



PA National Guard & US Army War College

Run to Rise SAAPM 5k

April 06, 2025

Age Grade

 52

overcast clouds
light breeze

Adjusted Place	Name	Age Graded %	Over All	Time	Adjusted Time	Gender	Age	Race Number	City	State
1	Kelly Dworak	80.85	3	23:39	17:35	F	62	2864	Carlisle	PA
2	Maeve Thistel	72.53	1	19:36	19:36	F	24	2903	Baltimore	MD
3	Eugene Ingalls	61.67	2	22:10	20:47	M	41	2779	Mechanicsburg	PA
4	Erik Leeds	60.50	5	24:25	21:11	M	51	2880	Palmyra	PA
5	Michael Fenn	60.46	15	27:50	21:12	M	66	2865	Carlisle	PA
6	Kristin Milford	60.33	4	24:08	23:34	F	38	2886	Harrisburg	PA
7	Natasha Yearsley	58.83	6	25:03	24:10	F	40	2909	Carlisle	PA
8	John Wenzel	58.39	8	25:19	21:57	M	51	2906	Haymarket	VA
9	David Dworak	58.04	16	27:58	22:05	M	62	2863	Carlisle	PA
10	Neil Wolfe	54.31	9	26:09	23:36	M	46	2907	Lebanon	PA
11	Shawn Phillips	53.40	17	28:07	24:00	M	53	2890	Jonestown	PA
12	Neal Van Horn	53.29	32	35:59	24:03	M	76	2904	Portland	OR
13	John Cramer	53.07	7	25:11	24:09	M	38	2860	Dillsburg	PA
14	Jerry Guistwite	53.03	19	30:03	24:10	M	60	2869	Hanover	PA
15	David Melendez Piñero	51.99	10	26:29	24:39	M	42	2885	Dauphin	PA
16	Siera Beard	51.35	13	27:43	27:41	F	31	2166		
17	Katie Kohlenburg	51.26	14	27:49	27:44	F	32	2877	Harrisburg	PA
18	Carl Burrows	49.61	12	27:33	25:50	M	41	2858	North Bend	PA
19	Tonya Resto	48.72	34	36:04	29:11	F	56	2895	Camp Hill	PA
20	Andrea Stonebraker	48.36	25	32:25	29:24	F	47	2901	Harrisburg	PA
21	Bill Himchak	47.85	26	32:27	26:47	M	57	2873	Chambersburg	PA
22	Jade-Lynn Geedy	47.68	18	29:49	29:49	F	26	2866	Harrisburg	PA
23	Denise Keim	47.00	40	38:26	30:15	F	58	2876	Tower City	PA
24	Liam Bishop	46.69	11	27:27	27:27	M	26	2857	Mechanicsburg	PA
25	Gillian Barrie	46.64	20	30:29	30:29	F	25	2852	Lebanon	PA
26	Amber Quimby	45.40	27	32:27	31:19	F	40	2893	Julian	PA
27	Karin Bettilyon	45.18	31	35:33	31:28	F	49	2856	Ashburn	VA
28	Jasen Warren	44.66	24	32:03	28:42	M	47	2905	Lancaster	PA
29	Emily Guistwite	44.47	23	31:58	31:58	F	26	2868	Milroy	PA
30	Joshua Quimby	44.32	21	30:50	28:55	M	41	2894	Julian	PA
31	John Pippy	44.27	28	34:13	28:57	M	54	2891	Coraopolis	PA
32	Andrew Spurgeon	43.18	22	31:54	29:41	M	42	2900	Carlisle	PA
33	Shante Sherrill	42.54	29	34:13	33:25	F	38	2897	Philadelphia	PA
34	Tiffany Heath	41.65	30	35:22	34:08	F	40	2872	Chambersburg	PA
35	Amy Snyder	41.45	33	36:03	34:18	F	42	2899	Harrisburg	PA
36	Nancy Strueber	40.35	39	38:26	35:14	F	46	2902	Chambersburg	PA
37	Erin Rosenberry	38.76	38	38:01	36:41	F	40	2896	Shippensburg	PA
38	Angela Lee	38.01	37	37:48	37:24	F	35	2879	Lebanon	PA



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39	Gabrielle Lee	38.00	35	37:25	37:25	F	26	2031	Chambersburg	PA
40	Sylvia Beiler	37.63	36	37:48	37:47	F	30	2853	Lebanon	PA
41	Lou Hoffman	36.10	41	40:20	39:23	F	38	2874	Fayetteville	PA
42	Sunshine Zentichko	35.89	42	41:03	39:37	F	40	2910	Marysville	PA
43	Macie Watkins	33.97	43	48:15	41:51	F	10	2871	Pine Grove	PA
44	Hollis Woodard	32.96	47	55:33	43:08	F	59	2908	Dover	PA
45	Isabelle Latsch	28.28	44	50:16	50:16	F	24	2878	Carlisle	PA
46	Keith O'Connor	27.29	45	51:38	46:58	M	45	2888	Fayetteville	PA
47	David Johnson	27.04	46	55:32	47:24	M	53	2875	Dover	PA