



# The Harbor Warmhearted 5K February 08, 2014 Awards

## Overall

| Place         | Over All | Time            | Name          | Race Number | Age On Race Day | Masters | Age Group / Place | City         | State | Pace / Mile |
|---------------|----------|-----------------|---------------|-------------|-----------------|---------|-------------------|--------------|-------|-------------|
| <b>Female</b> |          | <b>Total: 1</b> |               |             |                 |         |                   |              |       |             |
| <b>1</b>      | 4        | 23:48           | Amy Stahlman  | 231         | 46              |         | 35 - 49           | Shippensburg | PA    | 7:40        |
| <b>Male</b>   |          | <b>Total: 1</b> |               |             |                 |         |                   |              |       |             |
| <b>1</b>      | 1        | 20:46           | Craig Leisher | 236         | 53              |         | 50 - 64           | Chambersburg | PA    | 6:41        |

## Age Adjusted Finish

| Adjusted Place | Over All | Adjusted Time | Time  | Name                 | Race Number | Age | Masters | Age Group / Place | City         | State |
|----------------|----------|---------------|-------|----------------------|-------------|-----|---------|-------------------|--------------|-------|
| <b>Female</b>  |          |               |       |                      |             |     |         |                   |              |       |
| <b>1</b>       | 4        | 21:49         | 23:48 | Amy Stahlman         | 231         | 46  |         | 35 - 49           | Shippensburg | PA    |
| <b>2</b>       | 5        | 25:03         | 25:25 | Michelle Sharp       | 228         | 36  |         | 35 - 49 <b>1</b>  | Hagerstown   | MD    |
| <b>3</b>       | 6        | 25:19         | 26:14 | Virginia Coover      | 203         | 40  |         | 35 - 49 <b>2</b>  | Shippensburg | PA    |
| <b>Male</b>    |          |               |       |                      |             |     |         |                   |              |       |
| <b>1</b>       | 2        | 17:22         | 21:25 | Neal Riemenschneider | 44          | 59  |         | 50 - 64 <b>1</b>  | Winchester   |       |
| <b>2</b>       | 1        | 17:43         | 20:46 | Craig Leisher        | 236         | 53  |         | 50 - 64           | Chambersburg | PA    |
| <b>3</b>       | 3        | 18:43         | 21:46 | Rodney Small         | 230         | 52  |         | 50 - 64 <b>2</b>  | Chambersburg | PA    |

## Age Graded Percent

| Adjusted Place | Name                 | Age Graded % | Over All | Time  | Adjusted Time | Gender | Age | Race Number | City         | State |
|----------------|----------------------|--------------|----------|-------|---------------|--------|-----|-------------|--------------|-------|
| 1              | Neal Riemenschneider | 74.86        | 2        | 21:25 | 17:22         | M      | 59  | 44          | Winchester   |       |
| 2              | Craig Leisher        | 73.38        | 1        | 20:46 | 17:43         | M      | 53  | 236         | Chambersburg | PA    |
| 3              | Rodney Small         | 69.46        | 3        | 21:46 | 18:43         | M      | 52  | 230         | Chambersburg | PA    |



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## Age Groups

| Age Group     | Over All              | Time  | Name                  | Race Number | Age On Race Day | Age Group  | City         | State | Pace / Mile |
|---------------|-----------------------|-------|-----------------------|-------------|-----------------|------------|--------------|-------|-------------|
| <b>Male</b>   | <b>12 &amp; under</b> |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 10                    | 34:44 | Noah Holsopple        | 209         | 9               | 12 & under | Shippensburg | PA    | 11:11       |
| <b>Female</b> | <b>20 - 34</b>        |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 4                     | 26:41 | Heather Rosenberry    | 225         | 31              | 20 - 34    | Chambersburg | PA    | 8:35        |
| <b>Male</b>   | <b>20 - 34</b>        |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 7                     | 30:35 | Mathew Reed           | 224         | 30              | 20 - 34    | Newburg      | PA    | 9:51        |
| <b>Female</b> | <b>35 - 49</b>        |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 2                     | 25:25 | Michelle Sharp        | 228         | 36              | 35 - 49    | Hagerstown   | MD    | 8:11        |
| <b>Male</b>   | <b>35 - 49</b>        |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 4                     | 26:51 | Matthew Shupp         | 229         | 36              | 35 - 49    | Bel Air      | MD    | 8:39        |
| <b>Female</b> | <b>50 - 64</b>        |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 14                    | 34:48 | Norma Holsopple       | 210         | 50              | 50 - 64    | Shippensburg | PA    | 11:12       |
| <b>Male</b>   | <b>50 - 64</b>        |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 2                     | 21:25 | Neal Riemenschneider  | 44          | 59              | 50 - 64    | Winchester   |       | 6:54        |
| <b>Male</b>   | <b>65 &amp; over</b>  |       |                       |             |                 |            |              |       |             |
| <b>1</b>      | 6                     | 28:34 | Randall Arthur Pellow | 219         | 70              | 65 & over  | Shippensburg | PA    | 9:12        |