



# Quiet Valley Living Historical Farm

## Quiet Valley Rooster Run 5k

### July 13, 2024

## Awards

79

 scattered clouds  
light breeze

### Overall Gender

Place	Over All	Time	Race Number	Name	Gender	Age	City	State	Pace / Mile	Age Grade
<b>Female</b>										
<b>1</b>	5	23:48	4661	Elizabeth McClarin	F	14	Bethlehem	PA	7:40	63.87
<b>Male</b>										
<b>1</b>	1	22:33	4586	Francis Daley	M	35	Jim Thorpe	PA	7:15	58.08

### Masters

Place	Over All	Time	Race Number	Name	Gender	Age	City	State	Pace / Mile	Age Grade
<b>Female</b>										
<b>1</b>	19	28:28	4625	Debbie Lennox	F	48	Bangor	PA	9:10	56.11
<b>Male</b>										
<b>1</b>	4	23:43	4573	Richard Caras	M	47	Easton	PA	7:38	60.36

### Age Graded Percent

Place	Over All	Age Grade	Race Number	Name	Gender	Age	City	State	Time	Adjusted Time	Adjusted Place
<b>1</b>	<b>5</b>	<b>63.87</b>	<b>4661</b>	<b>Elizabeth McClarin</b>	<b>F</b>	<b>14</b>	Bethlehem	PA	<b>23:48</b>	<b>22:25</b>	
<b>2</b>	<b>48</b>	<b>61.58</b>	<b>4672</b>	<b>Michelle St Andre</b>	<b>F</b>	<b>71</b>	Columbia	NJ	<b>36:01</b>	<b>23:15</b>	
3	4	60.36	4573	Richard Caras	M	47	Easton	PA	23:43	21:14	
4	10	59.61	4567	Frederick Borawski	M	10	Stroudsburg	PA	26:19	21:30	
5	20	59.52	4662	Sherwood Altemose	M	68	Roseto	PA	28:48	21:32	
6	6	59.02	4579	Neil Clements	M	50	Saylorsburg	PA	24:50	21:43	
<b>7</b>	<b>7</b>	<b>58.36</b>	<b>4621</b>	<b>Katharine Kurnas</b>	<b>F</b>	<b>38</b>	Stroudsburg	PA	<b>25:07</b>	<b>24:32</b>	
8	1	58.08	4586	Francis Daley	M	35	Jim Thorpe	PA	22:33	22:04	
9	2	57.73	4611	Tom Huber	M	38	Stroudsburg	PA	23:09	22:12	
10	3	56.79	4655	David Sydlik	M	36	Philadelphia	PA	23:12	22:34	



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### Age Groups

Place	Over All	Time	Race Number	Name	Gender	Age	City	State	Pace / Mile	Age Grade
<b>Female 12 &amp; under</b>										
1	10	30:54	4667	Kensington Frable	F	9	Kunkletown	PA	9:57	54.96
2	15	33:51	4566	Eleanor Borawski	F	8	Stroudsburg	PA	10:54	51.78
<b>Male 12 &amp; under</b>										
1	8	26:19	4567	Frederick Borawski	M	10	Stroudsburg	PA	8:28	59.61
2	15	28:50	4619	Dominik Kulig	M	12	Stroudsburg	PA	9:17	51.27
<b>Female 13 - 19</b>										
1	11	32:35	4564	Magdalena Bittermann	F	13	Barto	PA	10:29	47.43
2	12	32:42	4626	Madelyn Mackey	F	13	Saylorsburg	PA	10:32	47.28
<b>Male 13 - 19</b>										
1	11	27:41	4668	Landon Hujsa	M	14	Bethlehem	PA	8:55	50.93
2	13	28:21	4671	Joseph Sokolowski	M	15	Bushkill	PA	9:07	48.79
<b>Female 20 - 29</b>										
1	3	27:45	4613	Olivia Izzo	F	26	Mahopac	NY	8:56	51.59
2	9	30:26	4592	Josefina Edwards	F	28	Stroudsburg	PA	9:48	47.04
<b>Male 20 - 29</b>										
1	7	25:56	4588	Matthew Delillo	M	27	Bethlehem	PA	8:21	49.42
2	16	29:34	4634	Sebastian Middleton	M	20	West Hazleton	PA	9:31	43.82
<b>Female 30 - 39</b>										
1	2	25:07	4621	Katharine Kurnas	F	38	Stroudsburg	PA	8:05	58.36
2	4	28:13	4681	Michelle McHale	F	39			9:05	52.25
<b>Male 30 - 39</b>										
1	2	23:09	4611	Tom Huber	M	38	Stroudsburg	PA	7:27	57.73
2	3	23:12	4655	David Sydlik	M	36	Philadelphia	PA	7:28	56.79
<b>Female 40 - 49</b>										
1	7	29:00	4630	Iwona Mazerant	F	43	Saylorsburg	PA	9:20	52.31
2	13	33:17	4618	Ruth Kochera	F	44	Cresco	PA	10:43	45.99
<b>Male 40 - 49</b>										
1	9	26:50	4682	Joseph McHale	M	44			8:38	52.1



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<b>Male 40 - 49</b>										
<b>2</b>	17	29:46	4568	Michal Borawski	M	41	Stroudsburg	PA	9:35	45.91
<b>Female 50 - 59</b>										
<b>1</b>	37	45:36	4633	Shane Mazzetti	F	51	Stroudsburg	PA	14:41	36.35
<b>2</b>	39	46:53	4599	Kerri Gerencher	F	59	Nazareth	PA	15:05	39.33
<b>Male 50 - 59</b>										
<b>1</b>	5	24:50	4579	Neil Clements	M	50	Saylorsburg	PA	8:00	59.02
<b>2</b>	6	25:51	4677	Dan Butz	M	50	Stroudsburg	PA	8:19	56.71
<b>Female 60 - 69</b>										
<b>1</b>	18	35:33	4629	Evelyn Marshall	F	63	Blairstown	NJ	11:27	54.96
<b>2</b>	25	38:48	4660	Bonnie Scott	F	69	Allentown	PA	12:29	55.28
<b>Male 60 - 69</b>										
<b>1</b>	14	28:48	4662	Sherwood Altemose	M	68	Roseto	PA	9:16	59.52
<b>2</b>	24	33:03	4565	Charles Bonisese	M	69	Nazareth	PA	10:38	52.42
<b>Female 70 &amp; over</b>										
<b>1</b>	21	36:01	4672	Michelle St Andre	F	71	Columbia	NJ	11:36	61.58
<b>Male 70 &amp; over</b>										
<b>1</b>	44	48:41	4636	Edward O'Connor	M	74	East Stroudsburg	PA	15:40	38.03