



# American Diabetes Association Fitter Feet - Thankful Hearts 5k November 23, 2013

## Age Grade

Adjusted Place	Name	Age Graded %	Over All	Time	Adjusted Time	Gender	Age	Race Number	City	State
1	Rodney Small	69.15	2	21:51	18:48	M	52	324	Chambersburg	PA
2	Jennifer Morris	67.04	3	22:35	22:03	F	38	314	Chambersburg	PA
3	Brooke Emge	62.69	7	25:28	23:35	F	13	196	Fayetteville	PA
4	Darren Armstrong	61.86	5	23:28	21:01	M	47	329	Chambersburg	PA
5	William Dentler	60.47	1	21:32	21:30	M	29	347		
6	Margaret Horioka	60.42	29	31:05	24:28	F	58	307	Williamsport	MD
7	Sara Grove	59.69	22	28:41	24:46	F	51	348	Chambersburg	PA
8	Rebecca Essis	59.29	13	26:55	24:56	F	45	219	Chambersburg	PA
9	Deb Swope	59.05	14	27:01	25:02	F	45	325	Chambersburg	PA
10	Daniel Flack	58.65	4	23:17	22:10	M	39	341	Chambersburg	PA
11	Luke Myers	58.56	11	26:20	22:12	M	11	317	Chambersburg	PA
12	Madalyn Essis	58.55	18	27:47	25:15	F	12	208	Chambersburg	PA
13	Jeff Sarver	58.34	9	25:42	22:17	M	51	320	Chambersburg	PA
14	Pat Phenicie-Grandel	58.09	33	35:15	25:27	F	64	318	Chambersburg	PA
15	Jonathan Miller	57.31	6	24:11	22:41	M	41	313	Chambersburg	PA
16	Liz Buhman	56.68	10	26:13	26:05	F	33	350	Chambersburg	PA
17	Cassandra Essis	55.61	19	27:51	26:35	F	15	201	Chambersburg	PA
18	Carmie George	54.85	23	28:49	26:57	F	44	330	Amberson	PA
19	Trina Schenzel	54.25	16	27:33	27:15	F	35	321	Chambersburg	PA
20	Mike Buhman	53.94	8	25:30	24:06	M	40	158		
21	Rodrigo Hackos	53.90	21	28:36	24:07	M	11	339		
22	Jennifer Jarjour	53.86	15	27:27	27:27	F	21	331	Chambersburg	PA
23	Ashley Peters	53.53	17	27:37	27:37	F	29	333	Chambersburg	PA
24	Shelly Corwell	53.11	20	27:52	27:50	F	31	332	Shippensburg	PA
25	Doug Myers	53.06	12	26:20	24:30	M	42	315	Waynesboro	PA
26	Julie Showalter	51.90	26	29:57	28:29	F	42	323	Chambersburg	PA
27	Ronald Leighty	48.90	25	29:55	26:35	M	48	311	Chambersburg	PA
28	Sarah McCoy	48.63	27	30:24	30:24	F	28	337		
29	Aaron Hopkins	48.12	24	29:28	27:01	M	44	306	Hagerstown	MD
30	Stephanie Lancione	47.82	28	31:00	30:55	F	32	335	Chambersburg	PA
31	Brenda Ford	45.58	30	33:24	32:26	F	39	301	Greencastle	PA
32	Alison Dentler	43.89	32	33:41	33:41	F	29	171	Chambersburg	PA
33	Miller Kiera	43.61	34	38:08	33:54	F	11	340		
34	Glenda Small	40.95	39	43:27	36:06	F	54	342	Chambersburg	PA
35	Susan Melendez	40.78	37	42:31	36:15	F	52	352		
36	Juliette Shearer	39.87	41	46:27	37:05	F	57	322	Spring Run	PA
37	Foster Kristen	39.07	36	38:23	37:50	F	36	346		
38	Derek Dentler	38.81	31	33:40	33:30	M	31	188	Chambersburg	PA
39	Danielle Lynn Kessler	38.70	35	38:23	38:12	F	33	336	Chambersburg	PA
40	Elizabeth Cavney	36.70	52	1:02:23	40:17	F	71	166	Chambersburg	PA



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41	Janice Hackos	35.88	40	43:40	41:12	F	43	338		
42	Holley Miller	34.77	38	42:38	42:31	F	32	312	Fayetteville	PA
43	Corwell Karen	32.03	47	52:07	46:09	F	49	349		
44	Rebecca Weaver	31.81	42	47:35	46:28	F	38	345		
45	Tracy Cope	31.41	46	49:53	47:04	F	43	170	Chambersburg	PA
46	Brett Haney	31.34	44	49:12	41:29	M	11	302	Greencastle	PA
47	Miranda Haney	30.97	43	48:46	47:44	F	17	303	Greencastle	PA
48	Kathy White	30.51	53	1:02:24	48:27	F	59	328	Chambersburg	PA
49	Keith Myers	30.46	45	49:12	42:41	M	51	316	Greencastle	PA
50	Madison Hessong	30.17	50	56:30	49:00	F	10	344		
51	Jamie Helman	27.20	48	52:33	47:48	M	45	343		
52	Heather Hessong	26.60	51	56:38	55:35	F	37	305	Chambersburg	PA
53	Charles White	26.22	54	1:02:45	49:35	M	62	327	Chambersburg	PA
54	David Horsh	24.33	49	54:36	53:26	M	35	308	Chambersburg	PA