



Cumberland Valley Rails-to-Trails Council

Fall Down on the Trail 5k

September 24, 2016

Age Group Finish

65

overcast clouds
moderate breeze

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female 13 - 19			Total: 1							
1	10		24:16	Erica Paisley	132	13	13 - 19	Carlisle	PA	7:49
Female 20 - 29			Total: 9							
1	4		23:12	Jennifer Desrosier	90	28	20 - 29	Boston	MA	7:28
2	6		23:19	Guers Lindsay	122	28	20 - 29	Washington	DC	7:30
3	7		23:19	Ashley Lawler	117	29	20 - 29	Salt Lake City	UT	7:30
4	8		23:40	Jennifer Erickson	93	28	20 - 29	Hillsborough	NC	7:37
5	9		24:15	Brett Brough	149	26	20 - 29	Newville	PA	7:48
6	11		25:15	Bradlee Rickabaugh	148	29	20 - 29	Newville	PA	8:08
7	16		26:52	Kristina Helmers	108	28	20 - 29	Philadelphia	PA	8:39
8	18		28:06	Julia Glick	100	25	20 - 29	Manassas	VA	9:03
9	25		34:32	Katherine Shulman	140	28	20 - 29	Philadelphia	PA	11:07
Female 30 - 39			Total: 6							
1	5		23:18	Nikki Goldstein	103	32	30 - 39	Hudson	NH	7:30
2	12		26:19	Cheryl Sanguinetti	138	36	30 - 39	Charleston	SC	8:28
3	19		28:50	Melissa Moore	152	30	30 - 39	Black River	NY	9:17
4	20		30:06	Mabel Van Scyoc	143	33	30 - 39	Shippensburg	PA	9:41
5	21		31:15	Elise Hatfield	106	30	30 - 39	Tallahassee	FL	10:04
6	26		34:39	Julia Stern	142	30	30 - 39	Cambridge	MA	11:09
Female 40 - 49			Total: 2							
1	15	3	26:42	Mary Koontz	116	44	40 - 49	Finksburg	MD	8:36
2	17	4	27:51	Helen Sainato	135	44	40 - 49	Gettysburg	PA	8:58
Female 50 - 59			Total: 1							
1	24	7	33:15	Laura Lent	121	50	50 - 59	Carlisle	PA	10:42
Female 60 - 69			Total: 2							
1	22	5	31:20	Sandra Chilcote	89	60	60 - 69	Mechanicsburg	PA	10:05
2	23	6	31:37	Diane Morgan	153	68	60 - 69	Mont Alto	PA	10:11



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Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female			70 & over			Total: 1				
1	27	8	42:37	Merrilynn Kessler	113	73	70 & over	Chambersburg	PA	13:43

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male			12 & under			Total: 4				
1	12		22:25	Elijah Diaz	91	10	12 & under	Carlisle	PA	7:13
2	21		26:09	Joshua Lehman	119	9	12 & under	Chambersburg	PA	8:25
3	26		27:54	Addison Brough	150	11	12 & under	Newville	PA	8:59
4	33		34:19	Mason Lehman	120	6	12 & under	Chambersburg	PA	11:03

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male			13 - 19			Total: 2				
1	8		21:01	Seth Onolaja	131	16	13 - 19	Joppa	MD	6:46
2	25		26:52	Ethan Cunningham	155	13	13 - 19	Carlisle	PA	8:39

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male			20 - 29			Total: 8				
1	4		20:01	Jeff Rixe	133	29	20 - 29	Boston	MA	6:27
2	9		21:08	Peter Eyvazzadeh	95	28	20 - 29	Philadelphia	PA	6:48
3	14		23:12	Joshua Burkhardt	88	28	20 - 29	Kettering	OH	7:28
4	18		24:18	Anish Mehta	125	28	20 - 29	Cambridge	MA	7:49
5	19		24:24	Shawn Erickson	94	28	20 - 29	Hillsborough	NC	7:51
6	22		26:10	Preston Hershorn	110	28	20 - 29	New York	NY	8:25
7	28		29:12	Travis Forte	96	28	20 - 29	Miami	FL	9:24
8	29		29:32	Avi Gordon	104	28	20 - 29	New York	NY	9:30

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male			30 - 39			Total: 6				
1	6		20:44	Jason Wickard	156	37	30 - 39	Newville	PA	6:40
2	10		21:08	Jeremy Hawk	107	32	30 - 39	Chambersburg	PA	6:48
3	15		23:18	Ryan Moore	129	37	30 - 39	Black River	NY	7:30
4	16		23:37	Mike Hepner	109	32	30 - 39	Chambersburg	PA	7:36
5	20		25:45	Chad Kireta	114	39	30 - 39	Chambersburg	PA	8:17
6	32		33:56	James Franklin	97	38	30 - 39	Newville	PA	10:55

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male			40 - 49			Total: 2				
1	27	8	28:22	Brian Lehman	118	45	40 - 49	Chambersburg	PA	9:08




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Male		40 - 49		Total: 2						
2	30	9	30:06	Eric Mena	126	47	40 - 49	Mechanicsburg	PA	9:41
Male		50 - 59		Total: 4						
1	11	3	22:21	Rodrigo Diaz	92	51	50 - 59	Carlisle	PA	7:12
2	13	4	22:54	Michael McSherry	123	53	50 - 59	Shippensburg	PA	7:22
3	34	11	35:09	Mark Glick	101	58	50 - 59	Hummelstown	PA	11:19
4	35	12	35:48	Hans Meurer	127	57	50 - 59	Hanover	MD	11:31
Male		60 - 69		Total: 2						
1	31	10	30:12	Gary Marr	157	66	60 - 69	Camp Hill	PA	9:43
2	36	13	37:21	Goldstein Michael	128	66	60 - 69	Wayne	NJ	12:01
Male		70 & over		Total: 3						
1	17	5	23:45	Ron Slozat	141	70	70 & over	Shippensburg	PA	7:39
2	23	6	26:38	Jim Becker	151	74	70 & over	Greencastle	PA	8:34
3	24	7	26:48	Bruce Kessler	112	71	70 & over	Chambersburg	PA	8:38