



# Cumberland Valley Rails-to-Trails Council

## Race, Run, Ride & Ramble 15K

### April 23, 2017

### Overall Finish

**15k Race Total: 76**

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade	
1	740	M	1	53:20	Charles Larsen	26		20 - 29	York	PA	5:43	77.28	
2	777	M	2	59:11	Bill Dann	49		40 - 49	Chambersburg	PA	6:21	78.53	
3	778	M	3	1:03:36	Tim Fisler	46		40 - 49	Chambersburg	PA	6:49	71.31	
<b>4</b>	<b>758</b>	<b>F</b>	<b>1</b>	<b>1:06:13</b>	<b>Brooke Schellhase</b>	<b>35</b>		<b>30 - 39</b>	Fayetteville	PA	7:06	70.91	
5	743	M	4	1:06:45	Michael Layser	32		30 - 39	1	Harrisburg	PA	7:10	61.93
6	764	M	5	1:08:23	Rodney Small	55	1	50 - 59		Chambersburg	PA	7:20	71.49
7	752	M	6	1:08:34	Michael Natale	52	2	50 - 59		York	PA	7:21	69.51
8	730	M	7	1:08:57	Jason Huber	41	3	40 - 49	1	Chambersburg	PA	7:24	63.23
<b>9</b>	<b>742</b>	<b>F</b>	<b>2</b>	<b>1:09:40</b>	<b>Megan Larsen</b>	<b>29</b>		<b>20 - 29</b>		York	PA	7:28	66.70
<b>10</b>	<b>715</b>	<b>F</b>	<b>3</b>	<b>1:09:42</b>	<b>Kelly Dworak</b>	<b>54</b>		<b>50 - 59</b>		Carlisle	PA	7:29	80.23
11	757	M	8	1:10:17	Bryan Quinn	33		30 - 39	2	Newville	PA	7:32	58.98
12	708	M	9	1:11:18	Thomas Crochunis	57	4	50 - 59	1	Shippensburg	PA	7:39	69.80
13	735	M	10	1:11:57	Michael Kirkpatrick	35		30 - 39	3	Shippensburg	PA	7:43	58.08
<b>14</b>	<b>398</b>	<b>F</b>	<b>4</b>	<b>1:12:26</b>	<b>Vikki Dent</b>	<b>46</b>	1	<b>40 - 49</b>			7:46	69.96	
15	716	M	11	1:12:40	David Dymond	53	5	50 - 59	2	Chambersburg	PA	7:48	66.14
16	744	M	12	1:12:50	Craig Leisher	56	6	50 - 59	3	Chambersburg	PA	7:49	67.72
<b>17</b>	<b>760</b>	<b>F</b>	<b>5</b>	<b>1:13:17</b>	<b>Amy Shelly</b>	<b>38</b>		<b>30 - 39</b>	1	Chambersburg	PA	7:52	64.93
<b>18</b>	<b>726</b>	<b>F</b>	<b>6</b>	<b>1:13:41</b>	<b>Cheryl Hipple</b>	<b>41</b>	2	<b>40 - 49</b>		Shippensburg	PA	7:54	65.79
<b>19</b>	<b>705</b>	<b>F</b>	<b>7</b>	<b>1:14:40</b>	<b>Tracy Brown</b>	<b>35</b>		<b>30 - 39</b>	2	Hagerstown	MD	8:01	62.89
<b>20</b>	<b>772</b>	<b>F</b>	<b>8</b>	<b>1:15:04</b>	<b>Sue Wright</b>	<b>57</b>	3	<b>50 - 59</b>	1	Harrisburg	PA	8:03	77.55
<b>21</b>	<b>765</b>	<b>F</b>	<b>9</b>	<b>1:15:44</b>	<b>Christen Snyder</b>	<b>52</b>	4	<b>50 - 59</b>	2	Harrisburg	PA	8:08	71.95
<b>22</b>	<b>228</b>	<b>F</b>	<b>10</b>	<b>1:15:53</b>	<b>Alanna Sweetser</b>	<b>26</b>		<b>20 - 29</b>	1	Greencastle	PA	8:08	61.23
23	371	M	13	1:17:07	Samuel Sheetz	11		19 & under	1	Mechanicsburg	PA	8:16	63.46
<b>24</b>	<b>774</b>	<b>F</b>	<b>11</b>	<b>1:17:15</b>	<b>Susan Pelfrey</b>	<b>53</b>	5	<b>50 - 59</b>	3	Farmington	PA	8:17	71.45
25	207	M	14	1:17:30	Tadhg Pooler	12		19 & under	2	Chambersburg	PA	8:19	61.38
26	779	M	15	1:17:37	David Greene	50	7	50 - 59	4	Newville	PA	8:20	60.38
<b>27</b>	<b>797</b>	<b>F</b>	<b>12</b>	<b>1:18:03</b>	<b>Tracey Buchheister</b>	<b>41</b>	6	<b>40 - 49</b>	1		8:22	62.11	
28	745	M	16	1:18:04	Bradley Long	22		20 - 29	1	Carlisle	PA	8:23	52.82
<b>29</b>	<b>767</b>	<b>F</b>	<b>13</b>	<b>1:19:00</b>	<b>Ashley Tkacik</b>	<b>32</b>		<b>30 - 39</b>	3	Chambersburg	PA	8:29	58.98
30	709	M	17	1:19:00	Wes Decker	48	8	40 - 49	2	Hagerstown	MD	8:29	58.35
<b>31</b>	<b>771</b>	<b>F</b>	<b>14</b>	<b>1:19:50</b>	<b>Bethany Wetzel</b>	<b>18</b>		<b>19 &amp; under</b>	1	Carlisle	PA	8:34	58.94
<b>32</b>	<b>717</b>	<b>F</b>	<b>15</b>	<b>1:19:50</b>	<b>Chloe Fealtman</b>	<b>20</b>		<b>20 - 29</b>	2	Carlisle	PA	8:34	58.24
33	769	M	18	1:21:03	Jerry Webber	47	9	40 - 49	3	Palmyra	PA	8:42	56.41



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April 23, 2017

### Overall Finish



few clouds  
gentle breeze

#### 15k Race Total: 76

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
34	707	F	16	1:21:37	Bonnie Craig	34		30 - 39 4	Shippensburg	PA	8:45	57.35
35	750	F	17	1:23:16	Becky Michaelian	54	7	50 - 59 4	Mechanicsburg	PA	8:56	67.15
36	734	F	18	1:23:26	Amanda Kirkpatrick	36		30 - 39 5	Shippensburg	PA	8:57	56.49
37	741	F	19	1:24:34	Katie Larsen	26		20 - 29 3	Shippensburg	PA	9:04	54.95
38	718	M	19	1:24:41	Steve Fealtman	54	10	50 - 59 5	Carlisle	PA	9:05	57.25
39	723	F	20	1:25:20	Kim Helder	29		20 - 29 4	Carlisle	PA	9:09	54.45
40	721	F	21	1:25:20	Aralyn Hacker	13		19 & under 2	Boiling Springs	PA	9:09	59.51
41	747	F	22	1:26:07	Denise Mauz	62	8	60 - 69 1	New Cumberland	PA	9:14	72.55
42	773	M	20	1:26:47	Christopher Gilliland	35		30 - 39 4	Fayetteville	PA	9:19	48.15
43	766	F	23	1:27:01	Rebecca Spencer	27		20 - 29 5	Newburg	PA	9:20	53.40
44	738	F	24	1:27:02	Mary Koontz	44	9	40 - 49 2	Finksburg	MD	9:20	57.07
45	776	F	25	1:28:05	Marjorie Lebo	56	10	50 - 59 5	New Cumberland	PA	9:27	65.19
46	759	F	26	1:28:16	Sandy Seaux	38		30 - 39 6	Carlisle	PA	9:28	53.90
47	751	M	21	1:28:26	Hap Miller	73	11	70 & over 1	Carlisle	PA	9:29	66.12
48	739	F	27	1:29:48	Kelly Krutz	43	11	40 - 49 3	Carlisle	PA	9:38	54.83
49	748	M	22	1:30:39	Sean McCarthy	38		30 - 39 5	Martinsburg	WV	9:44	47.01
50	399	F	28	1:31:49	Carol Varano	58	12	50 - 59 6			9:51	64.27
51	761	M	23	1:31:53	Timothy Shenk	35		30 - 39 6	Narvon	PA	9:51	45.48
52	770	F	29	1:31:53	Amy Wenger	33		30 - 39 7	Pleasant Hall	PA	9:51	50.81
53	733	F	30	1:32:06	Holly Kennedy	51	13	50 - 59 7	Shippensburg	PA	9:53	58.41
54	701	M	24	1:33:57	Rich Albright	51	12	50 - 59 6	Hampstead	MD	10:05	50.29
55	702	F	31	1:34:46	Shannon Alloway	44	14	40 - 49 4	Chambersburg	PA	10:10	52.42
56	728	F	32	1:37:05	Christie Hostetter	40	15	40 - 49 5	Shippensburg	PA	10:25	49.59
57	775	M	25	1:37:07	Jim Becker	75	13	70 & over 2	Greencastle	PA	10:25	62.12
58	768	M	26	1:38:30	Kevin Triplett	36		30 - 39 7	Cockeysville	MD	10:34	42.66
59	710	F	33	1:40:27	Rachel Diehl	31		30 - 39 8	Shippensburg	PA	10:47	46.31
60	720	F	34	1:41:17	Misty Grillo	39		30 - 39 9	Chambersburg	PA	10:52	47.24
61	749	M	27	1:42:30	Tom McCulloh	64	14	60 - 69 1	Mercersburg	PA	10:60	51.75
62	706	F	35	1:45:37	Joy Clever	40	16	40 - 49 6	Chambersburg	PA	11:20	45.58
63	727	F	36	1:46:39	Norma Holsopple	54	17	50 - 59 8	Shippensburg	PA	11:27	52.43
64	732	F	37	1:51:11	Heidi Keeney	37		30 - 39 10	Frederick	MD	11:56	42.58
65	731	F	38	1:51:45	Suada Katic	41	18	40 - 49 7	Shippensburg	PA	11:59	43.37
66	746	F	39	1:52:11	Joyce Lukima	54	19	50 - 59 9	Mechanicsburg	PA	12:02	49.84



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### April 23, 2017

### Overall Finish

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Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
67	756	F	40	1:52:11	Melissa Powers	36		30 - 39 11	Newville	PA	12:02	42.01
68	762	M	28	1:53:43	Matthew Shupp	39		30 - 39 8	Shippensburg	PA	12:12	37.76
69	763	F	41	1:53:44	Sarah Shupp	32		30 - 39 12	Shippensburg	PA	12:12	40.96
70	712	M	29	1:57:43	Brent Durham	55	15	50 - 59 7	Newville	PA	12:38	41.54
71	714	F	42	1:57:43	Mary Anne Durham	54	20	50 - 59 10	Newville	PA	12:38	47.50
72	713	F	43	1:57:43	Katrina Durham	25		20 - 29 6	Carlisle	PA	12:38	39.47
73	736	M	30	1:58:50	Kelly Knepper	54	16	50 - 59 8	Chambersburg	PA	12:45	40.79
74	719	F	44	1:59:50	Anna Gale	27		20 - 29 7	Mechanicsburg	PA	12:51	38.78
75	737	F	45	2:13:32	Sabrina Knepper	37		30 - 39 13	Chambersburg	PA	14:20	35.45
76	703	M	31	2:17:52	Leon Bierbower	81	17	70 & over 3	Chambersburg	PA	14:47	49.67