



# Cumberland Valley Rails-to-Trails Council

## Solstice 5k June 19, 2017 Masters Finish

### 5k Race Total: 25

Place	Race Number	Over All	Time	Name	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female</b>				<b>Total:</b>	<b>12</b>				
<b>1</b>	271	22	28:01	Amy Garcia	52	50 - 59	Carlisle	PA	9:01
<b>2</b>	289	23	28:16	Marjorie Lebo	56	50 - 59	New Cumberland	PA	9:06
<b>3</b>	994	27	29:07	Brandi Baith	44	40 - 49			9:22
4	296	29	29:26	Jolene McLucas	58	50 - 59	Chambersburg	PA	9:28
5	266	34	30:30	Cristen Demnicki	42	40 - 49	Carlisle	PA	9:49
6	264	35	31:03	Marla Defrank	50	50 - 59	Mechanicsburg	PA	9:60
7	281	39	32:08	Norma Holsopple	54	50 - 59	Shippensburg	PA	10:21
8	273	43	32:47	Melanie Graves	45	40 - 49	Waynesboro	PA	10:33
9	990	55	41:22	Irene Whittenberger	47	40 - 49	Carlisle	PA	13:19
10	980	56	43:10	Christine Wyrick	48	40 - 49	Shippensburg	PA	13:54
11	293	60	47:48	Bettina Lyons	43	40 - 49	Carlisle	PA	15:23
12	991	62	49:30	Glenda Small	58	50 - 59	Chambersburg	PA	15:56
<b>Male</b>				<b>Total:</b>	<b>13</b>				
<b>1</b>	280	7	22:19	Sam Hepner	40	40 - 49	Dillsburg	PA	7:11
<b>2</b>	993	8	22:43	James Harden	46	40 - 49	Martinsburg	WV	7:19
<b>3</b>	970	13	24:25	Ron Slozat	70	70 & over	Shippensburg	PA	7:52
4	1431	16	26:06	Arnold Barbour	50	50 - 59	Chambersburg	PA	8:24
5	989	17	26:32	Michael McSherry	53	50 - 59	Shippensburg	PA	8:32
6	276	18	27:03	Billy Gunn	46	40 - 49	Chambersburg	PA	8:42
7	963	24	28:43	Ken Renfrew	53	50 - 59	Shippensburg	PA	9:15
8	278	33	30:27	Jeffrey Hein	40	40 - 49	Mont Alto	PA	9:48
9	236	36	31:47	Brad Westhafer	65	60 - 69	Mechanicsburg	PA	10:14
10	1408	38	31:56	Kurt Dunkel	41	40 - 49	Chambersburg	PA	10:17
11	995	40	32:13	Brian Hair	59	50 - 59	Shippensburg	PA	10:22
12	265	44	32:59	Brian Demnicki	42	40 - 49	Carlisle	PA	10:37
13	263	54	40:18	Stew Cook	71	70 & over	Shippensburg	PA	12:58