



# Cumberland Valley Rails-to-Trails Council

## Solstice 10k

June 19, 2017

### Awards



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### Overall

Place	Over All	Time	Name	Race Number	Age On Race Day	Masters	Age Group / Place	City	State	Pace / Mile
<b>Female</b>			<b>Total: 3</b>							
1	10	47:53	Emily Joyce	282	22		20 - 29	Carlisle	PA	7:42
2	14	53:25	Kelly Spreha	973	39		30 - 39	Harrisburg	PA	8:36
3	15	53:58	Shelly Latsha	288	49		40 - 49	Mechanicsburg	PA	8:41
<b>Male</b>			<b>Total: 3</b>							
1	1	37:58	Andrew Rice	964	31		30 - 39	Mechanicsburg	PA	6:07
2	2	40:33	Jim Smiley	972	42		40 - 49	New Bloomfield	PA	6:32
3	3	42:19	Josh Line	290	19		13 - 19	Newville	PA	6:49

### Masters

Place	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female</b>			<b>Total: 1</b>						
1	16	57:04	Deborah Swope	976	49	40 - 49	Waynesboro	PA	9:11
<b>Male</b>			<b>Total: 1</b>						
1	4	44:21	Leo Lutz	292	46	40 - 49	Columbia	PA	7:08

### Age Graded Percent

Age Grade Place	Name	Age Graded %	Over All	Time	Adjusted Time	Adjusted Place	Age	Race Number	City	State
1	Don Nichter	73.44	5	44:53	36:24		M 59	300	Carlisle	PA
2	Rodney Small	71.00	6	45:15	37:39		M 56	971	Chambersburg	PA
3	Jim Smiley	70.82	2	40:33	37:45		M 42	972	New Bloomfield	PA
4	Andrew Rice	70.75	1	37:58	37:47		M 31	964	Mechanicsburg	PA
<b>5</b>	<b>Denise Mauz</b>	<b>68.85</b>	<b>18</b>	<b>58:38</b>	<b>44:05</b>		<b>F 62</b>	<b>295</b>	New Cumberland	PA
6	Bill Stahr	68.72	9	46:44	38:54		M 56	996	The Plains	VA
7	Paul Sick	68.61	13	50:40	38:58		M 65	997	Chambersburg	PA
8	Leo Lutz	66.78	4	44:21	40:02		M 46	292	Columbia	PA
9	Hap Miller	66.42	17	57:15	40:15		M 73	298	Carlisle	PA
10	Rob Reoon	65.68	8	46:32	40:42		M 50	992		



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## Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female</b>	<b>20 - 29</b>								
<b>1</b>	12	1:10:10	Sarah Silverman	968	29	20 - 29	Pittsburgh	PA	11:18
<b>Male</b>	<b>20 - 29</b>								
<b>1</b>	10	48:40	Evan Dixon	268	26	20 - 29	Greencastle	PA	7:50
<b>2</b>	11	48:49	Monty Seaman	967	29	20 - 29	Chambersburg	PA	7:51
<b>Male</b>	<b>30 - 39</b>								
<b>1</b>	7	45:37	Jeremy Hawk	277	33	30 - 39	Chambersburg	PA	7:20
<b>2</b>	15	59:01	Michnel Folino	987	33	30 - 39			9:30
<b>Female</b>	<b>40 - 49</b>								
<b>1</b>	6	59:01	Patti Folino	988	45	40 - 49			9:30
<b>2</b>	7	1:01:17	Erin Quinn	960	46	40 - 49	Mechanicsburg	PA	9:52
<b>Female</b>	<b>50 - 59</b>								
<b>1</b>	9	1:01:49	Kim Pizzingrilli	959	58	50 - 59	Mechanicsburg	PA	9:57
<b>2</b>	10	1:01:49	Wendy King	285	52	50 - 59	Mechanicsburg	PA	9:57
<b>Male</b>	<b>50 - 59</b>								
<b>1</b>	5	44:53	Don Nichter	300	59	50 - 59	Carlisle	PA	7:13
<b>2</b>	6	45:15	Rodney Small	971	56	50 - 59	Chambersburg	PA	7:17
<b>Female</b>	<b>60 - 69</b>								
<b>1</b>	5	58:38	Denise Mauz	295	62	60 - 69	New Cumberland	PA	9:26
<b>Male</b>	<b>60 - 69</b>								
<b>1</b>	12	50:40	Paul Sick	997	65	60 - 69	Chambersburg	PA	8:09
<b>Male</b>	<b>70 &amp; over</b>								
<b>1</b>	13	57:15	Hap Miller	298	73	70 & over	Carlisle	PA	9:13