



American Diabetes Association Fitter Feet - Thankful Hearts 5k November 23, 2013 Age Group Finish

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female 19 & under			Total: 5							
1	9		27:47	Madalyn Essis	208	12	19 & under	Chambersburg	PA	8:57
2	10		27:51	Cassandra Essis	201	15	19 & under	Chambersburg	PA	8:58
3	21		38:08	Miller Kiera	340	11	19 & under			12:16
4	30		48:46	Miranda Haney	303	17	19 & under	Greencastle	PA	15:42
5	33		56:30	Madison Hessong	344	10	19 & under			18:11
Female 20 - 29			Total: 4							
1	6		27:27	Jennifer Jarjour	331	21	20 - 29	Chambersburg	PA	8:50
2	8		27:37	Ashley Peters	333	29	20 - 29	Chambersburg	PA	8:53
3	15		30:24	Sarah McCoy	337	28	20 - 29			9:47
4	19		33:41	Alison Dentler	171	29	20 - 29	Chambersburg	PA	10:50
Female 30 - 39			Total: 10							
1	3		26:13	Liz Buhman	350	33	30 - 39	Chambersburg	PA	8:26
2	7		27:33	Trina Schenzel	321	35	30 - 39	Chambersburg	PA	8:52
3	11		27:52	Shelly Corwell	332	31	30 - 39	Shippensburg	PA	8:58
4	16		31:00	Stephanie Lancione	335	32	30 - 39	Chambersburg	PA	9:59
5	18		33:24	Brenda Ford	301	39	30 - 39	Greencastle	PA	10:45
6	22		38:23	Danielle Lynn Kessler	336	33	30 - 39	Chambersburg	PA	12:21
7	23		38:23	Foster Kristen	346	36	30 - 39			12:21
8	25		42:38	Holley Miller	312	32	30 - 39	Fayetteville	PA	13:43
9	29		47:35	Rebecca Weaver	345	38	30 - 39			15:19
10	34		56:38	Heather Hessong	305	37	30 - 39	Chambersburg	PA	18:14
Female 40 - 49			Total: 6							
1	5	2	27:01	Deb Swope	325	45	40 - 49	Chambersburg	PA	8:42
2	13	4	28:49	Carmie George	330	44	40 - 49	Amberson	PA	9:17
3	14	5	29:57	Julie Showalter	323	42	40 - 49	Chambersburg	PA	9:38
4	27	10	43:40	Janice Hackos	338	43	40 - 49			14:03
5	31	12	49:53	Tracy Cope	170	43	40 - 49	Chambersburg	PA	16:03
6	32	13	52:07	Corwell Karen	349	49	40 - 49			16:46
Female 50 - 59			Total: 6							
1	12	3	28:41	Sara Grove	348	51	50 - 59	Chambersburg	PA	9:14
2	17	6	31:05	Margaret Horioka	307	58	50 - 59	Williamsport	MD	10:00
3	24	8	42:31	Susan Melendez	352	52	50 - 59			13:41



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Female 50 - 59			Total: 6							
4	26	9	43:27	Glenda Small	342	54	50 - 59	Chambersburg	PA	13:59
5	28	11	46:27	Juliette Shearer	322	57	50 - 59	Spring Run	PA	14:57
6	36	15	1:02:24	Kathy White	328	59	50 - 59	Chambersburg	PA	20:05
Female 60 - 69			Total: 1							
1	20	7	35:15	Pat Phenicie-Grandel	318	64	60 - 69	Chambersburg	PA	11:21
Female 70 & over			Total: 1							
1	35	14	1:02:23	Elizabeth Caveney	166	71	70 & over	Chambersburg	PA	20:05
Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male 19 & under			Total: 3							
1	8		26:20	Luke Myers	317	11	19 & under	Chambersburg	PA	8:29
2	10		28:36	Rodrigo Hackos	339	11	19 & under			9:12
3	14		49:12	Brett Haney	302	11	19 & under	Greencastle	PA	15:50
Male 30 - 39			Total: 3							
1	3		23:17	Daniel Flack	341	39	30 - 39	Chambersburg	PA	7:30
2	13		33:40	Derek Dentler	188	31	30 - 39	Chambersburg	PA	10:50
3	17		54:36	David Horsh	308	35	30 - 39	Chambersburg	PA	17:34
Male 40 - 49			Total: 6							
1	5	2	24:11	Jonathan Miller	313	41	40 - 49	Chambersburg	PA	7:47
2	6	3	25:30	Mike Buhrman	158	40	40 - 49			8:12
3	9	5	26:20	Doug Myers	315	42	40 - 49	Waynesboro	PA	8:29
4	11	6	29:28	Aaron Hopkins	306	44	40 - 49	Hagerstown	MD	9:29
5	12	7	29:55	Ronald Leighty	311	48	40 - 49	Chambersburg	PA	9:38
6	16	9	52:33	Jamie Helman	343	45	40 - 49			16:55
Male 50 - 59			Total: 2							
1	7	4	25:42	Jeff Sarver	320	51	50 - 59	Chambersburg	PA	8:16



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Male		50 - 59		Total: 2						
2	15	8	49:12	Keith Myers	316	51	50 - 59	Greencastle	PA	15:50
Male		60 - 69		Total: 1						
1	18	10	1:02:45	Charles White	327	62	60 - 69	Chambersburg	PA	20:12