



# Shippensburg University French Club

## Lavi a Bon 5k Run

April 06, 2024

### Age Group Finish



broken clouds  
gentle breeze

| Age Group                   | Over All | Mas ter | Time            | Name               | Race Number | Age On Race Day | Age Group | City         | State | Pace / Mile |
|-----------------------------|----------|---------|-----------------|--------------------|-------------|-----------------|-----------|--------------|-------|-------------|
| <b>Female 13 - 19</b>       |          |         | <b>Total: 1</b> |                    |             |                 |           |              |       |             |
| <b>1</b>                    | 8        |         | 1:02:21         | Gabrielle De Bruin | 3383        | 18              | 13 - 19   | Shippensburg | PA    | 20:04       |
| <b>Female 20 - 29</b>       |          |         | <b>Total: 3</b> |                    |             |                 |           |              |       |             |
| <b>1</b>                    | 2        |         | 29:09           | Sarah Orndorf      | 3347        | 29              | 20 - 29   | Shippensburg | PA    | 9:23        |
| <b>2</b>                    | 3        |         | 34:25           | Ashley Martin      | 3639        | 27              | 20 - 29   | Akron        | PA    | 11:05       |
| <b>3</b>                    | 4        |         | 36:13           | Maddy Snyder       | 3242        | 25              | 20 - 29   | Camp Hill    | PA    | 11:39       |
| <b>Female 50 - 59</b>       |          |         | <b>Total: 2</b> |                    |             |                 |           |              |       |             |
| <b>1</b>                    | 6        |         | 48:14           | Sheila Martin      | 3662        | 54              | 50 - 59   | Chambersburg | PA    | 15:31       |
| <b>2</b>                    | 7        |         | 51:55           | Marsha Ocker       | 3670        | 55              | 50 - 59   | Mercersburg  | PA    | 16:43       |
| <b>Female 60 &amp; over</b> |          |         | <b>Total: 1</b> |                    |             |                 |           |              |       |             |
| <b>1</b>                    | 5        |         | 45:16           | Kathi Bietsch      | 3272        | 70              | 60 & over |              |       | 14:34       |

| Age Group           | Over All | Mas ter | Time            | Name           | Race Number | Age On Race Day | Age Group | City          | State | Pace / Mile |
|---------------------|----------|---------|-----------------|----------------|-------------|-----------------|-----------|---------------|-------|-------------|
| <b>Male 20 - 29</b> |          |         | <b>Total: 2</b> |                |             |                 |           |               |       |             |
| <b>1</b>            | 4        |         | 27:56           | Ethan Zuwiala  | 3388        | 22              | 20 - 29   |               |       | 8:59        |
| <b>2</b>            | 7        |         | 31:57           | Quentin Helsel | 3304        | 29              | 20 - 29   | Chambersburg  | PA    | 10:17       |
| <b>Male 40 - 49</b> |          |         | <b>Total: 3</b> |                |             |                 |           |               |       |             |
| <b>1</b>            | 2        |         | 21:22           | Eldon Martin   | 3270        | 47              | 40 - 49   | Mconnellsburg | PA    | 6:53        |
| <b>2</b>            | 8        |         | 32:38           | Rob Lesman     | 3632        | 47              | 40 - 49   | Carlisle      | PA    | 10:30       |
| <b>3</b>            | 12       |         | 46:22           | James Butts    | 3296        | 41              | 40 - 49   |               |       | 14:55       |
| <b>Male 50 - 59</b> |          |         | <b>Total: 5</b> |                |             |                 |           |               |       |             |
| <b>1</b>            | 3        |         | 26:27           | Cliff Ocker    | 3667        | 53              | 50 - 59   | Chambersburg  | PA    | 8:31        |
| <b>2</b>            | 6        |         | 31:21           | Daren Helsel   | 3317        | 57              | 50 - 59   |               |       | 10:05       |
| <b>3</b>            | 10       |         | 35:51           | Delray Martin  | 3661        | 54              | 50 - 59   | Chambersburg  | PA    | 11:32       |
|                     | 4        |         | 43:39           | Mark Sachleben | 3219        | 59              | 50 - 59   | Shippensburg  | PA    | 14:03       |
|                     | 5        |         | 1:02:21         | David De Bruin | 3387        | 55              | 50 - 59   | Shippensburg  | PA    | 20:04       |



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|-------------|----------|----------------------|-------|-----------------|-------------|-----------------|-----------|--------------|-------|-------------|
| <b>Male</b> |          | <b>60 &amp; over</b> |       | <b>Total: 2</b> |             |                 |           |              |       |             |
| <b>1</b>    | 5        |                      | 29:59 | John Wilbur Jr  | 3249        | 64              | 60 & over | Shippensburg | PA    | 9:39        |
| <b>2</b>    | 9        |                      | 32:39 | Aj Reath        | 3067        | 71              | 60 & over | Shippensburg | PA    | 10:31       |