



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 23, 2017

Awards



clear sky
light breeze

Overall

Place	Over All	Time	Name	Race Number	Age On Race Day	Masters	Age Group / Place	City	State	Pace / Mile
Female		Total: 3								
1	10	22:10	Vikki McKane-Dent	397	46		40 - 49	Fayetteville	PA	7:08
2	13	22:29	Carol Bullen	308	33		30 - 39	Carlisle	PA	7:14
3	15	22:42	Karen Martin	346	43		40 - 49	Martinsburg	WV	7:18
Male		Total: 3								
1	1	19:25	Sam Predmore	358	15		13 - 19	Carlisle	PA	6:15
2	2	19:37	Kyle Buchheister	206	13		13 - 19	Shippensburg	PA	6:19
3	3	19:56	Craig Natalis	353	31		30 - 39	Carlisle	PA	6:25

Masters

Place	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female		Total: 2							
1	23	26:27	Cheryl Oyler	356	51	50 - 59	Chambersburg	PA	8:31
2	26	27:05	Rebecca Eسس	318	49	40 - 49	Chambersburg	PA	8:43
Male		Total: 2							
1	4	20:18	Mike Meadows	347	59	50 - 59	Martinsburg	WV	6:32
2	5	20:42	Michael Natale	352	52	50 - 59	York	PA	6:40

Age Graded Percent

Age Grade Place	Name	Age Graded %	Over All	Time	Adjusted Time	Adjusted Place	Age	Race Number	City	State
1	Mike Meadows	78.95	4	20:18	16:28		M 59	347	Martinsburg	WV
2	Kyle Buchheister	74.57	2	19:37	17:26		M 13	206	Shippensburg	PA
3	Michael Natale	73.03	5	20:42	17:48		M 52	352	York	PA
4	Ron Slozat	72.83	20	24:24	17:51		M 70	372	Shippensburg	PA
5	Vikki McKane-Dent	72.76	10	22:10	20:19		F 46	397	Fayetteville	PA
6	Sam Predmore	72.29	1	19:25	17:59		M 15	358	Carlisle	PA
7	Rodrigo Diaz	71.30	7	21:12	18:14		M 52	794	Carlisle	PA
8	Elijah Diaz	70.84	12	22:28	18:21		M 10	796	Carlisle	PA
9	Karen Martin	69.03	15	22:42	21:25		F 43	346	Martinsburg	WV
10	Dakota Strait	66.44	8	21:32	19:34		M 14	378	Chambersburg	PA



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Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female 12 & under									
1	46	43:09	Reese Miller	396	10	12 & under	Chambersburg	PA	13:53
Male 12 & under									
1	11	22:28	Elijah Diaz	796	10	12 & under	Carlisle	PA	7:14
2	15	24:21	Aiden Mowers	351	12	12 & under	Chambersburg	PA	7:50
Female 13 - 19									
1	21	31:43	Briana Hurley	335	15	13 - 19	Newville	PA	10:13
2	22	31:50	Madeline Hacker	328	15	13 - 19	Boiling Springs	PA	10:15
Male 13 - 19									
1	8	21:32	Dakota Strait	378	14	13 - 19	Chambersburg	PA	6:56
2	10	22:16	Jonathan Reyngoudt	361	13	13 - 19	Mechanicsburg	PA	7:10
Female 20 - 29									
1	4	23:43	Karli Wood	387	25	20 - 29	Mechanicsburg	PA	7:38
2	8	27:24	Jennifer Johnson	337	27	20 - 29	Chambersburg	PA	8:49
Male 20 - 29									
1	36	30:03	Joshua Haney	329	26	20 - 29	Carlisle	PA	9:40
Female 30 - 39									
1	7	27:21	Stacey Brautigam	305	37	30 - 39	Carlisle	PA	8:48
2	9	27:32	Holley Friedlander	323	31	30 - 39	Boiling Springs	PA	8:52
Male 30 - 39									
1	6	21:01	Jeremy Hawk	331	33	30 - 39	Chambersburg	PA	6:46
2	26	27:46	Jeffrey Hein	332	39	30 - 39	Mont Alto	PA	8:56
Female 40 - 49									
1	10	28:02	Loni Boyum	781	41	40 - 49	Shippensburg	PA	9:01
2	19	31:40	Christine Senecal	367	46	40 - 49	Shippensburg	PA	10:12
Male 40 - 49									
1	9	21:45	Adam Nonemaker	792	45	40 - 49	Newburg	PA	7:00
2	12	22:42	James Harden	722	45	40 - 49	Martinsburg	WV	7:18
Female 50 - 59									
1	38	36:53	Ellen Kirkner	754	59	50 - 59	Chambersburg	PA	11:52
2	45	43:01	Julie Caldwell	311	54	50 - 59	Conestoga	PA	13:51

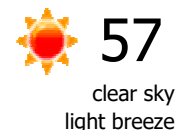


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Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male	50 - 59								
1	7	21:12	Rodrigo Diaz	794	52	50 - 59	Carlisle	PA	6:49
2	13	23:29	Michael McSherry	389	53	50 - 59	Shippensburg	PA	7:34
Female	60 - 69								
1	18	31:40	Molly Baehr	393	60	60 - 69	Mount Holly Springs	PA	10:12
2	48	45:04	Denise Lehman	784	62	60 - 69	Chambersburg	PA	14:30
Male	60 - 69								
1	24	27:20	Mil Engle	782	67	60 - 69	Shippensburg	PA	8:48
2	28	27:58	Brad Colwell	312	68	60 - 69	Camp Hill	PA	9:00
Female	70 & over								
1	37	35:59	Sharyn Fetrow	321	70	70 & over	Black Butte Ranch	OR	11:35
2	44	42:40	Merrilynn Kessler	340	73	70 & over	Chambersburg	PA	13:44
Male	70 & over								
1	16	24:24	Ron Slozat	372	70	70 & over	Shippensburg	PA	7:51
2	25	27:43	Bruce Kessler	789	71	70 & over	Chambersburg	PA	8:55