


# Quiet Valley Living Historical Farm

## Quiet Valley Rooster Run 5k

### July 15, 2017

### Awards

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## Overall

Place	Over All	Time	Name	Race Number	Age On Race Day	Masters	Age Group / Place	City	State	Pace / Mile
<b>Female</b>			<b>Total: 1</b>							
<b>1</b>	4	21:15	Amy Conboy	26	15		13 - 19	Stroudsburg	PA	6:50
<b>Male</b>			<b>Total: 1</b>							
<b>1</b>	1	17:49	Seth Slavin	16	17		13 - 19			5:44

## Masters

Place	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female			Total: 1						
1	27	30:57	Amy Stahlman	14	49	40 - 49	Shippensburg	PA	9:58
Male			Total: 1						
1	3	20:14	John Montgomery	3	51	50 - 59	Hackettstown	NJ	6:31

## Age Graded Percent

Age Grade	Name	Age Graded %	Over All	Time	Adjusted Time	Place	Age	Race Number	City	State
1	Seth Slavin	76.47	1	17:49	17:00		M 17	16		
2	John Montgomery	74.07	3	20:14	17:33		M 51	3	Hackettstown	NJ
<b>3</b>	<b>Amy Conboy</b>	<b>72.88</b>	<b>4</b>	<b>21:15</b>	<b>20:17</b>		<b>F 15</b>	<b>26</b>	Stroudsburg	PA
4	Luke Valdevit	70.33	2	19:22	18:29		M 17	19	Effort	PA
<b>5</b>	<b>Ciara Conboy</b>	<b>67.50</b>	<b>8</b>	<b>23:16</b>	<b>21:54</b>		<b>F 14</b>	<b>27</b>	Stroudsburg	PA
6	Owen Hibell	66.27	5	22:37	19:37		M 12	459	Palmerton	PA
7	Lee Miller	65.00	10	24:14	20:00		M 57	468	Bangor	PA
8	Nathan Reish	64.41	6	22:42	20:11		M 13	21		
<b>9</b>	<b>Taylor Garrett</b>	<b>64.09</b>	<b>9</b>	<b>23:52</b>	<b>23:04</b>		<b>F 16</b>	<b>447</b>	Stroudsburg	PA
<b>10</b>	<b>Clodagh Conboy</b>	<b>63.63</b>	<b>16</b>	<b>26:47</b>	<b>23:14</b>		<b>F 10</b>	<b>28</b>	Stroudsburg	PA




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## Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female 12 &amp; under</b>									
<b>1</b>	5	26:47	Clodagh Conboy	28	10	12 & under	Stroudsburg	PA	8:37
<b>2</b>	18	37:35	Calyssa Yankow	12	12	12 & under	Clarks Summit	PA	12:06
<b>Male 12 &amp; under</b>									
<b>1</b>	4	22:37	Owen Hibell	459	12	12 & under	Palmerton	PA	7:17
<b>2</b>	15	28:38	Noah Morell	30	12	12 & under			9:13
<b>Female 13 - 19</b>									
<b>1</b>	2	23:16	Ciara Conboy	27	14	13 - 19	Stroudsburg	PA	7:29
<b>2</b>	3	23:52	Taylor Garrett	447	16	13 - 19	Stroudsburg	PA	7:41
<b>Male 13 - 19</b>									
<b>1</b>	2	19:22	Luke Valdevit	19	17	13 - 19	Effort	PA	6:14
<b>2</b>	5	22:42	Nathan Reish	21	13	13 - 19			7:18
<b>Female 20 - 29</b>									
<b>1</b>	21	38:19	Karin Anderson	183	28	20 - 29	Woodstock	CT	12:20
<b>2</b>	43	47:27	Carrie Cabral	208	24	20 - 29	East Stroudsburg	PA	15:16
<b>Male 20 - 29</b>									
<b>1</b>	10	25:39	Matthew Henzler	457	28	20 - 29	Macungie	PA	8:15
<b>2</b>	40	52:27	Andrew Wright	493	29	20 - 29	Red Lion	PA	16:53
<b>Female 30 - 39</b>									
<b>1</b>	7	28:27	Tara Coyne	25	38	30 - 39			9:09
<b>2</b>	10	33:45	Amy Selena	9	38	30 - 39	Stroudsburg	PA	10:52
<b>Male 30 - 39</b>									
<b>1</b>	12	27:08	Charles Coman, Jr	336	36	30 - 39	Kunkletown	PA	8:44
<b>2</b>	13	27:39	Rich Alborn	15	33	30 - 39	Saylorsburg	PA	8:54
<b>Female 40 - 49</b>									
<b>1</b>	12	34:56	Lori Parr	475	47	40 - 49	Nazareth	PA	11:15
<b>2</b>	20	38:07	Eliza Comly	388	48	40 - 49	Springville	PA	12:16
<b>Male 40 - 49</b>									
<b>1</b>	29	37:41	Gregory Yankow	13	45	40 - 49	Clarks Summit	PA	12:08
<b>2</b>	34	46:05	Chris Goodyear	449	44	40 - 49	Easton	PA	14:50
<b>Female 50 - 59</b>									
<b>1</b>	13	35:33	Ruth Rivera	477	57	50 - 59	East Stroudsburg	PA	11:27




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Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female 50 - 59</b>									
<b>2</b>	15	36:44	Christine Schwab	478	57	50 - 59	Wind Gap	PA	11:49
<b>Male 50 - 59</b>									
<b>1</b>	7	24:14	Lee Miller	468	57	50 - 59	Bangor	PA	7:48
<b>2</b>	11	25:59	Jose Monge	470	56	50 - 59	Flushing	NY	8:22
<b>Female 60 - 69</b>									
<b>1</b>	11	34:12	Bonnie Scott	479	62	60 - 69	Allentown	PA	11:00
<b>2</b>	30	42:36	Dede Brown	193	61	60 - 69	Nazareth	PA	13:43
<b>Male 60 - 69</b>									
<b>1</b>	16	29:13	Charles Bonisese	20	62	60 - 69	Nazareth	PA	9:24
<b>2</b>	26	35:01	Gary Olson	22	62	60 - 69	Stroudsburg	PA	11:16
<b>Female 70 &amp; over</b>									
<b>1</b>	48	52:47	Florence Wells	490	72	70 & over	Stroudsburg	PA	16:59