



# Cumberland Valley Rails-to-Trails Council

## Fall Down on the Trail 5k

September 30, 2017

### Awards



overcast clouds  
light breeze

### Overall

Place	Over All	Time	Name	Race Number	Age On Race Day	Masters	Age Group / Place	City	State	Pace / Mile
<b>Female</b>			<b>Total: 3</b>							
1	1	20:09	Maria Borland	897	26		20 - 29			6:29
2	4	20:36	Vikki McKane-Dent	895	46		40 - 49	Fayetteville	PA	6:38
3	7	21:39	Susan Borland	200	55		50 - 59	Hagerstown	MD	6:58
<b>Male</b>			<b>Total: 3</b>							
1	2	20:28	Jeremy Hawk	291	33		30 - 39	Chambersburg	PA	6:35
2	3	20:31	Mike Meadows	295	60		60 - 69	Martinsburg	WV	6:36
3	5	20:55	Adam Nonemaker	122	45		40 - 49	Newburg	PA	6:44

### Masters

Place	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Female</b>			<b>Total: 2</b>						
1	13	24:29	Amy Stahlman	121	49	40 - 49	Shippensburg	PA	7:53
2	16	25:14	Darla Villalobos	889	41	40 - 49	Fayetteville	PA	8:07
<b>Male</b>			<b>Total: 2</b>						
1	6	21:20	Rodrigo Diaz	120	52	50 - 59	Chambersburg	PA	6:52
2	8	22:46	Craig Leisher	293	56	50 - 59	Chambersburg	PA	7:20

### Age Graded Percent

Age Grade Place	Name	Age Graded %	Over All	Time	Adjusted Time	Adjusted Place	Age	Race Number	City	State
1	Susan Borland	83.29	7	21:39	17:45		F 55	200	Hagerstown	MD
2	Mike Meadows	78.79	3	20:31	16:30		M 60	295	Martinsburg	WV
3	Vikki McKane-Dent	78.29	4	20:36	18:53		F 46	895	Fayetteville	PA
4	Ron Slozat	75.88	9	23:42	17:08		M 71	857	Shippensburg	PA
5	Maria Borland	73.37	1	20:09	20:09		F 26	897		
6	Rodrigo Diaz	70.84	6	21:20	18:21		M 52	120	Chambersburg	PA
7	Craig Leisher	68.60	8	22:46	18:57		M 56	293	Chambersburg	PA
8	Diane Morgan	68.49	36	32:21	21:35		F 69	298	Mont Alto	PA
9	Jim Becker	68.42	25	27:55	19:00		M 75	130	Greencastle	PA
10	Adam Nonemaker	68.36	5	20:55	19:01		M 45	122	Newburg	PA



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59

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### Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
<b>Male 12 &amp; under</b>									
1	26	46:37	Tristan Pereschuck	300	9	12 & under	Chambersburg	PA	15:00
<b>Female 20 - 29</b>									
1	4	23:43	Brett Brough	216	27	20 - 29	Newville	PA	7:38
2	8	25:26	Angela Tonkin	871	24	20 - 29	Newville	PA	8:11
<b>Female 30 - 39</b>									
1	6	25:00	Bradlee Rickabaugh	810	30	30 - 39	Newville	PA	8:03
2	12	29:09	Stacey Brautigam	201	37	30 - 39	Carlisle	PA	9:23
<b>Male 30 - 39</b>									
1	10	25:26	Galen Allen Jr	892	36	30 - 39	Carlisle	PA	8:11
2	13	27:24	Bryan Sutton	865	36	30 - 39	Shippensburg	PA	8:49
<b>Female 40 - 49</b>									
1	10	25:53	Angelique Gardner	288	42	40 - 49	Carlisle	PA	8:20
2	13	29:30	Kelly Miller	297	49	40 - 49	Newville	PA	9:30
<b>Male 40 - 49</b>									
1	9	24:58	Seth Anderson	127	44	40 - 49	Carlisle	PA	8:02
2	20	32:11	Scott Lemmon	894	47	40 - 49	Mount Holly Spring	PA	10:22
<b>Female 50 - 59</b>									
1	11	28:33	Sherri Webber-Mains	890	54	50 - 59	Newville	PA	9:11
<b>Male 50 - 59</b>									
1	7	23:50	Doug Shields	108	50	50 - 59	Shippensburg	PA	7:40
2	8	24:15	Steve Fealtman	898	55	50 - 59	Carlisle	PA	7:48
<b>Female 60 - 69</b>									
1	16	32:21	Diane Morgan	298	69	60 - 69	Mont Alto	PA	10:25
2	19	42:28	Joanne Cooper	254	65	60 - 69	Carlisle	PA	13:40
<b>Male 60 - 69</b>									
1	14	27:43	Brad Westhafer	891	65	60 - 69	Mechanicsburg	PA	8:55
2	19	30:25	Tom McCulloh	294	65	60 - 69	Mercersburg	PA	9:47
<b>Male 70 &amp; over</b>									
1	6	23:42	Ron Slozat	857	71	70 & over	Shippensburg	PA	7:38
2	15	27:55	Jim Becker	130	75	70 & over	Greencastle	PA	8:59