



Quiet Valley Living Historical Farm

Quiet Valley Rooster Run 5k

July 19, 2014

Awards

Overall

Place	Over All	Time	Name	Race Number	Age On Race Day	Masters	Age Group / Place	City	State	Pace / Mile
Female			Total: 1							
1	5	21:53	Allana Powlette	117	15		13 - 19	Stroudsburg	PA	7:03
Male			Total: 1							
1	1	18:02	Seth Slavin	72	14		13 - 19	Brodheadsville	PA	5:48

Masters

Place	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female			Total: 1						
1	10	23:32	Sandi Kaspszyk	148	48	40 - 49			7:34
Male			Total: 1						
1	2	19:49	Kirt Joseph	131	43	40 - 49	Tobyhanna	PA	6:23

Age Adjusted Finish

Adjusted Place	Over All	Adjusted Time	Time	Name	Race Number	Age	Masters	Age Group / Place	City	State
Female										
1	5	20:53	21:53	Allana Powlette	117	15		13 - 19	Stroudsburg	PA
2	10	21:05	23:32	Sandi Kaspszyk	148	48	1	40 - 49		
3	7	21:33	22:34	Michelle Joyce	49	15		13 - 19	1 Stroudsburg	PA
Male										
1	1	16:23	18:02	Seth Slavin	72	14		13 - 19	Brodheadsville	PA
2	2	18:18	19:49	Kirt Joseph	131	43	1	40 - 49	Tobyhanna	PA
3	3	18:59	19:53	Shane Ramdeo	105	17		13 - 19	1 Stroudsburg	PA

Age Graded Percent

Adjusted Place	Name	Age Graded %	Over All	Time	Adjusted Time	Gender	Age	Race Number	City	State
1	Seth Slavin	79.35	1	18:02	16:23	M	14	72	Brodheadsville	PA
2	Kirt Joseph	71.04	2	19:49	18:18	M	43	131	Tobyhanna	PA
3	Allana Powlette	70.79	5	21:53	20:53	F	15	117	Stroudsburg	PA



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Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female 12 & under									
1	5	24:19	Amy Conboy	156	12	12 & under			7:50
2	7	25:46	Ciara Conboy	157	11	12 & under			8:18
Male 12 & under									
1	30	30:46	Oak Holbert	126	7	12 & under	Stroudsburg	PA	9:54
2	36	33:55	Ambrose Cavalier	17	11	12 & under	Saylorsburg	PA	10:55
Female 13 - 19									
1	2	22:34	Michelle Joyce	49	15	13 - 19	Stroudsburg	PA	7:16
2	4	24:06	Lizz Eberhardt	36	15	13 - 19	Saylorsburg	PA	7:45
Male 13 - 19									
1	3	19:53	Shane Ramdeo	105	17	13 - 19	Stroudsburg	PA	6:24
2	4	21:37	William Turner	146	18	13 - 19			6:57
Female 20 - 29									
1	18	29:14	Brielle Wede	87	24	20 - 29	Gilbert	PA	9:25
2	19	29:27	Jena Mundro	61	26	20 - 29	East Stroudsburg	PA	9:29
Male 20 - 29									
1	13	24:57	Joshua Cohen	161	20	20 - 29			8:02
2	16	26:57	Matt Wulf	104	27	20 - 29	Whitehall	PA	8:40
Female 30 - 39									
1	11	27:56	Laura Hallett	42	31	30 - 39	Bangor	PA	8:59
2	12	27:58	Aimee Gardina	142	31	30 - 39	East Stroudsburg	PA	9:00
Male 30 - 39									
1	5	21:53	Evan Griswold	158	32	30 - 39	East Stroudsburg	PA	7:03
2	7	23:05	Wesley Ripley	65	30	30 - 39	East Stroudsburg	PA	7:26
Female 40 - 49									
1	6	25:27	Amy Stahlman	75	46	40 - 49	Shippensburg	PA	8:11
2	10	27:38	Finola Conboy	154	46	40 - 49			8:54
Male 40 - 49									
1	12	24:16	James Furiosi	120	43	40 - 49	East Stroudsburg	PA	7:49
2	20	27:53	Tom Salmon	66	49	40 - 49	Henryville	PA	8:58
Female 50 - 59									
1	13	28:10	Rhonda Nicholls	168	54	50 - 59	Henryville	PA	9:04
2	14	28:29	Evelyn Marshall	59	53	50 - 59	Blairstown	NJ	9:10



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Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male	50 - 59								
1	6	22:54	Lee Miller	145	54	50 - 59	Bangor	PA	7:22
2	15	26:33	Davis Duggins	164	56	50 - 59	Stroudsburg	PA	8:33
Female	60 - 69								
1	51	39:48	Sally Shupp	71	64	60 - 69	Drums	PA	12:49
2	54	40:50	Karen Hui	44	63	60 - 69	Stroudsburg	PA	13:09
Male	60 - 69								
1	28	29:52	Edward O'Connor	130	64	60 - 69	East Stroudsburg	PA	9:37
2	35	33:30	Jim Mannello	57	61	60 - 69	Kunkletown	PA	10:47
Male	70 & over								
1	59	1:18:07	Charles Lutte	56	70	70 & over	Stroudsburg	PA	25:09