



# Cumberland Valley Rails-to-Trails Council

## Solstice 10k

June 20, 2015

### Age Group Finish

73

scattered clouds  
gentle breeze

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female 13 - 19</b>			<b>Total: 1</b>							
<b>1</b>	35		1:07:50	Hanna Mowery	801	19	13 - 19	Millersburg	PA	10:55
<b>Female 20 - 29</b>			<b>Total: 19</b>							
<b>1</b>	6		50:45	Karli Wagner	837	24	20 - 29	Carlisle	PA	8:10
<b>2</b>	8		51:40	Kara Klunk	781	28	20 - 29	Biglerville	PA	8:19
3	11		54:49	Julie Hendrickson	774	23	20 - 29	Shippensburg	PA	8:49
4	13		57:36	Ellie Ressler	813	23	20 - 29	Carlisle	PA	9:16
5	16		58:18	Brielle Cowden	759	22	20 - 29	Chambersburg	PA	9:23
6	20		58:59	Lisa Mummert	802	25	20 - 29	Chambersburg	PA	9:30
7	21		59:17	Miranda Luckie	785	29	20 - 29	Gardners	PA	9:32
8	23		1:00:14	Kaitlyn Bingaman	752	22	20 - 29	Greencastle	PA	9:42
9	37		1:08:14	Morgan Mikrut	791	24	20 - 29	Chambersburg	PA	10:59
10	38		1:09:08	Renata Bittencourt	753	27	20 - 29	Chambersburg	PA	11:08
11	39		1:10:08	Emily Miller	793	26	20 - 29	Marysville	PA	11:17
12	41		1:10:41	Amanda Smith	851	29	20 - 29	Greencastle	PA	11:23
13	42		1:11:01	Amy Slicker	818	26	20 - 29	Mont Alto	PA	11:26
14	43		1:11:01	Margo Wilson	841	26	20 - 29	Huntingdon	PA	11:26
15	44		1:12:34	Jessica Johnston	780	26	20 - 29	Orrstown	PA	11:41
16	48		1:15:31	Samantha Ross	853	24	20 - 29	Newville	PA	12:09
17	50		1:20:27	Catherine Foreman	768	27	20 - 29	Chambersburg	PA	12:57
18	53		1:24:40	Kara Duff	765	29	20 - 29	Carlisle	PA	13:38
19	54		1:34:23	Sara Myers	804	26	20 - 29	Shippensburg	PA	15:11
<b>Female 30 - 39</b>			<b>Total: 17</b>							
<b>1</b>	4		48:51	Amanda Temple	832	33	30 - 39	Falling Waters	WV	7:52
<b>2</b>	7		51:23	Willow Weir	838	38	30 - 39	Waynesboro	PA	8:16
3	9		52:55	Niki Carter	757	35	30 - 39	Harrisburg	PA	8:31
4	10		53:12	Kimberly Miller	794	30	30 - 39	Mount Holly Springs	PA	8:34
5	12		54:54	Bonnie Craig	760	32	30 - 39	Shippensburg	PA	8:50
6	14		57:39	Jacqueline Crawford	761	31	30 - 39	Elliottsburg	PA	9:17
7	15		57:51	Christie Hostetler	777	38	30 - 39	Shippensburg	PA	9:19
8	17		58:18	Jendy Harer	772	35	30 - 39	Williamsport	PA	9:23
9	18		58:38	Tara Leeking	852	34	30 - 39	Shippensburg	PA	9:26
10	22		59:32	Coral Jensen	779	31	30 - 39	San Diego	CA	9:35
11	24		1:00:23	Robyn Moore	799	37	30 - 39	Shippensburg	PA	9:43
12	28		1:02:26	Jill Thiemann	833	36	30 - 39	Shermans Dale	PA	10:03



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<b>Female 30 - 39</b>			<b>Total: 17</b>							
13	31		1:05:33	Tiffany Koziar	783	30	30 - 39	Chambersburg	PA	10:33
14	32		1:06:05	Rondell Smith	823	39	30 - 39	Chambersburg	PA	10:38
15	40		1:10:40	Nichole Stocker	827	34	30 - 39	York	PA	11:22
16	45		1:12:41	Tonya Bender	843	35	30 - 39	Little Orleans	MD	11:42
17	49		1:15:45	Sheryl Rose	814	32	30 - 39	Shippensburg	PA	12:11

<b>Female 40 - 49</b>			<b>Total: 10</b>							
<b>1</b>	25	3	1:00:47	Sylvia Thompson	834	42	40 - 49	Carlisle	PA	9:47
<b>2</b>	26	4	1:00:56	Michele Ford	860	43	40 - 49	Fayetteville	PA	9:48
3	27	5	1:00:57	Jennifer Bucher	755	48	40 - 49	Boiling Springs	PA	9:49
4	29	6	1:03:23	Mary Koontz	782	42	40 - 49	Finksburg	MD	10:12
5	34	9	1:07:37	Tammy Moomaw	797	44	40 - 49	Carlisle	PA	10:53
6	36	10	1:07:56	Kim Murray	803	45	40 - 49	Carlisle	PA	10:56
7	46	11	1:13:06	Heidi Pisle	849	40	40 - 49	Chambersburg	PA	11:46
8	51	13	1:22:36	Irene Whittenberger	840	44	40 - 49	Carlisle	PA	13:18
9	52	14	1:23:26	Kelly Morrow	800	43	40 - 49	Chambersburg	PA	13:26
10	55	15	1:34:33	Tammie Gitt	770	46	40 - 49	Carlisle	PA	15:13

<b>Female 50 - 59</b>			<b>Total: 3</b>							
<b>1</b>	30	7	1:03:42	Norma Holsopple	776	52	50 - 59	Shippensburg	PA	10:15
<b>2</b>	33	8	1:07:37	Teresa Moomaw	798	53	50 - 59	Newville	PA	10:53
3	47	12	1:15:03	Lori Satterlee	816	51	50 - 59	Carlisle	PA	12:05

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Male 12 &amp; under</b>			<b>Total: 1</b>							
<b>1</b>	49		1:20:00	Caden Duff	764	9	12 & under	Carlisle	PA	12:52
<b>Male 13 - 19</b>			<b>Total: 2</b>							
<b>1</b>	14		48:12	Bailey Renfrew	811	15	13 - 19	Shippensburg	PA	7:45
<b>2</b>	22		50:35	Jacob Surratt	829	16	13 - 19	Shippensburg	PA	8:08
<b>Male 20 - 29</b>			<b>Total: 7</b>							
<b>1</b>	11		45:59	Derek Plummer	857	29	20 - 29	Fayetteville	PA	7:24



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<b>Male 20 - 29</b>			<b>Total: 7</b>							
<b>2</b>	12		47:30	Daniel Shaffer	854	26	20 - 29	Dillsburg	PA	7:39
3	18		49:33	Hilton Wood	842	24	20 - 29	Carlisle	PA	7:58
4	25		52:45	Robert Hayslett	773	27	20 - 29	Newville	PA	8:29
5	28		54:05	Jordan Bingaman	726	22	20 - 29	Greencastle	PA	8:42
6	29		54:11	Howard Smith	822	25	20 - 29	Shippensburg	PA	8:43
7	42		1:04:46	Kody Shaw	846	29	20 - 29	Greencastle	PA	10:25
<b>Male 30 - 39</b>			<b>Total: 5</b>							
<b>1</b>	4		39:22	Dan Welsh	839	30	30 - 39	Enola	PA	6:20
<b>2</b>	32		56:34	Troy Stocker	828	35	30 - 39	York	PA	9:06
3	36		59:12	Alton Temple	831	35	30 - 39	Falling Waters	WV	9:32
4	37		59:51	Ryan Wade	836	33	30 - 39	Huntingdon	PA	9:38
5	47		1:12:05	Suksan Ok	806	32	30 - 39	Carlisle	PA	11:36
<b>Male 40 - 49</b>			<b>Total: 10</b>							
<b>1</b>	7	3	43:33	Jonathan Burns	756	47	40 - 49	Mechanicsburg	PA	7:01
<b>2</b>	8	4	44:15	Adam Nonemaker	805	43	40 - 49	Newburg	PA	7:07
3	9	5	44:28	Chris Shaffer	817	48	40 - 49	Chambersburg	PA	7:09
4	13	7	47:46	Doug Shields	825	48	40 - 49	Shippensburg	PA	7:41
5	19	11	49:49	Darren Reighard	809	45	40 - 49	Carlisle	PA	8:01
6	20	12	49:58	Scott Fickes	766	46	40 - 49	Carlisle	PA	8:02
7	33	20	57:22	Ralph Pisle	848	40	40 - 49	Chambersburg	PA	9:14
8	38	23	1:00:36	Anthony Ambrosio	724	45	40 - 49	Shippensburg	PA	9:45
9	39	24	1:00:42	Jeff Holmes	775	49	40 - 49	Chambersburg	PA	9:46
10	41	26	1:03:10	Jonathan De Young	762	44	40 - 49	Carlisle	PA	10:10
<b>Male 50 - 59</b>			<b>Total: 9</b>							
<b>1</b>	10	6	45:11	Rodney Small	820	54	50 - 59	Chambersburg	PA	7:16
<b>2</b>	16	9	48:41	John Copenheaver	758	55	50 - 59	York Springs	PA	7:50
3	21	13	50:22	Kevin Talhelm	830	55	50 - 59	Boiling Springs	PA	8:06
4	24	15	52:10	Grant Gayman	850	59	50 - 59	Waynesboro	PA	8:24
5	26	16	53:29	Barry Stewart	826	51	50 - 59	Shippensburg	PA	8:36
6	30	18	54:44	Barry Coffey	858	53	50 - 59	Shippensburg	PA	8:49
7	34	21	58:33	Michael Rockwell	855	58	50 - 59	Chambersburg	PA	9:25
8	40	25	1:02:38	John Satterlee	815	52	50 - 59	Carlisle	PA	10:05



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<b>Male</b>		<b>50 - 59</b>		<b>Total: 9</b>						
9	46	30	1:07:48	Ken Renfrew	812	51	50 - 59	Shippensburg	PA	10:55
<b>Male</b>		<b>60 - 69</b>		<b>Total: 6</b>						
<b>1</b>	15	8	48:32	Paul Sick	859	63	60 - 69	Chambersburg	PA	7:49
<b>2</b>	17	10	49:12	Ron Slozat	819	68	60 - 69	Shippensburg	PA	7:55
3	27	17	53:46	Dave Mcsherry	789	60	60 - 69	Camp Hill	PA	8:39
4	44	28	1:06:41	Tom McCulloh	787	63	60 - 69	Mercersburg	PA	10:44
5	45	29	1:07:13	Jeff Logan	784	66	60 - 69	Carlisle	PA	10:49
6	48	31	1:13:40	Gil Crumrine	845	61	60 - 69	Hagerstown	MD	11:51
<b>Male</b>		<b>70 &amp; over</b>		<b>Total: 4</b>						
<b>1</b>	23	14	50:59	Hap Miller	847	71	70 & over	Carlisle	PA	8:12
<b>2</b>	31	19	55:50	Jim Becker	844	73	70 & over	Greencastle	PA	8:59
3	35	22	58:39	Adrian Tomer	835	71	70 & over	Carlisle	PA	9:26
4	43	27	1:06:08	Randall Pellow	807	71	70 & over	Shippensburg	PA	10:39