



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 17, 2016

Overall Finish



clear sky
calm

5k Run Total: 100

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
1	101	M	1	17:18	Josh Velez	20		20 - 29	Lewistown	PA	5:34	76.02
2	490	M	2	19:18	Scott Wetzel	37		30 - 39	New Providence	NJ	6:13	69.77
3	454	M	3	20:27	Josh Lebo	23		20 - 29	New Cumberland	PA	6:35	63.57
4	436	F	1	20:40	Joanna Hayes	30		30 - 39	Carlisle	PA	6:39	71.59
5	493	M	4	20:46	Kevin Woy	51	1	50 - 59	Chambersburg	PA	6:41	72.16
6	452	F	2	21:41	Tasha Koenig	37		30 - 39	Shippensburg	PA	6:59	69.46
7	451	M	5	21:53	Michael Kirkpatrick	34		30 - 39 1	Shippensburg	PA	7:03	60.42
8	495	M	6	22:17	William Craig	37		30 - 39 2	Harrisburg	PA	7:10	60.42
9	462	M	7	22:21	Jonathan Reyngoudt	12		12 & under 1	Mechanicsburg	PA	7:12	67.07
10	435	M	8	22:37	Jeremy Hawk	32		30 - 39 3	Chambersburg	PA	7:17	57.95
11	494	M	9	22:43	Elijah Diaz	9		12 & under 2	Carlisle	PA	7:19	72.63
12	472	M	10	23:28	Ron Slozat	69	2	60 - 69	Shippensburg	PA	7:33	74.86
13	469	M	11	24:31	Sam Sheetz	10		12 & under 3	Mechanicsburg	PA	7:53	64.95
14	450	F	3	24:54	Amanda Kirkpatrick	35		30 - 39	Shippensburg	PA	8:01	53.35
15	481	M	12	25:31	Matt Tuckey	41	3	40 - 49 1	Boiling Springs	PA	8:13	54.32
16	479	M	13	25:31	Carson Tuckey	11		12 & under 4	Boiling Springs	PA	8:13	60.42
17	426	F	4	25:40	Aralyn Hacker	12		12 & under 1	Boiling Springs	PA	8:16	63.36
18	406	M	14	25:55	Michael Brant	14		13 - 19 1	Carlisle	PA	8:21	55.20
19	484	F	5	25:58	Lindsay Varner	29		20 - 29 1	Carlisle	PA	8:21	56.93
20	402	M	15	26:19	Tommy Beitler	13		13 - 19 2	Carlisle	PA	8:28	55.56
21	500	M	16	26:25	Ben Wetzel	41	4	40 - 49 2	Orrstown	PA	8:30	52.49
22	412	M	17	26:29	Bryon Cianciulli	17		13 - 19 3	Shippensburg	PA	8:31	51.42
23	434	F	6	26:37	Lexi Hanlin	10		12 & under 2	York Springs	PA	8:34	64.04
24	117	F	7	26:48	Loni Boyum	40	1	40 - 49	Shippensburg	PA	8:38	57.15
25	455	F	8	26:50	Marjorie Lebo	55	2	50 - 59	New Cumberland	PA	8:38	67.20
26	470	M	18	27:03	Christopher Sheipe	29		20 - 29 1	Clarksburg	MA	8:42	48.12
27	496	M	19	27:25	Mil Engle	66	5	60 - 69 1	Shippensburg	PA	8:49	62.25
28	408	F	9	27:47	Sarah Brooks	10		12 & under 3	Shippensburg	PA	8:57	61.34
29	483	M	20	27:53	Brock Vanderwyst	11		12 & under 5	Middletown	PA	8:58	55.28
30	443	M	21	28:00	Jeff Holmes	50	6	50 - 59 1	Chambersburg	PA	9:01	53.10
31	474	F	10	28:06	Jessica Smosky	27		20 - 29 2	Clarksburg	MA	9:03	52.61
32	439	F	11	28:28	Alexa Henry	13		13 - 19 1	Shippensburg	PA	9:10	56.07
33	457	M	22	28:39	Laszlo Madaras	54	7	50 - 59 2	Greencastle	PA	9:13	53.61



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34	118	M	23	28:47	David De'Bruin	47	8	40 - 49 3	Shippensburg	PA	9:16	50.42
35	424	M	24	29:02	Donald Grier	63	9	60 - 69 2	Chambersburg	PA	9:21	57.18
36	456	M	25	29:05	Jeff Logan	66	10	60 - 69 3	Carlisle	PA	9:22	58.69
37	419	M	26	29:12	Peter De Bruin	13		13 - 19 4	Shippensburg	PA	9:24	50.06
38	428	M	27	29:15	Brian Hair	58	11	50 - 59 3	Shippensburg	PA	9:25	54.32
39	476	F	12	29:43	Marian Strait	48	3	40 - 49 1	Orrstown	PA	9:34	55.51
40	499	F	13	29:45	Melissa Wetzel	40	4	40 - 49 2	Pleasant Hall	PA	9:35	51.48
41	473	F	14	30:07	Alex Smith	13		13 - 19 2	Carlisle	PA	9:42	52.99
42	486	M	28	30:23	Brad Westhafer	64	12	60 - 69 4	Mechanicsburg	PA	9:47	55.16
43	416	M	29	30:24	Cameron Cramer	14		13 - 19 5	Shippensburg	PA	9:47	47.04
44	488	M	30	30:35	Caleb Wetzel	14		13 - 19 6	Carlisle	PA	9:51	46.76
45	461	M	31	30:36	Randall Pellow	72	13	70 & over 1	Shippensburg	PA	9:51	59.59
46	421	M	32	31:00	Drew Fogelsanger	12		12 & under 6	Flintstone	MD	9:59	48.36
47	471	F	15	31:16	Danielle Simpson	31		30 - 39 1	Everett	PA	10:04	47.36
48	429	F	16	31:18	Amanda Hallyburton	37		30 - 39 2	Shippensburg	PA	10:04	48.13
49	418	F	17	31:18	Donna Dalessandro	51	5	50 - 59 1	Carlisle	PA	10:04	54.69
50	440	M	33	31:24	Jason Henry	38		30 - 39 4	Shippensburg	PA	10:06	43.17
51	441	M	34	31:24	Noah Henry	11		12 & under 7	Shippensburg	PA	10:06	49.12
52	442	F	18	31:45	Christina Hershey	41	6	40 - 49 3	Shippensburg	PA	10:13	48.58
53	409	M	35	31:51	Dean Burkholder	60	14	60 - 69 5	Shippensburg	PA	10:15	50.75
54	403	F	19	31:57	Julianna Bender	31		30 - 39 3	Newburg	PA	10:17	46.34
55	478	F	36	32:13	Brady Tuckey	8		12 & under 8	Boiling Springs	PA	10:22	53.24
56	422	M	37	32:19	Stephen Fogelsanger	9		12 & under 9	Flintstone	MD	10:24	51.01
57	480	F	20	32:26	Kristin Tuckey	41	7	40 - 49 4	Boiling Springs	PA	10:26	47.56
58	492	F	21	32:27	Colleen Woy	52	8	50 - 59 2	Chambersburg	PA	10:27	53.43
59	407	F	22	32:31	Jill Bricker	43	9	40 - 49 5	Chambersburg	PA	10:28	48.18
60	468	F	23	32:36	Faith Sheetz	12		12 & under 4	Mechanicsburg	PA	10:30	49.89
61	430	M	38	32:37	George Hammar	45	15	40 - 49 4	Carlisle	PA	10:30	43.82
62	431	F	24	32:37	Rylee Hammar	12		12 & under 5	Carlisle	PA	10:30	49.86
63	445	M	39	32:48	Luke Hurley	14		13 - 19 7	Newville	PA	10:33	43.60
64	459	F	25	32:54	Bonni Myers	30		30 - 39 4	Orrstown	PA	10:35	44.96
65	444	F	26	32:59	Briana Hurley	14		13 - 19 3	Newville	PA	10:37	47.59
66	427	F	27	33:00	Madeline Hacker	14		13 - 19 4	Boiling Springs	PA	10:37	47.59



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67	437	M	40	33:14	Kevin Hayes	28		20 - 29 2	Carlisle	PA	10:42	39.14
68	417	F	28	33:34	Kimberly Cramer	38		30 - 39 5	Shippensburg	PA	10:48	45.09
69	438	F	29	33:56	Lori Helman	45	10	40 - 49 6	Chambersburg	PA	10:55	47.03
70	463	F	30	34:28	Jessica Richardson	21		20 - 29 3	Manchester	PA	11:06	42.89
71	108	F	31	34:46	Takia Cary	33		30 - 39 6	Maugansville	MD	11:11	42.73
72	111	M	41	34:46	Lance Mitchell	45	16	40 - 49 5	Chambersburg	PA	11:11	41.10
73	410	F	32	35:11	Pamela Castle	47	11	40 - 49 7	Chambersburg	PA	11:19	46.34
74	491	F	33	35:23	Melissa Wood	33		30 - 39 7	Middletown	PA	11:23	41.98
75	475	M	42	35:23	Kevin Stanton	33		30 - 39 5	Middletown	PA	11:23	37.18
76	404	F	34	35:42	Katie Boyer	28		20 - 29 4	Chambersburg	PA	11:29	41.41
77	489	F	35	35:53	Jen Wetzel	37		30 - 39 8	New Providence	NJ	11:33	41.98
78	487	M	43	37:21	John Westhafer	59	17	50 - 59 4	Mechanicsburg	PA	12:01	42.90
79	460	M	44	37:25	Joel Parthemore	12		12 & under 10	Newville	PA	12:03	40.06
80	477	F	36	37:27	Christine Tiday	42	12	40 - 49 8	Carlisle	PA	12:03	41.49
81	453	F	37	37:58	Sandy Krediet	58	13	50 - 59 3	Chambersburg	PA	12:13	49.47
82	458	F	38	38:16	Danielle Moats	44	14	40 - 49 9	Shippensburg	PA	12:19	41.31
83	446	M	45	39:18	Kaleb Jumber	10		12 & under 11	Carlisle	PA	12:39	40.50
84	465	M	46	39:38	Mason Salvadge	10		12 & under 12	Flintstone	MD	12:45	40.14
85	400	F	39	39:38	Erin Agrati	39		30 - 39 9	Flintstone	MD	12:45	38.41
86	432	F	40	39:57	Jennifer Hanlin	40	15	40 - 49 10	York Springs	PA	12:52	38.35
87	433	M	47	39:58	Ken Hanlin	43	18	40 - 49 6	York Springs	PA	12:52	35.21
88	425	M	48	40:23	Marlin Gruver	39		30 - 39 6	Shippensburg	PA	12:60	33.82
89	447	F	41	41:44	Joanne Jumper	40	16	40 - 49 11	Carlisle	PA	13:26	36.70
90	112	F	42	42:32	Althea Martin	35		30 - 39 10	Shippensburg	PA	13:41	35.13
91	466	F	43	42:43	Jen Sheaffer	34		30 - 39 11	Newville	PA	13:45	34.87
92	413	M	49	45:59	Christopher Cianciulli	11		12 & under 13	Shippensburg	PA	14:48	33.53
93	415	M	50	46:11	Victor Cianciulli	46	19	40 - 49 7	Shippensburg	PA	14:52	31.19
94	414	F	44	46:12	Sherry Cianciulli	44	17	40 - 49 12	Shippensburg	PA	14:52	34.21
95	423	F	45	46:38	Brianna Gipe	23		20 - 29 5	Shippensburg	PA	15:01	31.70
96	448	F	46	46:40	Kady Keck	19		13 - 19 5	Carlisle	PA	15:01	31.80
97	420	F	47	47:29	Jennifer Everhard	31		30 - 39 12	Harrisburg	PA	15:17	31.18
98	405	F	48	53:12	Brandy Brant	35		30 - 39 13	Carlisle	PA	17:07	28.08
99	464	F	49	53:12	Tara Russo	39		30 - 39 14	Shiremanstown	PA	17:07	28.61



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100	482	F	50	57:24	Nikki Urban	56	18	50 - 59 4	Shippensburg	PA	18:29	31.83