



Penn State Hershey Pulmonary Research  
 John H. Harmon Memorial 5k  
 October 05, 2013  
 Awards

Overall

| Place         | Over All | Time  | Name            | Race Number | Age On Race Day | Masters | Age Group / Place | City         | State | Pace / Mile |
|---------------|----------|-------|-----------------|-------------|-----------------|---------|-------------------|--------------|-------|-------------|
| <b>Female</b> |          |       | <b>Total: 1</b> |             |                 |         |                   |              |       |             |
| <b>1</b>      | 5        | 21:14 | Katie Thompson  | 340         | 32              |         | 30 - 34           | Chambersburg | PA    | 6:50        |
| <b>Male</b>   |          |       | <b>Total: 1</b> |             |                 |         |                   |              |       |             |
| <b>1</b>      | 1        | 17:59 | Matt Elgin      | 357         | 42              |         | 40 - 44           | Chambersburg | PA    | 5:47        |

Age Adjusted Finish

| Adjusted Place | Over All | Adjusted Time | Time  | Name           | Race Number | Age | Masters | Age Group / Place  | City         | State |
|----------------|----------|---------------|-------|----------------|-------------|-----|---------|--------------------|--------------|-------|
| <b>Female</b>  |          |               |       |                |             |     |         |                    |              |       |
| <b>1</b>       | 10       | 21:01         | 22:41 | Amy Stahlman   | 235         | 45  |         | 45 - 49 <b>1</b>   | Shippensburg | PA    |
| <b>2</b>       | 5        | 21:10         | 21:14 | Katie Thompson | 340         | 32  |         | 30 - 34            | Chambersburg | PA    |
| <b>3</b>       | 11       | 21:24         | 22:41 | Suzanne Trinh  | 328         | 43  |         | 40 - 44 <b>1</b>   | Waynesboro   | PA    |
| <b>Male</b>    |          |               |       |                |             |     |         |                    |              |       |
| <b>1</b>       | 1        | 16:44         | 17:59 | Matt Elgin     | 357         | 42  |         | 40 - 44            | Chambersburg | PA    |
| <b>2</b>       | 16       | 17:02         | 23:34 | Jim Becker     | 342         | 71  |         | 70 & over <b>1</b> | Greencastle  | PA    |
| <b>3</b>       | 3        | 17:27         | 20:17 | Craig Leisher  | 311         | 52  |         | 50 - 54 <b>1</b>   | Chambersburg | PA    |



## John H. Harmon Memorial 5k

October 05, 2013

### Awards

#### Age Groups

| Age Group                    | Over All | Time  | Name             | Race Number | Age On Race Day | Age Group  | City         | State | Pace / Mile |
|------------------------------|----------|-------|------------------|-------------|-----------------|------------|--------------|-------|-------------|
| <b>Female 14 &amp; under</b> |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 4        | 22:47 | Hannah Kulla     | 343         | 14              | 14 & under | Waynesboro   | PA    | 7:20        |
| <b>Female 15 - 19</b>        |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 6        | 24:43 | Jena Leisher     | 312         | 19              | 15 - 19    | Chambersburg | PA    | 7:57        |
| <b>2</b>                     | 22       | 34:53 | Leah Kline       | 307         | 15              | 15 - 19    | Chambersburg | PA    | 11:14       |
| <b>3</b>                     | 28       | 37:55 | Colleen Hoover   | 305         | 19              | 15 - 19    | Chambersburg | PA    | 12:12       |
| <b>Male 15 - 19</b>          |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 14       | 24:49 | Taylor Kulla     | 344         | 15              | 15 - 19    |              |       | 7:59        |
| <b>Male 20 - 24</b>          |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 10       | 23:05 | Nathan Sourbier  | 325         | 23              | 20 - 24    | Chambersburg | PA    | 7:26        |
| <b>Female 25 - 29</b>        |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 15       | 31:41 | Ashley Smith     | 324         | 28              | 25 - 29    | Chambersburg | PA    | 10:12       |
| <b>2</b>                     | 19       | 32:49 | Renee Williams   | 333         | 25              | 25 - 29    | Fayetteville | PA    | 10:34       |
| <b>3</b>                     | 20       | 33:15 | Jennifer Doub    | 360         | 25              | 25 - 29    |              |       | 10:42       |
| <b>Male 25 - 29</b>          |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 5        | 21:15 | David Snider     | 349         | 28              | 25 - 29    |              |       | 6:50        |
| <b>2</b>                     | 15       | 27:33 | Luis Millan      | 316         | 29              | 25 - 29    | Chambersburg | PA    | 8:52        |
| <b>Female 30 - 34</b>        |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 7        | 24:55 | Sarah Bodard     | 359         | 34              | 30 - 34    |              |       | 8:01        |
| <b>2</b>                     | 10       | 27:05 | Laura Cunningham | 297         | 32              | 30 - 34    | Medford      | MA    | 8:43        |
| <b>3</b>                     | 13       | 30:19 | Lacey Fegan      | 298         | 34              | 30 - 34    | Chambersburg | PA    | 9:45        |
| <b>Male 30 - 34</b>          |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 2        | 18:28 | Dan Knepper      | 353         | 32              | 30 - 34    | Chambersburg | PA    | 5:57        |
| <b>2</b>                     | 6        | 22:04 | Marc Harmon      | 302         | 33              | 30 - 34    | Medford      | MA    | 7:06        |
| <b>3</b>                     | 12       | 23:37 | Dustin Timmons   | 326         | 34              | 30 - 34    | Orrstown     | PA    | 7:36        |
| <b>Female 35 - 39</b>        |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 5        | 23:27 | Noel Purdy       | 354         | 36              | 35 - 39    | Chambersburg | PA    | 7:33        |
| <b>2</b>                     | 9        | 27:04 | Robin Harmon     | 303         | 39              | 35 - 39    | Chambersburg | PA    | 8:43        |
| <b>3</b>                     | 12       | 29:39 | Trisha Harmon    | 304         | 36              | 35 - 39    | Naples       | FL    | 9:33        |
| <b>Male 35 - 39</b>          |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 4        | 20:26 | Todd Snider      | 358         | 35              | 35 - 39    |              |       | 6:35        |
| <b>Female 40 - 44</b>        |          |       |                  |             |                 |            |              |       |             |
| <b>1</b>                     | 3        | 22:41 | Suzanne Trinh    | 328         | 43              | 40 - 44    | Waynesboro   | PA    | 7:18        |
| <b>2</b>                     | 11       | 29:38 | Brooke Johnson   | 355         | 42              | 40 - 44    |              |       | 9:32        |



# Penn State Hershey Pulmonary Research

## John H. Harmon Memorial 5k

October 05, 2013

### Awards

#### Age Groups

| Age Group             | Over All | Time  | Name                 | Race Number | Age On Race Day | Age Group | City          | State | Pace / Mile |
|-----------------------|----------|-------|----------------------|-------------|-----------------|-----------|---------------|-------|-------------|
| <b>Female 40 - 44</b> |          |       |                      |             |                 |           |               |       |             |
| <b>3</b>              | 14       | 30:34 | Christine Burkholder | 296         | 40              | 40 - 44   | Chambersburg  | PA    | 9:50        |
| <b>Male 40 - 44</b>   |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 7        | 22:15 | Edwin Morris         | 320         | 42              | 40 - 44   | Hagerstown    | MD    | 7:10        |
| <b>2</b>              | 8        | 22:33 | Bradly Kuhns         | 356         | 43              | 40 - 44   |               |       | 7:15        |
| <b>3</b>              | 21       | 31:41 | Jonathan Miller      | 318         | 40              | 40 - 44   | Chambersburg  | PA    | 10:12       |
| <b>Female 45 - 49</b> |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 2        | 22:41 | Amy Stahlman         | 235         | 45              | 45 - 49   | Shippensburg  | PA    | 7:18        |
| <b>2</b>              | 8        | 25:28 | Monica Topol         | 346         | 47              | 45 - 49   |               |       | 8:12        |
| <b>3</b>              | 16       | 32:14 | Chelle Bingaman      | 295         | 45              | 45 - 49   | Mercersburg   | PA    | 10:22       |
| <b>Male 45 - 49</b>   |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 13       | 24:17 | Greg Topol           | 345         | 47              | 45 - 49   |               |       | 7:49        |
| <b>2</b>              | 19       | 29:38 | Ronald Leighty       | 310         | 48              | 45 - 49   | Chambersburg  | PA    | 9:32        |
| <b>3</b>              | 27       | 35:17 | Keith Miller         | 319         | 47              | 45 - 49   | Concord       | NC    | 11:21       |
| <b>Female 50 - 54</b> |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 35       | 51:20 | Mary Mcgough         | 315         | 50              | 50 - 54   | Chambersburg  | PA    | 16:31       |
| <b>Male 50 - 54</b>   |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 3        | 20:17 | Craig Leisher        | 311         | 52              | 50 - 54   | Chambersburg  | PA    | 6:32        |
| <b>2</b>              | 9        | 22:43 | Peter Holdaway       | 348         | 50              | 50 - 54   | Chambersburg  | PA    | 7:19        |
| <b>Female 55 - 59</b> |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 26       | 36:00 | Ellen Kirkner        | 306         | 55              | 55 - 59   | Chambersburg  | PA    | 11:35       |
| <b>2</b>              | 30       | 42:25 | Linda Trace          | 327         | 57              | 55 - 59   | Chambersburg  | PA    | 13:39       |
| <b>3</b>              | 36       | 51:20 | Vickie Wise          | 336         | 58              | 55 - 59   | Chambersburg  | PA    | 16:31       |
| <b>Male 55 - 59</b>   |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 18       | 29:02 | Brian Hair           | 301         | 55              | 55 - 59   | Shippensburg  | PA    | 9:21        |
| <b>2</b>              | 26       | 33:51 | John Westhafer       | 330         | 55              | 55 - 59   | Mechanicsburg | PA    | 10:54       |
| <b>Female 60 - 64</b> |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 33       | 50:11 | Rebecca Bascom       | 351         | 60              | 60 - 64   |               |       | 16:09       |
| <b>Male 60 - 64</b>   |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 16       | 27:38 | Jim Whitelock        | 341         | 61              | 60 - 64   |               |       | 8:54        |
| <b>2</b>              | 17       | 27:47 | Tom McCulloh         | 314         | 61              | 60 - 64   | Mercersburg   | PA    | 8:57        |
| <b>3</b>              | 20       | 31:24 | Brad Westhafer       | 329         | 61              | 60 - 64   | Mechanicsburg | PA    | 10:06       |
| <b>Male 65 - 69</b>   |          |       |                      |             |                 |           |               |       |             |
| <b>1</b>              | 30       | 51:21 | Jerry Wise           | 335         | 65              | 65 - 69   | Chambersburg  | PA    | 16:32       |



# Penn State Hershey Pulmonary Research John H. Harmon Memorial 5k October 05, 2013

## Awards

### Age Groups

| Age Group   | Over All             | Time  | Name           | Race Number | Age On Race Day | Age Group | City         | State | Pace / Mile |
|-------------|----------------------|-------|----------------|-------------|-----------------|-----------|--------------|-------|-------------|
| <b>Male</b> | <b>70 &amp; over</b> |       |                |             |                 |           |              |       |             |
| <b>1</b>    | 11                   | 23:34 | Jim Becker     | 342         | 71              | 70 & over | Greencastle  | PA    | 7:35        |
| <b>2</b>    | 23                   | 32:55 | Don Shoop      | 347         | 80              | 70 & over |              |       | 10:36       |
| <b>3</b>    | 29                   | 51:20 | Frank Galinsky | 300         | 71              | 70 & over | Chambersburg | PA    | 16:31       |