

Healthy Communities Partnership

Go Girls Go Spring 5k

May 10, 2025

Masters Finish



5k Race Total: 70

Place	Race Number	Over All	Time	Name	Age On Race Day	Age Group	City	State	Pace / Mile
		Female	Total: 54						
1	3281	22	27:52	Laurie Vogel	41		Greencastle	PA	8:58
2	3178	24	27:57	Jill Hazelton	50		Chambersburg	PA	8:60
3	3199	52	31:39	Amanda Kemp	40		Chambersburg	PA	10:11
4	3119	58	32:11	Betsy Bender	40				10:22
5	3234	83	33:17	Tia Mulewich	45		Chambersburg	PA	10:43
6	3260	103	33:58	Kristen Showalter	40		Chambersburg	PA	10:56
7	3140	115	34:21	Kira Coy	43		Chambersburg	PA	11:03
8	3271	123	34:41	Erin Tanner	41		Chambersburg	PA	11:10
9	3204	141	35:05	Kristen Kopko	46		Mercersburg	PA	11:18
10	3290	144	35:17	Amanda Zaleski	40		Chambersburg	PA	11:21
11	3221	149	35:42	Alyse McDowell	44		Mercersburg	PA	11:29
12	3170	152	35:48	Ramona Griffin-Allen	50				11:31
13	3169	154	35:49	Misty Gordon	44				11:32
14	3247	157	35:54	Emily Poffenberger	40		Mercersburg	PA	11:33
15	3236	158	35:54	Catherine Myers	46		Waynesboro	PA	11:33
16	3198	159	35:55	Sherry Kelley	57		Fairfield	PA	11:34
17	3213	172	36:39	Megan Martin	44		Waynesboro	PA	11:48
18	3149	173	36:42	Erin Diehl	43		Saint Thomas	PA	11:49
19	3193	176	37:12	Debbie Horridge	59		Chambersburg	PA	11:58
20	3125	178	37:24	Pamela Brooks	45		Waynesboro	PA	12:02
21	3186	185	37:35	Melinda Hollar	62		Chambersburg	PA	12:06
22	3228	187	37:37	Meghan Miller	41		Chambersburg	PA	12:06
23	3239	189	37:39	Courtney Neus	49		Chambersburg	PA	12:07
24	3132	195	37:52	Billie Cole	52				12:11
25	3225	207	38:33	Lori McNew	47		Chambersburg	PA	12:24
26	3264	210	38:50	Anita Slemph	57		Chambersburg	PA	12:30
27	3294	228	39:51	Jackie McMahon	40				12:50
28	3159	239	40:26	Shelli Embree	46		Mercersburg	PA	13:01
29	4592	244	40:39	Jessica Castillo	40		Chambersburg	PA	13:05
30	3300	248	40:43	Heather McEndree	47		Chambersburg	PA	13:06
31	4596	252	41:13	Jennifer Faith	42		Chambersburg	PA	13:16
32	3144	257	41:44	Ann Deardorff	44		Fayetteville	PA	13:26
33	3192	276	42:27	Cassandra Hornbaker	41		Mercersburg	PA	13:40
34	3157	285	42:54	Tabitha Eckenrode	42				13:48
35	3257	288	42:59	Sarah Seylar	41				13:50

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		Female	Total: 54						
36	4651	293	43:25	Kathleen Dimino	52		Waynesboro	PA	13:58
37	3108	297	43:51	Fazilet Ahmed	53		Chambersburg	PA	14:07
38	3185	298	43:51	Aubrey Higgins	48		Mercersburg	PA	14:07
39	3154	299	43:52	Florence Dinsmore	71		Fort Loudon	PA	14:07
40	3270	315	44:33	Amanda Strine	45		Saint Thomas	PA	14:20
41	3229	319	45:06	Kelly Miller-Secrest	48		Mercersburg	PA	14:31
42	3122	322	45:59	Heather Bowders	41		Mercersburg	PA	14:48
43	3262	335	46:38	Kelly Singer	48		Ellicott City	MD	15:01
44	3156	338	46:50	Dianne Eberhardt	57				15:04
45	4518	346	47:26	Meghan Mann	40				15:16
46	3259	349	47:36	Jodi Shenk	44		Chambersburg	PA	15:19
47	4597	352	48:01	Amanda Duffey	45		Waynesboro	PA	15:27
48	3153	353	48:02	Elizabeth Dimoff	40		Chambersburg	PA	15:28
49	3268	354	48:11	Michelle Stacho	51				15:31
50	3240	361	48:54	Jennifer Nicol	43		Greencastle	PA	15:44
51	3232	362	49:00	Tara Mouk	41		Chambersburg	PA	15:46
52	3027	384	53:07	Holly Bertone	53				17:06
53	3253	387	53:44	Laura Ruiz	40		Chambersburg	PA	17:18
54	3126	389	54:32	Tracy Burner	40				17:33
		Male	Total: 16						
1	3293	9	25:11	Mike Hepner	40		Chambersburg	PA	8:06
2	4578	16	27:10	Craig Leisher	64		Chambersburg	PA	8:45
3	3208	26	28:28	Justin Lorson	44		Mercersburg	PA	9:10
4	3168	48	31:32	Matt Gordon	43		Saint Thomas	PA	10:09
5	4687	69	32:50	Hector Guerrero	40		Chambersburg	PA	10:34
6	3237	73	32:59	Aaron Nair	44		Mercersburg	PA	10:37
7	3227	75	33:01	Cory Meyers	47		Chambersburg	PA	10:38
8	3205	90	33:38	Peter Kopko	48		Mercersburg	PA	10:50
9	4644	92	33:40	Nick Trayer	40		Mercersburg	PA	10:50
10	3252	230	40:06	Clecius Ribeiro	53		Chambersburg	PA	12:54
11	3146	231	40:08	Page Delaney	59		Waynesboro	PA	12:55
12	4591	243	40:39	Mike Piercy	56				13:05
13	4664	265	41:58	Pete Gunkelman	46				13:30
14	3194	278	42:34	Daniel Hulse	45		Mercersburg	PA	13:42

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clear sky
strong breeze

5k Race Total: 70

Place	Race Number	Over All	Time	Name	Age On Race Day	Age Group	City	State	Pace / Mile
		Male	Total: 16						
15	3255	287	42:56	Kirk Seekford	52		Greencastle	PA	13:49
16	3298	296	43:46	Gary Neus	51		Chambersburg	PA	14:05