

# Quiet Valley Living Historical Farm

## Quiet Valley Rooster Run 5k



scattered clouds  
calm

July 15, 2017

Overall Finish

### 5K Race Total: 99

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
1	16	M	1	17:49	Seth Slavin	17		13 - 19			5:44	76.47
2	19	M	2	19:22	Luke Valdevit	17		13 - 19	1	Effort	PA 6:14	70.33
3	3	M	3	20:14	John Montgomery	51	1	50 - 59		Hackettstown	NJ 6:31	74.07
<b>4</b>	<b>26</b>	<b>F</b>	<b>1</b>	<b>21:15</b>	<b>Amy Conboy</b>	<b>15</b>		<b>13 - 19</b>		Stroudsburg	PA 6:50	72.88
5	459	M	4	22:37	Owen Hibell	12		12 & under	1	Palmerton	PA 7:17	66.27
6	21	M	5	22:42	Nathan Reish	13		13 - 19	2		7:18	64.41
7	2	M	6	23:00	Daniel Fox	15		13 - 19	3	Bath	PA 7:24	61.03
<b>8</b>	<b>27</b>	<b>F</b>	<b>2</b>	<b>23:16</b>	<b>Ciara Conboy</b>	<b>14</b>		<b>13 - 19</b>	<b>1</b>	Stroudsburg	PA 7:29	67.50
<b>9</b>	<b>447</b>	<b>F</b>	<b>3</b>	<b>23:52</b>	<b>Taylor Garrett</b>	<b>16</b>		<b>13 - 19</b>	<b>2</b>	Stroudsburg	PA 7:41	64.09
10	468	M	7	24:14	Lee Miller	57	2	50 - 59	1	Bangor	PA 7:48	65.00
11	234	M	8	24:16	Dakota Carfello	19		13 - 19	4	Pequannock	NJ 7:49	54.74
<b>12</b>	<b>181</b>	<b>F</b>	<b>4</b>	<b>24:48</b>	<b>Gabrielle Abbriano</b>	<b>15</b>		<b>13 - 19</b>	<b>3</b>	Stroudsburg	PA 7:59	62.42
13	452	M	9	24:58	Joseph Goodyear	17		13 - 19	5	Easton	PA 8:02	54.55
14	457	M	10	25:39	Matthew Henzler	28		20 - 29	1	Macungie	PA 8:15	50.72
15	470	M	11	25:59	Jose Monge	56	3	50 - 59	2	Flushing	NY 8:22	60.14
<b>16</b>	<b>28</b>	<b>F</b>	<b>5</b>	<b>26:47</b>	<b>Clodagh Conboy</b>	<b>10</b>		<b>12 &amp; under</b>	<b>1</b>	Stroudsburg	PA 8:37	63.63
17	336	M	12	27:08	Charles Coman, Jr	36		30 - 39	1	Kunkletown	PA 8:44	49.27
18	15	M	13	27:39	Rich Alborn	33		30 - 39	2	Saylorsburg	PA 8:54	47.59
19	7	M	14	27:47	Jonathan Rosenblatt	15		13 - 19	6	Stroudsburg	PA 8:57	50.52
<b>20</b>	<b>6</b>	<b>F</b>	<b>6</b>	<b>27:48</b>	<b>Jayden Paradis</b>	<b>15</b>		<b>13 - 19</b>	<b>4</b>	Stroudsburg	PA 8:57	55.72
<b>21</b>	<b>25</b>	<b>F</b>	<b>7</b>	<b>28:27</b>	<b>Tara Coyne</b>	<b>38</b>		<b>30 - 39</b>	<b>1</b>		9:09	53.21
22	30	M	15	28:38	Noah Morell	12		12 & under	2		9:13	52.35
23	20	M	16	29:13	Charles Bonisese	62	4	60 - 69	1	Nazareth	PA 9:24	56.32
24	462	M	17	29:39	Christopher Jaworski	59	5	50 - 59	3	Bloomfield	NJ 9:33	54.05
25	18	M	18	30:07	Dalton Wilson	13		13 - 19	7	Brodheads ville	PA 9:42	48.54
26	283	M	19	30:39	Cody Coman	14		13 - 19	8	Kunkletown	PA 9:52	46.68
<b>27</b>	<b>14</b>	<b>F</b>	<b>8</b>	<b>30:57</b>	<b>Amy Stahlman</b>	<b>49</b>	<b>1</b>	<b>40 - 49</b>		Shippensburg	PA 9:58	53.95
28	454	M	20	31:06	Dennis Greenland	56	6	50 - 59	4	Dingmans Ferry	PA 10:01	50.23
29	445	M	21	32:26	Joey Ewing	12		12 & under	3	Tobyhanna	PA 10:26	46.21
<b>30</b>	<b>184</b>	<b>F</b>	<b>9</b>	<b>32:29</b>	<b>Emma Barrett</b>	<b>14</b>		<b>13 - 19</b>	<b>5</b>	Saylorsburg	PA 10:27	48.34
31	29	M	22	33:18	John Casey	10		12 & under	4		10:43	47.79
32	473	M	23	33:31	Kevin Neiley	50	7	50 - 59	5	Macungie	PA 10:47	44.34
33	24	M	24	33:43	Aidan Coyne	10		12 & under	5		10:51	47.22

# Quiet Valley Living Historical Farm

## Quiet Valley Rooster Run 5k

July 15, 2017

Overall Finish

 **77**

scattered clouds  
calm

### 5K Race Total: 99

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
34	9	F	10	33:45	Amy Selena	38		30 - 39 2	Stroudsburg	PA	10:52	44.84
35	10	M	25	33:46	Gabriel Selena	7		12 & under 6	Stroudsburg	PA	10:52	53.13
36	479	F	11	34:12	Bonnie Scott	62	2	60 - 69 1	Allentown	PA	11:00	58.13
37	475	F	12	34:56	Lori Parr	47	3	40 - 49 1	Nazareth	PA	11:15	46.66
38	22	M	26	35:01	Gary Olson	62	8	60 - 69 2	Stroudsburg	PA	11:16	46.99
39	466	M	27	35:32	Thomas Love	62	9	60 - 69 3	Brick	NJ	11:26	46.32
40	477	F	13	35:33	Ruth Rivera	57	4	50 - 59 1	East Stroudsburg	PA	11:27	52.12
41	482	M	28	36:18	Johnanthan Townsend	57	10	50 - 59 6	East Stroudsburg	PA	11:41	43.41
42	207	F	14	36:25	Kristina Brubaker	37		30 - 39 3	Manheim	PA	11:43	41.37
43	478	F	15	36:44	Christine Schwab	57	5	50 - 59 2	Wind Gap	PA	11:49	50.43
44	361	F	16	36:46	Anna Comly	14		13 - 19 6	Springville	PA	11:50	42.71
45	351	F	17	37:34	Amelia Comly	15		13 - 19 7	Springville	PA	12:05	41.22
46	12	F	18	37:35	Calysa Yankow	12		12 & under 2	Clarks Summit	PA	12:06	43.27
47	13	M	29	37:41	Gregory Yankow	45	11	40 - 49 1	Clarks Summit	PA	12:08	37.92
48	486	F	19	37:44	Lynn Vander Schans	35		30 - 39 4	Kunkletown	PA	12:09	39.60
49	436	M	30	37:59	Peter Comly	50	12	50 - 59 7	Springville	PA	12:14	39.14
50	388	F	20	38:07	Eliza Comly	48	6	40 - 49 2	Springville	PA	12:16	43.27
51	183	F	21	38:19	Karin Anderson	28		20 - 29 1	Woodstock	CT	12:20	38.58
52	481	F	22	38:58	Helene Swank	50	7	50 - 59 3	Little Falls	NJ	12:33	43.37
53	17	F	23	39:17	Jacqueline Leclair	54	8	50 - 59 4	Saylorsburg	PA	12:39	45.30
54	185	F	24	39:27	Joanne Beck	57	9	50 - 59 5	Stroudsburg	PA	12:42	46.96
55	450	F	25	40:34	Emily Goodyear	18		13 - 19 8	Easton	PA	13:03	36.85
56	191	F	26	40:42	Sarah Bennett	11		12 & under 3	Bath	PA	13:06	40.86
57	453	F	27	40:42	Sarah Goodyear	11		12 & under 4	Easton	PA	13:06	40.86
58	476	M	31	40:54	William Parr	55	13	50 - 59 8	Nazareth	PA	13:10	37.86
59	465	F	28	41:31	Pamela Little	58	10	50 - 59 6	Stroudsburg	PA	13:22	45.23
60	444	F	29	41:47	Rebecca Costanzo				Stroudsburg	PA	13:27	
61	193	F	30	42:36	Dede Brown	61	11	60 - 69 2	Nazareth	PA	13:43	45.98
62	448	F	31	42:54	Kerri Gerencher	52	12	50 - 59 7	Nazareth	PA	13:48	40.41
63	238	F	32	43:22	Marilynn Cole	48	13	40 - 49 3	East Stroudsburg	PA	13:58	38.04
64	302	F	33	43:24	Trinity Coman	9		12 & under 5	Kunkletown	PA	13:58	40.39
65	485	M	32	43:30	Brandon Vander Schans	9		12 & under 7	Kunkletown	PA	14:00	37.90
66	182	F	34	43:45	Ingrid Anderson	63	14	60 - 69 3	Woodstock	CT	14:05	46.10

# Quiet Valley Living Historical Farm

## Quiet Valley Rooster Run 5k

July 15, 2017

Overall Finish



scattered clouds  
calm

### 5K Race Total: 99


Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
67	23	F	35	43:58	Dawn Blaum	48	15	40 - 49 4	Stroudsburg	PA	14:09	37.52
68	1	F	36	44:10	Tara Coman	35		30 - 39 5	Kunkletown	PA	14:13	33.83
69	11	M	33	44:10	Tim Shaw	30		30 - 39 3	Kunkletown	PA	14:13	29.51
70	488	F	37	45:52	Judi Warner	55	16	50 - 59 8	Stroudsburg	PA	14:46	39.30
71	487	F	38	45:58	Tori Vander Schans	13		13 - 19 9	Kunkletown	PA	14:48	34.72
72	451	F	39	46:04	Hannah Goodyear	5		12 & under 6	Easton	PA	14:50	44.28
73	449	M	34	46:05	Chris Goodyear	44	14	40 - 49 2	Easton	PA	14:50	30.77
74	4	F	40	46:12	Brooke Oiler	8		12 & under 7	East Stroudsburg	PA	14:52	39.16
75	31	M	35	46:13	Nate Oiler	51	15	50 - 59 9			14:53	32.43
76	236	F	41	46:19	Diana Ceaser	44	17	40 - 49 5	Saylorsburg	PA	14:54	34.13
77	192	F	42	46:57	Sheri Bone	62	18	60 - 69 4	Dingmans Ferry	PA	15:07	42.34
78	211	M	36	47:03	Dennis Cabral	55	16	50 - 59 10	East Stroudsburg	PA	15:09	32.93
79	208	F	43	47:27	Carrie Cabral	24		20 - 29 2	East Stroudsburg	PA	15:16	31.16
80	467	F	44	48:03	Christina Matauic	31		30 - 39 6	Saylorsburg	PA	15:28	30.81
81	443	F	45	48:03	Jacqueline Cooper	50	19	50 - 59 9	Easton	PA	15:28	35.18
82	480	M	37	48:03	Kaiden Seigfreid	9		12 & under 8	Nazareth	PA	15:28	34.32
83	484	M	38	48:38	Brady Vander Schans	7		12 & under 9	Kunkletown	PA	15:39	36.88
84	471	M	39	51:41	Ken Mross	62	17	60 - 69 4	Bartonsville	PA	16:38	31.84
85	483	F	46	51:50	Michelle Townsend	46	20	40 - 49 6	East Stroudsburg	PA	16:41	31.10
86	493	M	40	52:27	Andrew Wright	29		20 - 29 2	Red Lion	PA	16:53	24.81
87	494	F	47	52:27	Rebecca Wright	27		20 - 29 3	Red Lion	PA	16:53	28.19
88	490	F	48	52:47	Florence Wells	72	21	70 & over 1	Stroudsburg	PA	16:59	44.13
89	464	F	49	52:49	Shelby Lawson	30		30 - 39 7	Stroudsburg	PA	17:00	28.00
90	463	M	41	52:49	Donald Lawson	69	18	60 - 69 5	Palmerton	PA	17:00	33.26
91	458	M	42	56:09	Robert Herbster	35		30 - 39 4	Kunkletown	PA	18:04	23.66
92	225	F	50	56:29	Janice Cabral	54	22	50 - 59 10	East Stroudsburg	PA	18:11	31.50
93	226	F	51	58:45	Dawn Cangialosi	31		30 - 39 8	Rockaway	NJ	18:55	25.19
94	230	F	52	58:46	Heather Cangialosi	34		30 - 39 9	Rockaway	NJ	18:55	25.34
95	446	F	53	1:00:48	Sydney Faught	27		20 - 29 4	Clifton Park	NY	19:34	24.31
96	460	M	43	1:00:48	Alex Hunt	29		20 - 29 3	Clifton Park	NY	19:34	21.41
97	491	F	54	1:04:32	Kerry Westerlund	37		30 - 39 10	Mount Bethel	PA	20:46	23.34
98	489	F	55	1:06:52	Katherine Washington	29		20 - 29 5	Scotrun	PA	21:31	22.11

# Quiet Valley Living Historical Farm

## Quiet Valley Rooster Run 5k

July 15, 2017

Overall Finish

 **77**  
scattered clouds  
calm

### 5K Race Total: 99

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
99	461	F	56	1:07:16	Deanna Hunt	55	23	50 - 59 11	Pocono Summit	PA	21:39	26.80