicsburg	PA	14:36	36.54
72	4512	M	37	49:01	Rick Railing	69	22	60 - 69 7	Walnut Bottom	PA	15:47	35.34
73	4502	F	36	49:23	Susan Mull	71	27	70 & over 2	Quarryville	PA	15:54	44.90
74	4506	F	37	52:28	Candice Nigrelli	30		30 - 39 4	Chambersburg	PA	16:53	27.30
75	4449	F	38	52:29	Tabitha Eckenrode	41	28	40 - 49 12	Shippensburg	PA	16:54	28.46
76	4500	F	39	53:46	Kelly Morrow	52	29	50 - 59 8	Chambersburg	PA	17:18	31.23
77	4558	M	38	55:50	Michael Percherke	63	23	60 - 69 8	Mechanicsburg	PA	17:58	29.32
78	4556	M	39	55:50	David Lebo	65	24	60 - 69 9	New Cumberland	PA	17:58	29.85
79	4525	F	40	1:00:21	Melissa Smith	47	30	40 - 49 13	Chambersburg	PA	19:25	26.16
80	4439	F	41	1:00:22	Laura Carbaugh	54	31	50 - 59 9	Chambersburg	PA	19:26	28.54