



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 23, 2017

Overall Finish



clear sky
light breeze

5k Run Total: 114

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
1	358	M	1	19:25	Sam Predmore	15		13 - 19	Carlisle	PA	6:15	72.29
2	206	M	2	19:37	Kyle Buchheister	13		13 - 19	Shippensburg	PA	6:19	74.57
3	353	M	3	19:56	Craig Natalis	31		30 - 39	Carlisle	PA	6:25	65.55
4	347	M	4	20:18	Mike Meadows	59	1	50 - 59	Martinsburg	WV	6:32	78.95
5	352	M	5	20:42	Michael Natale	52	2	50 - 59	York	PA	6:40	73.03
6	331	M	6	21:01	Jeremy Hawk	33		30 - 39 1	Chambersburg	PA	6:46	62.60
7	794	M	7	21:12	Rodrigo Diaz	52	3	50 - 59 1	Carlisle	PA	6:49	71.30
8	378	M	8	21:32	Dakota Strait	14		13 - 19 1	Chambersburg	PA	6:56	66.44
9	792	M	9	21:45	Adam Nonemaker	45	4	40 - 49 1	Newburg	PA	7:00	65.71
10	397	F	1	22:10	Vikki McKane-Dent	46		40 - 49	Fayetteville	PA	7:08	72.76
11	361	M	10	22:16	Jonathan Reyngoudt	13		13 - 19 2	Mechanicsburg	PA	7:10	65.66
12	796	M	11	22:28	Elijah Diaz	10		12 & under 1	Carlisle	PA	7:14	70.84
13	308	F	2	22:29	Carol Bullen	33		30 - 39	Carlisle	PA	7:14	66.10
14	722	M	12	22:42	James Harden	45	5	40 - 49 2	Martinsburg	WV	7:18	62.95
15	346	F	3	22:42	Karen Martin	43		40 - 49	Martinsburg	WV	7:18	69.03
16	389	M	13	23:29	Michael McSherry	53	6	50 - 59 2	Shippensburg	PA	7:34	64.89
17	387	F	4	23:43	Karli Wood	25		20 - 29 1	Mechanicsburg	PA	7:38	62.33
18	400	M	14	24:21	Doug Shields	50	7	50 - 59 3	Shippensburg	PA	7:50	61.08
19	351	M	15	24:21	Aiden Mowers	12		12 & under 2	Chambersburg	PA	7:50	61.56
20	372	M	16	24:24	Ron Slozat	70	8	70 & over 1	Shippensburg	PA	7:51	72.83
21	357	M	17	24:46	Jeff Predmore	50	9	50 - 59 4	Carlisle	PA	7:58	60.05
22	307	M	18	26:03	Noah Brunner	15		13 - 19 3	Carlisle	PA	8:23	53.87
23	356	F	5	26:27	Cheryl Oyler	51	1	50 - 59	Chambersburg	PA	8:31	64.74
24	780	M	19	26:31	Sebastian Boyum	15		13 - 19 4	Shippensburg	PA	8:32	52.92
25	359	M	20	26:47	Eli Reeder	10		12 & under 3	Newville	PA	8:37	59.41
26	318	F	6	27:05	Rebecca Essis	49	2	40 - 49	Chambersburg	PA	8:43	61.64
27	390	M	21	27:08	Tommy Beitler	14		13 - 19 5	Carlisle	PA	8:44	52.70
28	391	M	22	27:08	Peyton Richie	12		12 & under 4	Carlisle	PA	8:44	55.24
29	374	M	23	27:09	Brock Stanton	12		12 & under 5	Carlisle	PA	8:44	55.20
30	782	M	24	27:20	Mil Engle	67	10	60 - 69 1	Shippensburg	PA	8:48	63.00
31	305	F	7	27:21	Stacey Brautigam	37		30 - 39 1	Carlisle	PA	8:48	55.09
32	337	F	8	27:24	Jennifer Johnson	27		20 - 29 2	Chambersburg	PA	8:49	53.95
33	323	F	9	27:32	Holley Friedlander	31		30 - 39 2	Boiling Springs	PA	8:52	53.76



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 23, 2017

Overall Finish



clear sky
light breeze

5k Run Total: 114

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
34	789	M	25	27:43	Bruce Kessler	71	11	70 & over 2	Chambersburg	PA	8:55	64.89
35	332	M	26	27:46	Jeffrey Hein	39		30 - 39 2	Mont Alto	PA	8:56	49.18
36	377	M	27	27:47	Hank Stouffer	13		13 - 19 6	Chambersburg	PA	8:57	52.63
37	312	M	28	27:58	Brad Colwell	68	12	60 - 69 2	Camp Hill	PA	9:00	62.20
38	781	F	10	28:02	Loni Boyum	41	3	40 - 49 1	Shippensburg	PA	9:01	55.02
39	375	M	29	28:16	Kevin Stanton	34		30 - 39 3	Carlisle	PA	9:06	46.76
40	380	M	30	28:18	Scott Strait	51	13	50 - 59 5	Orrstown	PA	9:07	52.95
41	324	M	31	28:21	Joseph George	50	14	50 - 59 6	Carlisle	PA	9:07	52.45
42	354	M	32	28:24	Robert Offutt	46	15	40 - 49 3	Fayetteville	PA	9:08	50.72
43	365	F	11	28:46	Tracey Schultz	37		30 - 39 3	Chambersburg	PA	9:16	52.36
44	342	M	33	28:55	David Lebo	58	16	50 - 59 7	New Cumberland	PA	9:18	54.97
45	388	F	12	28:57	Andrea Shaw	39		30 - 39 4	Carlisle	PA	9:19	52.58
46	787	M	34	28:59	Adrian Tomer	72	17	70 & over 3	Carlisle	PA	9:20	62.90
47	315	F	13	29:39	Sarah Covell	26		20 - 29 3	Saint Thomas	PA	9:33	49.86
48	326	M	35	29:55	Donald Grier	64	18	60 - 69 3	Chambersburg	PA	9:38	55.99
49	329	M	36	30:03	Joshua Haney	26		20 - 29 1	Carlisle	PA	9:40	43.26
50	363	F	14	30:03	Amelia Rine	26		20 - 29 4	Chambersburg	PA	9:40	49.20
51	392	M	37	30:09	Brian Hair	59	19	50 - 59 8	Shippensburg	PA	9:42	53.17
52	360	M	38	30:27	Ken Renfrew	52	20	50 - 59 9	Shippensburg	PA	9:48	49.62
53	381	F	15	30:31	Mabel Van Scyoc	34		30 - 39 5	Shippensburg	PA	9:49	48.82
54	348	M	39	30:31	Eric Mena	47	21	40 - 49 4	Mechanicsburg	PA	9:49	47.56
55	785	M	40	30:37	Myron Lehman	62	22	60 - 69 4	Chambersburg	PA	9:51	53.76
56	322	M	41	30:38	Matthew Fetzer	40	23	40 - 49 5	Shippensburg	PA	9:52	44.91
57	341	F	16	30:46	Heather Kozarski	29		20 - 29 5	Fayetteville	PA	9:54	48.05
58	304	F	17	30:46	Julianna Bender	32		30 - 39 6	Newburg	PA	9:54	48.18
59	309	M	42	31:03	Dean Burkholder	61	24	60 - 69 5	Shippensburg	PA	9:60	52.53
60	327	M	43	31:22	Marlin Gruver	40	25	40 - 49 6	Shippensburg	PA	10:06	43.87
61	393	F	18	31:40	Molly Baehr	60	4	60 - 69 1	Mount Holly Springs	PA	10:12	61.00
62	367	F	19	31:40	Christine Senecal	46	5	40 - 49 2	Shippensburg	PA	10:12	50.92
63	790	F	20	31:40	Kirsten Baehr-Gregorio	32		30 - 39 7	Chambersburg	PA	10:12	46.81
64	335	F	21	31:43	Briana Hurley	15		13 - 19 1	Newville	PA	10:13	48.82
65	328	F	22	31:50	Madeline Hacker	15		13 - 19 2	Boiling Springs	PA	10:15	48.63
66	788	F	23	32:08	Marian Strait	49	6	40 - 49 3	Orrstown	PA	10:21	51.96



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 23, 2017

Overall Finish



clear sky
light breeze

5k Run Total: 114

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
67	319	F	24	32:15	Alison Feeney	47	7	40 - 49 4	Shippensburg	PA	10:23	50.54
68	384	M	44	32:27	Caleb Wetzel	15		13 - 19 7	Carlisle	PA	10:27	43.24
69	336	M	45	32:36	Luke Hurley	15		13 - 19 8	Newville	PA	10:30	43.05
70	366	F	25	32:37	Tricia Scott	35		30 - 39 8	Newville	PA	10:30	45.82
71	330	F	26	32:37	Pamela Harrington	29		20 - 29 6	Carlisle	PA	10:30	45.32
72	370	F	27	32:38	Faith Sheetz	13		13 - 19 3	Mechanicsburg	PA	10:30	48.90
73	355	F	28	33:08	Kristy Owens	35		30 - 39 9	Mechanicsburg	PA	10:40	45.09
74	349	F	29	33:08	Danielle Moore	29		20 - 29 7	Mechanicsburg	PA	10:40	44.62
75	334	M	46	33:18	Jeff Holmes	51	26	50 - 59 10	Chambersburg	PA	10:43	45.01
76	786	F	30	34:01	Stefanie Adams	34		30 - 39 10			10:57	43.78
77	303	M	47	34:01	Lee Barnes	39		30 - 39 4	Chambersburg	PA	10:57	40.14
78	350	M	48	34:10	John Mower	38		30 - 39 5	Shippensburg	PA	10:60	39.67
79	394	F	31	34:12	Janelle Chockla	34		30 - 39 11	Biglerville	PA	11:00	43.54
80	376	F	32	34:20	Amy Stouffer	46	8	40 - 49 5	Chambersburg	PA	11:03	46.96
81	379	F	33	34:20	Doreen Strait	48	9	40 - 49 6	Chambersburg	PA	11:03	48.05
82	333	F	34	34:22	Lori Helman	46	10	40 - 49 7	Chambersburg	PA	11:04	46.91
83	362	F	35	34:47	Jessica Richardson	22		20 - 29 8	Manchester	PA	11:12	42.50
84	793	M	49	34:51	Paul Devlin	31		30 - 39 6	Camp Hill	PA	11:13	37.50
85	783	F	36	34:57	Stacey Russell	46	11	40 - 49 8	Shippensburg	PA	11:15	46.13
86	338	M	50	35:38	Kaleb Jumber	11		12 & under 6	Carlisle	PA	11:28	43.26
87	321	F	37	35:59	Sharyn Fetrow	70	12	70 & over 1	Black Butte Ranch	OR	11:35	62.60
88	369	M	51	36:15	Zachary Sheaffer	10		12 & under 7	Newville	PA	11:40	43.89
89	791	M	52	36:36	Christopher Gregorio	30		30 - 39 7	Chambersburg	PA	11:47	35.62
90	345	M	53	36:53	Sreenath Manickom	35		30 - 39 8	Chambersburg	PA	11:52	36.01
91	754	F	38	36:53	Ellen Kirkner	59	13	50 - 59 1	Chambersburg	PA	11:52	51.63
92	385	F	39	37:17	Irene Whittenberger	47	14	40 - 49 9	Carlisle	PA	12:00	43.72
93	302	M	54	37:32	Bob Archibald	84	27	70 & over 4	Fayetteville	PA	12:05	63.16
94	320	M	55	37:53	Russ Fetrow	71	28	70 & over 5	Black Butte Ranch	OR	12:12	47.47
95	301	M	56	39:15	Rich Alloway	49	29	40 - 49 7	Chambersburg	PA	12:38	37.57
96	316	F	40	39:59	Erica Diehl	45	15	40 - 49 10	Shippensburg	PA	12:52	39.92
97	314	M	57	40:59	Rick Cornell	33		30 - 39 9	Newville	PA	13:11	32.10
98	382	M	58	41:02	Christopher Vanderweel	46	30	40 - 49 8	Shippensburg	PA	13:12	35.10
99	313	F	41	41:07	Krystal Cornell	30		30 - 39 12	Newville	PA	13:14	35.97

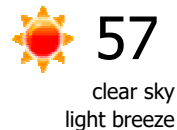


Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 23, 2017

Overall Finish



5k Run Total: 114

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
100	368	F	42	41:22	Jen Sheaffer	35		30 - 39 13	Newville	PA	13:19	36.12
101	339	F	43	41:22	Joanne Jumper	41	16	40 - 49 11	Carlisle	PA	13:19	37.28
102	340	F	44	42:40	Merrilynn Kessler	73	17	70 & over 2	Chambersburg	PA	13:44	55.54
103	311	F	45	43:01	Julie Caldwell	54	18	50 - 59 2	Conestoga	PA	13:51	41.35
104	396	F	46	43:09	Reese Miller	10		12 & under 1	Chambersburg	PA	13:53	39.51
105	395	F	47	43:09	Janine Miller	46	19	40 - 49 12	Chambersburg	PA	13:53	37.36
106	784	F	48	45:04	Denise Lehman	62	20	60 - 69 2	Chambersburg	PA	14:30	44.11
107	386	M	59	46:30	Jacob Wiest	8		12 & under 8	Shippensburg	PA	14:58	36.90
108	364	F	49	47:26	Alix Rouby	39		30 - 39 14	Shippensburg	PA	15:16	32.09
109	317	F	50	50:38	Yvonne Erridge	52	21	50 - 59 3	Lewisberry	PA	16:18	34.23
110	383	F	51	58:35	Pamela Vanderweele	70	22	70 & over 3	Shippensburg	PA	18:51	38.43
111	310	M	60	58:35	Jim Caldwell	56	31	50 - 59 11	Conestoga	PA	18:51	26.67
112	343	F	52	1:02:07	Georgia Livingston	75	23	70 & over 4	Newville	PA	19:60	39.53
113	344	M	61	1:02:22	Jeff Livingston	75	32	70 & over 6	Newville	PA	20:04	30.62
114	795	F	53	1:21:37	Rachel McKinney	81	24	70 & over 5			26:16	33.91