



Quiet Valley Living Historical Farm

Quiet Valley Rooster Run 5k

July 13, 2024

Masters Finish

79

scattered clouds
light breeze

5K Race Total: 43

Place	Race Number	Over All	Time	Name	Age On Race Day	Age Group	City	State	Pace / Mile
Female				Total: 19					
1	4625	19	28:28	Debbie Lennox	48	40 - 49	Bangor	PA	9:10
2	4630	22	29:00	Iwona Mazerant	43	40 - 49	Saylorsburg	PA	9:20
3	4618	37	33:17	Ruth Kochera	44	40 - 49	Cresco	PA	10:43
4	4616	43	35:04	Laura James	46	40 - 49	Nazareth	PA	11:17
5	4629	45	35:33	Evelyn Marshall	63	60 - 69	Blairstown	NJ	11:27
6	4643	47	36:00	Rachel Quillen	40	40 - 49	King Of Prussia	PA	11:35
7	4672	48	36:01	Michelle St Andre	71	70 & over	Columbia	NJ	11:36
8	4646	55	37:36	Leah Wicks	47	40 - 49	Huntingdon Valley	PA	12:06
9	4660	58	38:48	Bonnie Scott	69	60 - 69	Allentown	PA	12:29
10	4589	62	39:26	Jahzeel Delos Santos	42	40 - 49	East Stroudsburg	PA	12:42
11	4606	72	42:14	Hilary Hakim	41	40 - 49	Stroudsburg	PA	13:36
12	4633	79	45:36	Shane Mazzetti	51	50 - 59	Stroudsburg	PA	14:41
13	4599	82	46:53	Kerri Gerencher	59	50 - 59	Nazareth	PA	15:05
14	4612	83	47:26	Amanda Ishaya	44	40 - 49	Bethlehem	PA	15:16
15	4571	88	49:45	Steffanie Bush	40	40 - 49	East Stroudsburg	PA	16:01
16	4569	93	53:23	DeDe Brown	68	60 - 69	Nazareth	PA	17:11
17	4678	100	1:01:26	Cate McKissick	57	50 - 59			19:46
18	4577	101	1:05:42	Nina Cavalier	57	50 - 59	Saylorsburg	PA	21:09
19	4580	102	1:06:53	Marilynn Cole	55	50 - 59	East Stroudsburg	PA	21:32
Male				Total: 24					
1	4573	4	23:43	Richard Caras	47	40 - 49	Easton	PA	7:38
2	4579	6	24:50	Neil Clements	50	50 - 59	Saylorsburg	PA	7:60
3	4677	8	25:51	Dan Butz	50	50 - 59	Stroudsburg	PA	8:19
4	4682	11	26:50	Joseph McHale	44	40 - 49			8:38
5	4635	12	27:34	Julian Natisin	57	50 - 59	Easton	PA	8:52
6	4662	20	28:48	Sherwood Altemose	68	60 - 69	Roseto	PA	9:16
7	4568	24	29:46	Michal Borawski	41	40 - 49	Stroudsburg	PA	9:35
8	4663	26	30:26	Russell Best	47	40 - 49	Pennsburg	PA	9:48
9	4584	28	30:33	Jason Crider	46	40 - 49	Naperville	IL	9:50
10	4666	30	30:54	Eric Frable	48	40 - 49	Kunkletown	PA	9:57
11	4638	35	32:47	Carey Poehlmann	49	40 - 49	Feasterville	PA	10:33
12	4565	36	33:03	Charles Bonisese	69	60 - 69	Nazareth	PA	10:38
13	4670	40	34:12	Herbert Nicolo	66	60 - 69	Telford	PA	11:00
14	4648	42	34:18	Wesley Ripley	40	40 - 49	East Stroudsburg	PA	11:02



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		Male	Total:	24					
15	4615	44	35:05	Chris James	50	50 - 59	Nazareth	PA	11:18
16	4604	50	36:28	David Hakim	44	40 - 49	Stroudsburg	PA	11:44
17	4575	51	36:38	Forrest Cavalier	56	50 - 59	Saylorsburg	PA	11:47
18	4676	52	37:20	Jeffrey Fors	43	40 - 49	Kunkletown	PA	12:01
19	4600	59	38:51	Lawrence J Giles Jr	61	60 - 69	Tobyhanna	PA	12:30
20	4563	68	40:51	Dan Anderson	67	60 - 69	Succasunna	NJ	13:09
21	4636	85	48:41	Edward O'Connor	74	70 & over	East Stroudsburg	PA	15:40
22	4590	87	49:38	Danny Demaio	48	40 - 49	Kunkletown	PA	15:59
23	4675	92	52:53	Sean Weber	42	40 - 49			17:01
24	4601	104	1:21:37	Allen Haddad	67	60 - 69	Bangor	PA	26:16