



Cumberland Valley Rails-to-Trails Council

Fall Down on the Trail 5k

September 30, 2017

Overall Finish



overcast clouds
light breeze

5k Race Total: 47

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade	
1	897	F	1	20:09	Maria Borland	26		20 - 29			6:29	73.37	
2	291	M	1	20:28	Jeremy Hawk	33		30 - 39	Chambersburg	PA	6:35	64.30	
3	295	M	2	20:31	Mike Meadows	60		60 - 69	Martinsburg	WV	6:36	78.79	
4	895	F	2	20:36	Vikki McKane-Dent	46		40 - 49	Fayetteville	PA	6:38	78.29	
5	122	M	3	20:55	Adam Nonemaker	45		40 - 49	Newburg	PA	6:44	68.36	
6	120	M	4	21:20	Rodrigo Diaz	52	1	50 - 59	Chambersburg	PA	6:52	70.84	
7	200	F	3	21:39	Susan Borland	55		50 - 59	Hagerstown	MD	6:58	83.29	
8	293	M	5	22:46	Craig Leisher	56	2	50 - 59	Chambersburg	PA	7:20	68.60	
9	857	M	6	23:42	Ron Slozat	71	3	70 & over	1	Shippensburg	PA	7:38	75.88
10	216	F	4	23:43	Breff Brough	27		20 - 29	1	Newville	PA	7:38	62.33
11	108	M	7	23:50	Doug Shields	50	4	50 - 59	1	Shippensburg	PA	7:40	62.40
12	898	M	8	24:15	Steve Fealtman	55	5	50 - 59	2	Carlisle	PA	7:48	63.88
13	121	F	5	24:29	Amy Stahlman	49	1	40 - 49		Shippensburg	PA	7:53	68.23
14	127	M	9	24:58	Seth Anderson	44	6	40 - 49	1	Carlisle	PA	8:02	56.81
15	810	F	6	25:00	Bradlee Rickabaugh	30		30 - 39	1	Newville	PA	8:03	59.17
16	889	F	7	25:14	Darla Villalobos	41	2	40 - 49		Fayetteville	PA	8:07	61.13
17	892	M	10	25:26	Galen Allen Jr	36		30 - 39	1	Carlisle	PA	8:11	52.56
18	871	F	8	25:26	Angela Tonkin	24		20 - 29	2	Newville	PA	8:11	58.13
19	296	M	11	25:32	Hans Meurer	58	7	50 - 59	3	Hanover	MD	8:13	62.25
20	292	F	9	25:36	Lauren Irwin	27		20 - 29	3	Mechanicsburg	PA	8:14	57.75
21	288	F	10	25:53	Angelique Gardner	42	3	40 - 49	1	Carlisle	PA	8:20	60.05
22	896	M	12	25:58	Michael Dent	54	8	50 - 59	4	Fayetteville	PA	8:21	59.18
23	865	M	13	27:24	Bryan Sutton	36		30 - 39	2	Shippensburg	PA	8:49	48.78
24	891	M	14	27:43	Brad Westhafer	65	9	60 - 69	1	Mechanicsburg	PA	8:55	60.99
25	130	M	15	27:55	Jim Becker	75	10	70 & over	2	Greencastle	PA	8:59	68.42
26	290	M	16	27:56	Brian Hair	59	11	50 - 59	5	Shippensburg	PA	8:59	57.40
27	266	M	17	28:10	Norman Drasher	75	12	70 & over	3	Aspers	PA	9:04	67.83
28	890	F	11	28:33	Sherri Webber-Mains	54	4	50 - 59	1	Newville	PA	9:11	62.33
29	201	F	12	29:09	Stacey Brautigam	37		30 - 39	2	Carlisle	PA	9:23	51.69
30	297	F	13	29:30	Kelly Miller	49	5	40 - 49	2	Newville	PA	9:30	56.60
31	289	M	18	29:56	Ernest Gardner	51	13	50 - 59	6	Carlisle	PA	9:38	50.06
32	294	M	19	30:25	Tom McCulloh	65	14	60 - 69	2	Mercersburg	PA	9:47	55.60
33	850	F	14	30:32	Marcinda Rickrode	46	6	40 - 49	3	Newville	PA	9:50	52.80



Cumberland Valley Rails-to-Trails Council

Fall Down on the Trail 5k

September 30, 2017

Overall Finish

 **59**

overcast clouds
light breeze

5k Race Total: 47

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
34	893	F	15	31:51	Jennifer Moyer	31		30 - 39 3	Carlisle	PA	10:15	46.49
35	894	M	20	32:11	Scott Lemmon	47	15	40 - 49 2	Mount Holly Springs	PA	10:22	45.11
36	298	F	16	32:21	Diane Morgan	69	7	60 - 69 1	Mont Alto	PA	10:25	68.49
37	299	M	21	32:25	Chad Myers	35		30 - 39 3	Mechanicsburg	PA	10:26	40.99
38	101	M	22	34:27	Paul Devlin	31		30 - 39 4	Camp Hill	PA	11:05	37.92
39	260	M	23	34:36	Richard Cooper	62	16	60 - 69 3	Carlisle	PA	11:08	47.56
40	105	M	24	37:57	John Westhafer	61	17	60 - 69 4			12:13	42.98
41	129	F	17	41:38	Elizabeth Bakner	28		20 - 29 4	Shippensburg	PA	13:24	35.51
42	151	F	18	41:38	Julianna Bender	33		30 - 39 4	Newburg	PA	13:24	35.68
43	254	F	19	42:28	Joanne Cooper	65	8	60 - 69 2	Carlisle	PA	13:40	48.95
44	899	F	20	44:28	Janel Long	42	9	40 - 49 4			14:19	34.95
45	900	M	25	44:29	Joseph Long	42	18	40 - 49 3	Greencastle	PA	14:19	31.40
46	300	M	26	46:37	Tristan Pereschuck	9		12 & under 1	Chambersburg	PA	15:00	35.37
47	249	M	27	46:37	Gary Bruner	65	19	60 - 69 5	Chambersburg	PA	15:00	36.26