

# The Harbor

## New Beginnings 5K

### January 11, 2015

### Awards

#### Overall

Place	Over All	Time	Name	Race Number	Age On Race Day	Masters	Age Group / Place	City	State	Pace / Mile
<b>Female</b>			<b>Total: 1</b>							
<b>1</b>	10	26:40	Deborah Swope	986	46		35 - 49	Waynesboro	PA	8:35
<b>Male</b>			<b>Total: 1</b>							
<b>1</b>	1	18:53	Jim Smiley	980	40		35 - 49	New Bloomfield	PA	6:05

#### Age Adjusted Finish

Adjusted Place	Over All	Adjusted Time	Time	Name	Race Number	Age	Masters	Age Group / Place	City	State
<b>Female</b>										
<b>1</b>	10	24:27	26:40	Deborah Swope	986	46		35 - 49	Waynesboro	PA
<b>2</b>	13	24:28	28:20	Norma Holsopple	926	51		50 - 64 <b>1</b>	Shippensburg	PA
<b>3</b>	12	26:26	27:47	Virginia Coover	908	42		35 - 49 <b>2</b>	Shippensburg	PA
<b>Male</b>										
<b>1</b>	4	17:42	20:45	Rodney Small	979	53		50 - 64 <b>1</b>	Chambersburg	PA
<b>2</b>	1	17:50	18:53	Jim Smiley	980	40		35 - 49	New Bloomfield	PA
<b>3</b>	5	19:12	23:16	Myron Kremer	957	57		50 - 64 <b>2</b>	Winchester	VA

#### Age Graded Percent

Adjusted Place	Name	Age Graded %	Over All	Time	Adjusted Time	Gender	Age	Race Number	City	State
1	Rodney Small	73.45	4	20:45	17:42	M	53	979	Chambersburg	PA
2	Jim Smiley	72.9	1	18:53	17:50	M	40	980	New Bloomfield	PA
3	Myron Kremer	67.71	5	23:16	19:12	M	57	957	Winchester	VA

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#### Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Male</b>	<b>12 &amp; under</b>								
<b>1</b>	22	48:32	Sebastion Sharp	996	7	12 & under			15:37
<b>Male</b>	<b>13 - 19</b>								
<b>1</b>	8	24:14	Bailey Renfrew	970	15	13 - 19	Shippensburg	PA	7:48
<b>Male</b>	<b>20 - 34</b>								
<b>1</b>	2	19:50	Zachary Asper	901	34	20 - 34	Shippensburg	PA	6:23
<b>Female</b>	<b>35 - 49</b>								
<b>1</b>	2	27:31	Christianna Benner	903	39	35 - 49	Shippensburg	PA	8:51
<b>Male</b>	<b>35 - 49</b>								
<b>1</b>	6	23:21	Dustin Timmons	989	35	35 - 49	Orrstown	PA	7:31
<b>Female</b>	<b>50 - 64</b>								
<b>1</b>	4	28:20	Norma Holsopple	926	51	50 - 64	Shippensburg	PA	9:07
<b>Male</b>	<b>50 - 64</b>								
<b>1</b>	4	20:45	Rodney Small	979	53	50 - 64	Chambersburg	PA	6:41
<b>Female</b>	<b>65 &amp; over</b>								
<b>1</b>	11	46:25	Joanne Timmons	990	65	65 & over			14:56
<b>Male</b>	<b>65 &amp; over</b>								
<b>1</b>	20	46:26	Dan Timmons	988	65	65 & over			14:57