



Run to Rise SAAPM 5k

April 11, 2026

 62

scattered clouds
fresh breeze

Awards

Overall Gender

Place	Over All	Time	Race Number	Name	Gender	Age	City	State	Pace / Mile	Age Grade
Female										
1	13	26:41	1849	Siera Beard	F	32	Mechanicsburg	PA	8:35	53.45
Male										
1	1 CR	16:51	1848	Richard Bailey	M	13	Carlisle	PA	5:25	85.54

Age Graded Percent

Place	Over All	Age Grade	Race Number	Name	Gender	Age	City	State	Time	Adjusted Time	Place
1	1	85.54	1848	Richard Bailey	M	13	Carlisle	PA	16:51	14:59	
2	42	66.28	1853	Vanessa Cooney	F	72	Carlisle	PA	33:48	21:27	
3	33	63.75	1906	Judy Goffi	F	66	Gettysburg	PA	31:52	22:18	
4	16	63.19	945	Jeff Stouch	M	67	Mount Joy	PA	26:52	20:17	
5	2	60.74	1850	Titus Brown	M	34	Huntingdon	PA	21:27	21:06	
6	5	59.98	1885	John Wenzel	M	52	Haymarket	VA	24:50	21:22	
7	21	58.79	1904	Rory Smith	M	8			28:47	21:48	
8	11	58.66	1857	David Goetz	M	56	New Cumberland	PA	26:16	21:51	
9	23	58.50	1855	M. Dunham	F	54	Carlisle	PA	29:15	24:18	
10	10	57.09	1907	Nick Stephens	M	50			25:40	22:27	



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Age Groups

Place	Over All	Time	Race Number	Name	Gender	Age	City	State	Pace / Mile	Age Grade
Female 18 & under										
1	12	AG 33:12	1908	Kyra Hashey	F	18			10:41	43.3
Male 18 & under										
1	19	28:47	1904	Rory Smith	M	8			9:16	58.79
Female 19 - 29										
1	2	26:50	1890	Tiyonna Perkins	F	24			8:38	52.98
Male 19 - 29										
1	3	AG 23:22	1882	Jacob Thompson	M	21	Boiling Springs	PA	7:31	55.09
Female 30 - 39										
1	11	33:10	1865	Lou Hoffman	F	39	Fayetteville	PA	10:41	44.15
Male 30 - 39										
1	2	AG 21:27	1850	Titus Brown	M	34	Huntingdon	PA	6:54	60.74
Female 40 - 49										
1	4	29:28	1884	Jamie Washo	F	40	Allentown	PA	9:29	50
Male 40 - 49										
1	4	24:25	1852	Chan Liang Chen	M	41	Carlisle	PA	7:52	55.97
Female 50 & over										
1	3	29:15	1855	M. Dunham	F	54	Carlisle	PA	9:25	58.5
Male 50 & over										
1	5	24:50	1885	John Wenzel	M	52	Haymarket	VA	8:00	59.98