



# Cumberland Valley Rails-to-Trails Council

## Solstice 10k

June 20, 2016

### Overall Finish

**10k Race Total: 81**

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade	
1	632	M	1	38:41	Zachary Newman	34		30 - 39	Hagerstown	MD	6:14	70.26	
2	617	M	2	39:09	Chad Long	16		13 - 19	East Berlin	PA	6:18	72.51	
3	593	M	3	39:33	Jared Hallow	19		13 - 19	Gerrardstown	WV	6:22	69.05	
4	651	M	4	40:52	Chad Merrill	35		30 - 39	1	Germantown	MD	6:35	66.83
5	637	M	5	40:58	Noah Reighard	18		13 - 19	1	Carlisle	PA	6:36	67.51
6	579	M	6	44:36	Andrew Fisler	44	1	40 - 49		Dillsburg	PA	7:11	65.39
7	649	M	7	44:47	Rodney Small	55	2	50 - 59		Chambersburg	PA	7:12	71.13
8	582	M	8	47:25	Shea Fisler	13		13 - 19	2	Dillsburg	PA	7:38	63.40
9	670	M	9	47:46	Bill Stahr	55	3	50 - 59	1	The Plains	VA	7:41	66.67
<b>10</b>	<b>676</b>	<b>F</b>	<b>1</b>	<b>48:16</b>	<b>Amanda Temple</b>	<b>34</b>		<b>30 - 39</b>		Falling Waters	WV	7:46	63.32
11	600	M	10	49:25	Logan Herr	20		20 - 29	1	Lititz	PA	7:57	54.69
12	580	M	11	49:32	Eric Fisler	48	4	40 - 49	1	Mechanicsburg	PA	7:58	60.73
13	618	M	12	49:52	Leo Lutz	45	5	40 - 49	2	Columbia	PA	8:02	58.93
14	636	M	13	49:53	Darren Reighard	46	6	40 - 49	3	Carlisle	PA	8:02	59.36
15	572	M	14	50:02	Evan Dixon	25		20 - 29	2	Greencastle	PA	8:03	53.43
16	598	M	15	51:21	Robert Heini	34		30 - 39	2	Shippensburg	PA	8:16	52.92
17	647	M	16	51:33	Paul Sick	64	7	60 - 69	1	Chambersburg	PA	8:18	66.83
<b>18</b>	<b>567</b>	<b>F</b>	<b>2</b>	<b>52:01</b>	<b>Jacqui Crawford</b>	<b>32</b>		<b>30 - 39</b>		Ickesburg	PA	8:22	58.50
<b>19</b>	<b>686</b>	<b>F</b>	<b>3</b>	<b>52:42</b>	<b>Karen Young</b>	<b>48</b>		<b>40 - 49</b>		Boyd	MD	8:29	63.72
<b>20</b>	<b>578</b>	<b>F</b>	<b>4</b>	<b>53:27</b>	<b>Emily Fisher</b>	<b>28</b>		<b>20 - 29</b>	<b>1</b>	Carlisle	PA	8:36	56.78
21	590	M	17	53:30	Billy Gunn	45	8	40 - 49	4	Chambersburg	PA	8:37	54.93
<b>22</b>	<b>571</b>	<b>F</b>	<b>5</b>	<b>54:03</b>	<b>Kimberly Diehl</b>	<b>27</b>		<b>20 - 29</b>	<b>2</b>	Shippensburg	PA	8:42	56.15
<b>23</b>	<b>614</b>	<b>F</b>	<b>6</b>	<b>55:30</b>	<b>Shelly Latsha</b>	<b>48</b>	<b>1</b>	<b>40 - 49</b>		Mechanicsburg	PA	8:56	60.50
24	620	M	18	55:33	Jordan Mann	20		20 - 29	3	Lebanon	PA	8:56	48.65
<b>25</b>	<b>586</b>	<b>F</b>	<b>7</b>	<b>55:54</b>	<b>Kimberly Garris</b>	<b>50</b>	<b>2</b>	<b>50 - 59</b>		Mechanicsburg	PA	8:60	61.52
26	627	M	19	56:26	Hap Miller	72	9	70 & over	1	Carlisle	PA	9:05	66.42
<b>27</b>	<b>611</b>	<b>F</b>	<b>8</b>	<b>57:08</b>	<b>Laura Kilko</b>	<b>37</b>		<b>30 - 39</b>	<b>1</b>	Mount Holly Springs	PA	9:12	54.05
28	679	M	20	57:37	Lior Tomer	40	10	40 - 49	5	Deerfield	IL	9:16	49.10
<b>29</b>	<b>565</b>	<b>F</b>	<b>9</b>	<b>57:39</b>	<b>Bonnie Craig</b>	<b>33</b>		<b>30 - 39</b>	<b>2</b>	Shippensburg	PA	9:17	52.87
30	606	M	21	57:39	Mark Jackson	20		20 - 29	4	Shippensburg	PA	9:17	46.89
31	623	M	22	57:51	Matthew McLean	45	11	40 - 49	6	Shippensburg	PA	9:19	50.79
32	622	M	23	57:53	Max McGehee	27		20 - 29	5	Shippensburg	PA	9:19	46.18
<b>33</b>	<b>599</b>	<b>F</b>	<b>10</b>	<b>57:54</b>	<b>Debra Heisler</b>	<b>55</b>	<b>3</b>	<b>50 - 59</b>	<b>1</b>	Upperstrasburg	PA	9:19	63.30



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34	564	F	11	58:01	Virginia Coover	43	4	40 - 49 1	Shippensburg	PA	9:20	55.20
35	554	F	12	58:14	Lynda Ballentine	47	5	40 - 49 2	Carlisle	PA	9:22	57.03
36	594	F	13	58:38	Mary Lou Harris	69	6	60 - 69 1	Camp Hill	PA	9:26	76.61
37	581	F	14	59:18	Jennifer Fisler	43	7	40 - 49 3	Dillsburg	PA	9:33	54.00
38	675	F	15	59:29	Deborah Swope	48	8	40 - 49 4	Waynesboro	PA	9:34	56.45
39	626	M	24	59:39	Hans Meurer	57	12	50 - 59 2	Hanover	MD	9:36	54.30
40	603	F	16	59:44	Christie Hostetler	39		30 - 39 3	Shippensburg	PA	9:37	52.21
41	596	F	17	59:45	Kati Heefner	28		20 - 29 3	Gettysburg	PA	9:37	50.79
42	597	M	25	59:58	Jeffrey Hein	39		30 - 39 3	Mont Alto	PA	9:39	46.83
43	677	M	26	1:00:06	Alton Temple	36		30 - 39 4	Falling Waters	WV	9:40	45.72
44	684	F	18	1:00:14	Lauree Wiegand	20		20 - 29 4	Manheim	PA	9:42	50.42
45	560	F	19	1:00:20	Jennifer Byerly	44	9	40 - 49 5	Fletcher	NC	9:43	53.51
46	669	F	20	1:00:26	Kelly Spreha	38		30 - 39 4	Harrisburg	PA	9:44	51.32
47	635	F	21	1:00:26	Trisha Powers	31		30 - 39 5	Newville	PA	9:44	50.28
48	650	F	22	1:00:41	Rebecca Spencer	26		20 - 29 5	Newburg	PA	9:46	50.01
49	672	M	27	1:00:53	Carl Stottlemeyer	30		30 - 39 5	Greencastle	PA	9:48	44.03
50	661	M	28	1:02:09	Michael Dickerson	41	13	40 - 49 7			10:00	45.87
51	589	F	23	1:02:18	Kathryn Griffith	43	10	40 - 49 6	Carlisle	PA	10:02	51.40
52	570	F	24	1:02:38	Cristen Demnicki	41	11	40 - 49 7	Carlisle	PA	10:05	50.39
53	680	M	29	1:02:53	Adrian Tomer	72	14	70 & over 2	Carlisle	PA	10:07	59.61
54	552	F	25	1:03:24	Diane Bahrt	61	12	60 - 69 2	Newville	PA	10:12	62.75
55	548	M	30	1:04:40	Brian Alleman	47	15	40 - 49 8	Shippensburg	PA	10:24	46.16
56	569	M	31	1:05:26	Anthony D'anna	52	16	50 - 59 3	Mcconnellsburg	PA	10:32	47.48
57	685	F	26	1:05:50	Tracy Zamora	50	13	50 - 59 2	Hagerstown	MD	10:36	52.22
58	641	M	32	1:05:54	Ken Renfrew	52	17	50 - 59 4	Shippensburg	PA	10:36	47.15
59	671	F	27	1:06:08	Marybeth Staub	42	14	40 - 49 8	Dover	PA	10:39	48.06
60	643	F	28	1:06:08	Jamie Rosier	37		30 - 39 6	York Haven	PA	10:39	46.69
61	559	F	29	1:06:57	Debby Burd	63	15	60 - 69 3	Biglerville	PA	10:46	61.19
62	612	M	33	1:08:05	Chad Kireta	39		30 - 39 6	Chambersburg	PA	10:57	41.24
63	588	M	34	1:08:09	Bill Greenlaw	62	18	60 - 69 2	Chambersburg	PA	10:58	49.64
64	556	F	30	1:10:32	Christianna Benner	41	16	40 - 49 9	Shippensburg	PA	11:21	44.75
65	688	F	31	1:10:32	Robyn Moore	38		30 - 39 7	Shippensburg	PA	11:21	43.97
66	583	F	32	1:11:09	Patricia Flood	48	17	40 - 49 10	Chambersburg	PA	11:27	47.19



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67	652	F	33	1:13:00	Andrea Kish	52	18	50 - 59 3	Westminster	MD	11:45	48.29
68	681	M	35	1:15:24	Ben Wagner	33		30 - 39 7	Carlisle	PA	12:08	35.88
69	605	F	34	1:16:56	Kathryn Hutchins	37		30 - 39 8	Shippensburg	PA	12:23	40.14
70	668	F	35	1:17:36	Lorna McDannell	37		30 - 39 9	Waynesboro	PA	12:29	39.79
71	555	F	36	1:20:02	Julianna Bender	31		30 - 39 10	Newburg	PA	12:53	37.97
72	629	F	37	1:20:03	Bonni Myers	30		30 - 39 11	Orrstown	PA	12:53	37.93
73	587	F	38	1:20:23	Bonnie Golla	57	19	50 - 59 4	Mechanicsburg	PA	12:56	46.82
74	551	F	39	1:21:50	Hannah Asbury	20		20 - 29 6	Chambersburg	PA	13:10	37.10
75	585	M	36	1:24:00	Saravanan Ganapathy	38		30 - 39 8	Shippensburg	PA	13:31	33.18
76	561	F	40	1:26:44	Jessica Clippinger	28		20 - 29 7	Shippensburg	PA	13:58	34.99
77	573	M	37	1:27:12	Ravichandran Duraisamy	31		30 - 39 9	Chambersburg	PA	14:02	30.81
78	613	F	41	1:27:58	Nichole Kunkle	39		30 - 39 12	Shippensburg	PA	14:09	35.45
79	568	F	42	1:29:34	Josie Cruz	30		30 - 39 13	Enola	PA	14:25	33.90
80	607	F	43	1:32:05	Jennifer Jekot	44	20	40 - 49 11	Enola	PA	14:49	35.06
81	644	F	44	1:32:05	Gwen Ross	46	21	40 - 49 12	Hagerstown	MD	14:49	35.71