Cumberland Valley Rails-to-Trails Council
Solstice 10k
June 21, 2019
Overall Finish

80
few clouds
gentle breeze

10k Race Total: 35

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group /	Place	City	State	Pace / Mile	Age Grade
1	3724	M	1	42:58	Josh Line	21		20 - 29		Newville	PA	6:55	62.49
2	3769	M	2	43:08	Justin Varner	29		20 - 29		Shippensburg	PA	6:56	62.05
3	3766	M	3	44:14	Ryan Yost	37		30 - 39		Greencastle	PA	7:07	62.56
4	3719	M	4	45:17	James Kinton	43	1	40 - 49		Chambersburg	PA	7:17	63.90
5	3768	M	5	45:43	Jeremy Hawk	35		30 - 39	1	Chambersburg	PA	7:21	59.76
6	3711	M	6	47:30	Ike Hahn	25		20 - 29	1	Shade Gap	PA	7:39	56.28
7	3781	M	7	48:07	Bill Stahr	58	2	50 - 59	1	The Plains	VA	7:45	67.91
8	3723	M	8	50:32	Craig Leisher	58	3	50 - 59	2	Chambersburg	PA	8:08	64.65
9	3671	M	9	51:18	Mark Aldrich	60	4	60 - 69	1	Carlisle	PA	8:15	64.81
10	3745	M	10	52:08	Douglas Shields	52	5	50 - 59	3	Shippensburg	PA	8:23	59.61
11	**3680**	**F**	**1**	**52:32**	**Tracy Brown**	**37**		**30 - 39**		Hagerstown	MD	8:27	58.78
12	3762	M	11	52:44	Mark Wilson	52	6	50 - 59	4	Hollywood	FL	8:29	58.93
13	3716	M	12	53:17	David Hill	39		30 - 39	2	Shippensburg	PA	8:35	52.71
14	3677	M	13	53:33	Michael Bercaw	50	7	50 - 59	5	Waynesboro	PA	8:37	57.08
15	**3695**	**F**	**2**	**53:55**	**Jacqui Derr**	**35**		**30 - 39**		Ickesburg	PA	8:41	56.85
16	3755	M	14	53:57	Steve Vanscyoc	56	8	50 - 59	6	Chambersburg	PA	8:41	59.54
17	**3699**	**F**	**3**	**55:16**	**Kimberly Diehl**	**30**		**30 - 39**		Shippensburg	PA	8:54	54.93
18	**3684**	**F**	**4**	**56:53**	**Tassa Clelan**	**34**		**30 - 39**	**1**	Newville	PA	9:09	53.72
19	**3678**	**F**	**5**	**56:55**	**Audrey Birkhimer**	**23**		**20 - 29**	**1**	Wheeling	WV	9:10	53.32
20	**3701**	**F**	**6**	**57:21**	**Molly Elvin**	**25**		**20 - 29**	**2**	Newville	PA	9:14	52.92
21	**3729**	**F**	**7**	**59:18**	**Donna Meyers**	**57**	**1**	**50 - 59**		Chambersburg	PA	9:33	63.47
22	3709	M	15	59:18	Donald Grier	66	9	60 - 69	2	Chambersburg	PA	9:33	59.17
23	**3749**	**F**	**8**	**59:45**	**Krista Stouffer**	**27**		**20 - 29**	**3**	Fort Loudon	PA	9:37	50.79
24	**3772**	**F**	**9**	**1:03:19**	**Tiffany Shoop**	**42**	**2**	**40 - 49**	**1**	Blacksburg	VA	10:11	50.19
25	**3741**	**F**	**10**	**1:03:24**	**Rose Perkins**	**33**		**30 - 39**	**2**	East Stroudsburg	PA	10:12	48.09
26	3674	M	16	1:07:09	Zachary Barber	13		13 - 19	1	Shippensburg	PA	10:48	44.77
27	**3722**	**F**	**11**	**1:08:21**	**Cheryl Lehman**	**55**	**3**	**50 - 59**	**1**	Chambersburg	PA	10:60	53.62
28	**3694**	**F**	**12**	**1:08:41**	**Jordan Denny**	**24**		**20 - 29**	**4**	New Windsor	MD	11:03	44.19
29	3672	M	17	1:08:41	Alex Aul	27		20 - 29	2	Mcdonald	PA	11:03	38.92
30	**3773**	**F**	**13**	**1:08:50**	**Jeanne Arnold**	**63**	**4**	**60 - 69**	**1**	Mercersburg	PA	11:05	59.51
31	**3704**	**F**	**14**	**1:12:30**	**Caitlin Flohr**	**22**		**20 - 29**	**5**	Chambersburg	PA	11:40	41.86
32	**3734**	**F**	**15**	**1:17:54**	**Danielle Nace**	**32**		**30 - 39**	**3**	Newville	PA	12:32	39.06
33	**3679**	**F**	**16**	**1:18:54**	**Donna Bombardieri**	**45**	**5**	**40 - 49**	**2**	Chambersburg	PA	12:42	41.28

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10k Race Total: 35

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group /	Place	City	State	Pace / Mile	Age Grade
34	3748	F	17	1:21:48	Melodie Stinner	56	6	50 - 59	2	Orefield	PA	13:10	45.40
35	3747	F	18	1:22:19	Lynn St. Clair	58	7	50 - 59	3	Chambersburg	PA	13:15	46.35