



American Diabetes Association

Fitter Feet - Thankful Hearts 5k

November 23, 2013

Age Adjusted

Age Adjusted Finish

Adjusted Over Place	All	Adjusted Time	Time	Name	Race Number	Age	Masters	Age Group / Place	City	State
Female										
1	3	22:03	22:35	Jennifer Morris	314	38		30 - 39	Chambersburg	PA
2	7	23:35	25:28	Brooke Emge	196	13		19 & under	Fayetteville	PA
3	29	24:28	31:05	Margaret Horioka	307	58	6	50 - 59 2	Williamsport	MD
4	22	24:46	28:41	Sara Grove	348	51	3	50 - 59 1	Chambersburg	PA
5	13	24:56	26:55	Rebecca Essis	219	45	1	40 - 49	Chambersburg	PA
6	14	25:02	27:01	Deb Swope	325	45	2	40 - 49 1	Chambersburg	PA
7	18	25:15	27:47	Madalyn Essis	208	12		19 & under 1	Chambersburg	PA
8	33	25:27	35:15	Pat Phenicie-Grandel	318	64	7	60 - 69 1	Chambersburg	PA
9	10	26:05	26:13	Liz Buhrman	350	33		30 - 39 1	Chambersburg	PA
10	19	26:35	27:51	Cassandra Essis	201	15		19 & under 2	Chambersburg	PA
11	23	26:57	28:49	Carmie George	330	44	4	40 - 49 2	Amberson	PA
12	16	27:15	27:33	Trina Schenzel	321	35		30 - 39 2	Chambersburg	PA
13	15	27:27	27:27	Jennifer Jarjour	331	21		20 - 29 1	Chambersburg	PA
14	17	27:37	27:37	Ashley Peters	333	29		20 - 29 2	Chambersburg	PA
15	20	27:50	27:52	Shelly Corwell	332	31		30 - 39 3	Shippensburg	PA
16	26	28:29	29:57	Julie Showalter	323	42	5	40 - 49 3	Chambersburg	PA
17	27	30:24	30:24	Sarah McCoy	337	28		20 - 29 3		
18	28	30:55	31:00	Stephanie Lancione	335	32		30 - 39 4	Chambersburg	PA
19	30	32:26	33:24	Brenda Ford	301	39		30 - 39 5	Greencastle	PA
20	32	33:41	33:41	Alison Dentler	171	29		20 - 29 4	Chambersburg	PA
21	34	33:54	38:08	Miller Kiera	340	11		19 & under 3		
22	39	36:06	43:27	Glenda Small	342	54	9	50 - 59 4	Chambersburg	PA
23	37	36:15	42:31	Susan Melendez	352	52	8	50 - 59 3		
24	41	37:05	46:27	Juliette Shearer	322	57	11	50 - 59 5	Spring Run	PA
25	36	37:50	38:23	Foster Kristen	346	36		30 - 39 7		
26	35	38:12	38:23	Danielle Lynn Kessler	336	33		30 - 39 6	Chambersburg	PA
27	52	40:17	1:02:23	Elizabeth Caveney	166	71	14	70 & over 1	Chambersburg	PA
28	40	41:12	43:40	Janice Hackos	338	43	10	40 - 49 4		
29	38	42:31	42:38	Holley Miller	312	32		30 - 39 8	Fayetteville	PA
30	47	46:09	52:07	Corwell Karen	349	49	13	40 - 49 6		
31	42	46:28	47:35	Rebecca Weaver	345	38		30 - 39 9		
32	46	47:04	49:53	Tracy Cope	170	43	12	40 - 49 5	Chambersburg	PA
33	43	47:44	48:46	Miranda Haney	303	17		19 & under 4	Greencastle	PA
34	53	48:27	1:02:24	Kathy White	328	59	15	50 - 59 6	Chambersburg	PA
35	50	49:00	56:30	Madison Hessong	344	10		19 & under 5		
36	51	55:35	56:38	Heather Hessong	305	37		30 - 39 10	Chambersburg	PA

Timing By



American Diabetes Association

Fitter Feet - Thankful Hearts 5k

November 23, 2013

Age Adjusted

Male

1	2	18:48	21:51	Rodney Small	324	52		50 - 59	Chambersburg	PA
2	5	21:01	23:28	Darren Armstrong	329	47	1	40 - 49	Chambersburg	PA
3	1	21:30	21:32	William Dentler	347	29		20 - 29		
4	4	22:10	23:17	Daniel Flack	341	39		30 - 39	1	Chambersburg PA
5	11	22:12	26:20	Luke Myers	317	11		19 & under	1	Chambersburg PA
6	9	22:17	25:42	Jeff Sarver	320	51	4	50 - 59	1	Chambersburg PA
7	6	22:41	24:11	Jonathan Miller	313	41	2	40 - 49	1	Chambersburg PA
8	8	24:06	25:30	Mike Buhrman	158	40	3	40 - 49	2	
9	21	24:07	28:36	Rodrigo Hackos	339	11		19 & under	2	
10	12	24:30	26:20	Doug Myers	315	42	5	40 - 49	3	Waynesboro PA
11	25	26:35	29:55	Ronald Leighty	311	48	7	40 - 49	5	Chambersburg PA
12	24	27:01	29:28	Aaron Hopkins	306	44	6	40 - 49	4	Hagerstown MD
13	31	33:30	33:40	Derek Dentler	188	31		30 - 39	2	Chambersburg PA
14	44	41:29	49:12	Brett Haney	302	11		19 & under	3	Greencastle PA
15	45	42:41	49:12	Keith Myers	316	51	8	50 - 59	2	Greencastle PA
16	48	47:48	52:33	Jamie Helman	343	45	9	40 - 49	6	
17	54	49:35	1:02:45	Charles White	327	62	10	60 - 69	1	Chambersburg PA
18	49	53:26	54:36	David Horsh	308	35		30 - 39	3	Chambersburg PA