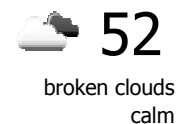




Cumberland Valley Rails-to-Trails Council

Adamantine 5K September 26, 2015 Awards



Overall

Place	Over All	Time	Name	Race Number	Age On Race Day	Masters	Age Group / Place	City	State	Pace / Mile
Female		Total: 3								
1	11	22:21	Lauren Sprenger	576	21		20 - 29	Shippensburg	PA	7:12
2	16	23:02	Cat Crochunis-Brown	863	14		13 - 19	Shippensburg	PA	7:25
3	26	25:41	Sandy Seaux	172	36		30 - 39	Carlisle	PA	8:16
Male		Total: 3								
1	1	18:48	Micheal Bupp	572	43		40 - 49	Gardners	PA	6:03
2	2	18:56	Hunter Kent	155	16		13 - 19	Shippensburg	PA	6:06
3	3	19:15	Jim Smiley	174	40		40 - 49	New Bloomfield	PA	6:12

Masters

Place	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female		Total: 2							
1	29	25:59	Madeline Brown	563	49	40 - 49	Shippensburg	PA	8:22
2	30	26:16	Angelique Gardner	870	40	40 - 49	Carlisle	PA	8:27
Male		Total: 2							
1	7	20:48	Michael Natale	166	50	50 - 59	York	PA	6:42
2	9	21:26	Adam Nonemaker	167	43	40 - 49	Newburg	PA	6:54

Age Graded Percent

Age Grade Place	Name	Age Graded %	Over All	Time	Adjusted Time	Adjusted Place	Age	Race Number	City	State
1	Ron Slozat	76.40	15	23:00	17:01		M 69	173	Shippensburg	PA
2	Micheal Bupp	74.86	1	18:48	17:22		M 43	572	Gardners	PA
3	Hunter Kent	72.97	2	18:56	17:49		M 16	155	Shippensburg	PA
4	Jim Becker	71.69	28	25:48	18:08		M 73	560	Greencastle	PA
5	Michael Natale	71.49	7	20:48	18:11		M 50	166	York	PA
6	Jim Smiley	71.49	3	19:15	18:11		M 40	174	New Bloomfield	PA
7	Craig Leisher	71.10	10	21:37	18:17		M 54	157	Chambersburg	PA
8	Sam Nonemaker	70.59	5	19:53	18:25		M 15	168	Newburg	PA
9	Connor Greene	70.14	6	20:01	18:32		M 15	871	Newville	PA
10	Joe Guty	69.83	12	22:22	18:37		M 56	180	Dillsburg	PA



Cumberland Valley Rails-to-Trails Council

Adamantine 5K September 26, 2015 Awards

Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female 12 & under									
1	16	44:26	Ava Baldwin	548	8	12 & under	Carlisle	PA	14:18
Male 12 & under									
1	22	25:36	Robert Greene	891	10	12 & under	Newville	PA	8:14
Male 13 - 19									
1	5	19:53	Sam Nonemaker	168	15	13 - 19	Newburg	PA	6:24
2	6	20:01	Connor Greene	871	15	13 - 19	Newville	PA	6:27
Female 20 - 29									
1	4	25:44	Katie Markey	160	28	20 - 29	Manheim	PA	8:17
Male 20 - 29									
1	4	19:20	Fred Swartley	575	28	20 - 29			6:13
2	8	21:26	Ike Hahn	893	21	20 - 29	Shade Gap	PA	6:54
Female 30 - 39									
1	7	26:33	Darla Villalobos	177	39	30 - 39	Fayetteville	PA	8:33
2	10	28:46	Sarah Long	158	33	30 - 39	Shippensburg	PA	9:16
Male 30 - 39									
1	13	22:54	Matt Rudy	573	36	30 - 39	Elliottsburg	PA	7:22
2	31	32:53	Suksan Ok	169	32	30 - 39	Carlisle	PA	10:35
Female 40 - 49									
1	8	27:17	Marcie Taylor	574	46	40 - 49	Shippensburg	PA	8:47
2	11	30:48	Patricia Flood	864	47	40 - 49	Chambersburg	PA	9:55
Male 40 - 49									
1	12	22:50	Doug Shields	577	48	40 - 49	Shippensburg	PA	7:21
2	21	25:24	Tom Sheckard	570	43	40 - 49	Hummelstown	PA	8:11
Female 50 - 59									
1	9	27:41	Norma Holsopple	569	52	50 - 59	Shippensburg	PA	8:55
Male 50 - 59									
1	10	21:37	Craig Leisher	157	54	50 - 59	Chambersburg	PA	6:57
2	11	22:22	Joe Guty	180	56	50 - 59	Dillsburg	PA	7:12
Female 60 - 69									
1	15	36:42	Patricia Phenicie-Grandel	181	66	60 - 69	Chambersburg	PA	11:49



Cumberland Valley Rails-to-Trails Council

Adamantine 5K

September 26, 2015

Awards

Age Groups

Age Group	Over All	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male	60 - 69								
1	14	23:00	Ron Slozat	173	69	60 - 69	Shippensburg	PA	7:24
2	17	23:58	Denny Lebo	156	63	60 - 69	Carlisle	PA	7:43
Male	70 & over								
1	24	25:48	Jim Becker	560	73	70 & over	Greencastle	PA	8:18
2	28	28:19	Adrian Tomer	176	71	70 & over	Carlisle	PA	9:07