

# The Harbor

## Warmhearted 5K

### February 08, 2015

### Awards

#### Overall

| Place         | Over All | Time  | Name            | Race Number | Age On Race Day | Masters | Age Group / Place | City           | State | Pace / Mile |
|---------------|----------|-------|-----------------|-------------|-----------------|---------|-------------------|----------------|-------|-------------|
| <b>Female</b> |          |       | <b>Total: 1</b> |             |                 |         |                   |                |       |             |
| <b>1</b>      | 5        | 23:04 | Erica Morris    | 999         | 23              |         | 20 - 34           |                |       | 7:25        |
| <b>Male</b>   |          |       | <b>Total: 1</b> |             |                 |         |                   |                |       |             |
| <b>1</b>      | 1        | 18:58 | Jim Smiley      | 516         | 40              |         | 35 - 49           | New Bloomfield | PA    | 6:06        |

#### Age Adjusted Finish

| Adjusted Place | Over All | Adjusted Time | Time  | Name            | Race Number | Age | Masters | Age Group / Place | City                  | State |  |
|----------------|----------|---------------|-------|-----------------|-------------|-----|---------|-------------------|-----------------------|-------|--|
| <b>Female</b>  |          |               |       |                 |             |     |         |                   |                       |       |  |
| <b>1</b>       | 5        | 23:04         | 23:04 | Erica Morris    | 999         | 23  |         | 20 - 34           |                       |       |  |
| <b>2</b>       | 7        | 23:47         | 25:41 | Heather Swartz  | 520         | 45  |         | 35 - 49           | <b>1</b> Shippensburg | PA    |  |
| <b>3</b>       | 16       | 25:21         | 29:21 | Norma Holsopple | 968         | 51  |         | 50 - 64           | <b>1</b> Shippensburg | PA    |  |
| <b>Male</b>    |          |               |       |                 |             |     |         |                   |                       |       |  |
| <b>1</b>       | 4        | 17:36         | 20:38 | Rodney Small    | 515         | 53  |         | 50 - 64           | <b>1</b> Chambersburg | PA    |  |
| <b>2</b>       | 1        | 17:55         | 18:58 | Jim Smiley      | 516         | 40  |         | 35 - 49           | New Bloomfield        | PA    |  |
| <b>3</b>       | 3        | 18:48         | 20:18 | Hayden Rinehart | 508         | 15  |         | 13 - 19           | <b>1</b>              |       |  |

#### Age Graded Percent

| Adjusted Place | Name            | Age Graded % | Over All | Time  | Adjusted Time | Gender | Age | Race Number | City           | State |
|----------------|-----------------|--------------|----------|-------|---------------|--------|-----|-------------|----------------|-------|
| 1              | Rodney Small    | 73.86        | 4        | 20:38 | 17:36         | M      | 53  | 515         | Chambersburg   | PA    |
| 2              | Jim Smiley      | 72.56        | 1        | 18:58 | 17:55         | M      | 40  | 516         | New Bloomfield | PA    |
| 3              | Hayden Rinehart | 69.15        | 3        | 20:18 | 18:48         | M      | 15  | 508         |                |       |

# The Harbor Warmhearted 5K February 08, 2015 Awards

## Age Groups

| Age Group     | Over All              | Time  | Name            | Race Number | Age On Race Day | Age Group  | City         | State | Pace / Mile |
|---------------|-----------------------|-------|-----------------|-------------|-----------------|------------|--------------|-------|-------------|
| <b>Female</b> | <b>12 &amp; under</b> |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 13                    | 43:43 | Avery Mankamyer | 532         | 7               | 12 & under |              |       | 14:04       |
| <b>Male</b>   | <b>12 &amp; under</b> |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 17                    | 36:43 | Noah Holsopple  | 967         | 10              | 12 & under | Shippensburg | PA    | 11:49       |
| <b>Female</b> | <b>13 - 19</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 11                    | 37:03 | Valerie Russell | 509         | 19              | 13 - 19    |              |       | 11:56       |
| <b>Male</b>   | <b>13 - 19</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 3                     | 20:18 | Hayden Rinehart | 508         | 15              | 13 - 19    |              |       | 6:32        |
| <b>Female</b> | <b>20 - 34</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 3                     | 26:14 | Mollie Varner   | 526         | 33              | 20 - 34    | Shippensburg | PA    | 8:27        |
| <b>Male</b>   | <b>20 - 34</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 2                     | 19:55 | Erik Davis      | 537         | 33              | 20 - 34    |              |       | 6:25        |
| <b>Female</b> | <b>35 - 49</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 2                     | 25:41 | Heather Swartz  | 520         | 45              | 35 - 49    | Shippensburg | PA    | 8:16        |
| <b>Male</b>   | <b>35 - 49</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 5                     | 23:36 | Dustin Timmons  | 524         | 35              | 35 - 49    | Orrstown     | PA    | 7:36        |
| <b>Female</b> | <b>50 - 64</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 4                     | 29:21 | Norma Holsopple | 968         | 51              | 50 - 64    | Shippensburg | PA    | 9:27        |
| <b>Male</b>   | <b>50 - 64</b>        |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 4                     | 20:38 | Rodney Small    | 515         | 53              | 50 - 64    | Chambersburg | PA    | 6:38        |
| <b>Female</b> | <b>65 &amp; over</b>  |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 15                    | 46:03 | Joanne Timmons  | 525         | 65              | 65 & over  |              |       | 14:49       |
| <b>Male</b>   | <b>65 &amp; over</b>  |       |                 |             |                 |            |              |       |             |
| <b>1</b>      | 20                    | 46:04 | Dan Timmons     | 523         | 65              | 65 & over  |              |       | 14:50       |