



# Cumberland Valley Rails-to-Trails Council

## Solstice 10k

June 20, 2015

Masters Finish

73

scattered clouds  
gentle breeze

### 10k Race Total: 46

Place	Race Number	Over All	Time	Name	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female</b>				<b>Total: 15</b>					
1	733	25	50:16	Amy Stahlman	47	40 - 49	Shippensburg	PA	8:05
2	769	54	58:44	Angelique Gardner	40	40 - 49	Carlisle	PA	9:27
3	834	64	1:00:47	Sylvia Thompson	42	40 - 49	Carlisle	PA	9:47
4	860	65	1:00:56	Michele Ford	43	40 - 49	Fayetteville	PA	9:48
5	755	66	1:00:57	Jennifer Bucher	48	40 - 49	Boiling Springs	PA	9:49
6	782	70	1:03:23	Mary Koontz	42	40 - 49	Finksburg	MD	10:12
7	776	71	1:03:42	Norma Holsopple	52	50 - 59	Shippensburg	PA	10:15
8	798	78	1:07:37	Teresa Moomaw	53	50 - 59	Newville	PA	10:53
9	797	79	1:07:37	Tammy Moomaw	44	40 - 49	Carlisle	PA	10:53
10	803	82	1:07:56	Kim Murray	45	40 - 49	Carlisle	PA	10:56
11	849	93	1:13:06	Heidi Pisle	40	40 - 49	Chambersburg	PA	11:46
12	816	95	1:15:03	Lori Satterlee	51	50 - 59	Carlisle	PA	12:05
13	840	100	1:22:36	Irene Whittenberger	44	40 - 49	Carlisle	PA	13:18
14	800	101	1:23:26	Kelly Morrow	43	40 - 49	Chambersburg	PA	13:26
15	770	104	1:34:33	Tammie Gitt	46	40 - 49	Carlisle	PA	15:13

<b>Male</b>				<b>Total: 31</b>					
1	821	5	40:06	Jim Smiley	40	40 - 49	New Bloomfield	PA	6:27
2	790	6	41:17	Mike Meadows	58	50 - 59	Martinsburg	WV	6:39
3	756	8	43:33	Jonathan Burns	47	40 - 49	Mechanicsburg	PA	7:01
4	805	9	44:15	Adam Nonemaker	43	40 - 49	Newburg	PA	7:07
5	817	10	44:28	Chris Shaffer	48	40 - 49	Chambersburg	PA	7:09
6	820	12	45:11	Rodney Small	54	50 - 59	Chambersburg	PA	7:16
7	825	15	47:46	Doug Shields	48	40 - 49	Shippensburg	PA	7:41
8	859	18	48:32	Paul Sick	63	60 - 69	Chambersburg	PA	7:49
9	758	19	48:41	John Copenheaver	55	50 - 59	York Springs	PA	7:50
10	819	21	49:12	Ron Slozat	68	60 - 69	Shippensburg	PA	7:55
11	809	23	49:49	Darren Reighard	45	40 - 49	Carlisle	PA	8:01
12	766	24	49:58	Scott Fickes	46	40 - 49	Carlisle	PA	8:02
13	830	26	50:22	Kevin Talhelm	55	50 - 59	Boiling Springs	PA	8:06
14	847	29	50:59	Hap Miller	71	70 & over	Carlisle	PA	8:12
15	850	32	52:10	Grant Gayman	59	50 - 59	Waynesboro	PA	8:24
16	826	36	53:29	Barry Stewart	51	50 - 59	Shippensburg	PA	8:36
17	789	37	53:46	Dave Mcsherry	60	60 - 69	Camp Hill	PA	8:39
18	858	40	54:44	Barry Coffey	53	50 - 59	Shippensburg	PA	8:49



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<b>Male</b>				<b>Total: 31</b>					
19	844	43	55:50	Jim Becker	73	70 & over	Greencastle	PA	8:59
20	848	45	57:22	Ralph Pisle	40	40 - 49	Chambersburg	PA	9:14
21	855	51	58:33	Michael Rockwell	58	50 - 59	Chambersburg	PA	9:25
22	835	53	58:39	Adrian Tomer	71	70 & over	Carlisle	PA	9:26
23	724	62	1:00:36	Anthony Ambrosio	45	40 - 49	Shippensburg	PA	9:45
24	775	63	1:00:42	Jeff Holmes	49	40 - 49	Chambersburg	PA	9:46
25	815	68	1:02:38	John Satterlee	52	50 - 59	Carlisle	PA	10:05
26	762	69	1:03:10	Jonathan De Young	44	40 - 49	Carlisle	PA	10:10
27	807	75	1:06:08	Randall Pellow	71	70 & over	Shippensburg	PA	10:39
28	787	76	1:06:41	Tom McCulloh	63	60 - 69	Mercersburg	PA	10:44
29	784	77	1:07:13	Jeff Logan	66	60 - 69	Carlisle	PA	10:49
30	812	80	1:07:48	Ken Renfrew	51	50 - 59	Shippensburg	PA	10:55
31	845	94	1:13:40	Gil Crumrine	61	60 - 69	Hagerstown	MD	11:51