



# Cumberland Valley Rails-to-Trails Council

## Fall Down on the Trail 5k

September 24, 2016



overcast clouds  
moderate breeze

### Age Grade

Adjusted Name Place	Age Graded %	Over All	Time	Adjusted Time	Gender	Age	Race Number	City	State
1 Ron Slozat	74.86	25	23:45	17:22	M	70	141	Shippensburg	PA
2 Gabriella Sainato	74.73	15	22:49	19:47	F	10	134	Gettysburg	PA
3 Sarah Schubert	74.04	2	19:58	19:58	F	28	139	Charlottesville	VA
4 Michael Natale	73.10	6	20:30	17:47	M	51	130	York	PA
5 Elijah Diaz	71.04	13	22:25	18:18	M	10	91	Carlisle	PA
6 Jim Becker	70.52	37	26:38	18:26	M	74	151	Greencastle	PA
7 Diane Morgan	68.92	54	31:37	21:27	F	68	153	Mont Alto	PA
8 Mark Sainato	68.60	8	20:50	18:57	M	45	136	Gettysburg	PA
9 Bruce Kessler	67.13	39	26:48	19:22	M	71	112	Chambersburg	PA
10 Rodrigo Diaz	67.07	12	22:21	19:23	M	51	92	Carlisle	PA
11 Michael McSherry	66.55	16	22:54	19:32	M	53	123	Shippensburg	PA
12 Jane Wieler	65.80	14	22:28	22:28	F	27	144	Philadelphia	PA
13 Erica Paisley	65.75	27	24:16	22:29	F	13	132	Carlisle	PA
14 Seth Onolaja	65.71	9	21:01	19:47	M	16	131	Joppa	MD
15 Adam Goldstein	65.71	3	20:01	19:47	M	33	102	Hudson	NH
16 Joshua Glick	65.38	1	19:54	19:53	M	28	99	Philadelphia	PA
17 Jeff Rixe	65.05	5	20:01	19:59	M	29	133	Boston	MA
18 Fan Zhou	65.00	4	20:01	20:00	M	28	147	Boston	MA
19 Jason Wickard	64.95	7	20:44	20:01	M	37	156	Newville	PA
20 Jennifer Desrosier	63.72	18	23:12	23:12	F	28	90	Boston	MA
21 Nikki Goldstein	63.63	20	23:18	23:14	F	32	103	Hudson	NH
22 Guers Lindsay	63.40	21	23:19	23:19	F	28	122	Washington	DC
23 Ashley Lawler	63.40	22	23:19	23:19	F	29	117	Salt Lake City	UT
24 Joshua Lehman	63.06	32	26:09	20:37	M	9	119	Chambersburg	PA
25 Jennifer Erickson	62.46	24	23:40	23:40	F	28	93	Hillsborough	NC
26 Jeremy Hawk	62.00	11	21:08	20:58	M	32	107	Chambersburg	PA
27 Sandra Chilcote	61.64	53	31:20	23:59	F	60	89	Mechanicsburg	PA
28 Peter Eyvazzadeh	61.56	10	21:08	21:07	M	28	95	Philadelphia	PA
29 Brett Brough	60.96	26	24:15	24:15	F	26	149	Newville	PA
30 Addison Brough	59.61	43	27:54	24:48	M	11	150	Newville	PA
31 Kathryn Griffith	59.37	35	26:23	24:54	F	43	105	Carlisle	PA
32 Mary Koontz	59.21	38	26:42	24:58	F	44	116	Finksburg	MD
33 Bradlee Rickabaugh	58.55	30	25:15	25:15	F	29	148	Newville	PA
34 Angelique Gardner	58.32	36	26:27	25:21	F	41	98	Carlisle	PA
35 Ryan Moore	57.78	19	23:18	22:30	M	37	129	Black River	NY
36 Cheryl Sanguinetti	57.01	34	26:19	25:56	F	36	138	Charleston	SC
37 Helen Sainato	56.75	42	27:51	26:03	F	44	135	Gettysburg	PA
38 Gary Marr	56.52	51	30:12	23:00	M	66	157	Camp Hill	PA
39 Joshua Burkhardt	56.07	17	23:12	23:11	M	28	88	Kettering	OH



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40 Merrilynn Kessler	55.61	63	42:37	26:35	F	73	113	Chambersburg	PA
41 Mike Hepner	55.52	23	23:37	23:25	M	32	109	Chambersburg	PA
42 Kristina Helmers	55.02	41	26:52	26:52	F	28	108	Philadelphia	PA
43 Mason Lehman	54.93	57	34:19	23:40	M	6	120	Chambersburg	PA
44 Ethan Cunningham	54.43	40	26:52	23:53	M	13	155	Carlisle	PA
45 Anish Mehta	53.53	28	24:18	24:17	M	28	125	Cambridge	MA
46 Shawn Erickson	53.32	29	24:24	24:23	M	28	94	Hillsborough	NC
47 Chad Kireta	53.06	31	25:45	24:30	M	39	114	Chambersburg	PA
48 Julia Glick	52.61	44	28:06	28:06	F	25	100	Manassas	VA
49 Melissa Moore	51.30	46	28:50	28:49	F	30	152	Black River	NY
50 Laura Lent	50.83	55	33:15	29:05	F	50	121	Carlisle	PA
51 Brian Lehman	50.39	45	28:22	25:48	M	45	118	Chambersburg	PA
52 Preston Hershorn	49.71	33	26:10	26:09	M	28	110	New York	NY
53 Mabel Van Scyoc	49.36	50	30:06	29:57	F	33	143	Shippensburg	PA
54 Eric Mena	48.24	49	30:06	26:57	M	47	126	Mechanicsburg	PA
55 Elise Hatfield	47.33	52	31:15	31:14	F	30	106	Tallahassee	FL
56 Goldstein Michael	45.69	62	37:21	28:27	M	66	128	Wayne	NJ
57 Mark Glick	45.19	60	35:09	28:46	M	58	101	Hummelstown	PA
58 Travis Forte	44.55	47	29:12	29:11	M	28	96	Miami	FL
59 Avi Gordon	44.04	48	29:32	29:31	M	28	104	New York	NY
60 Hans Meurer	44.02	61	35:48	29:32	M	57	127	Hanover	MD
61 Katherine Shulman	42.81	58	34:32	34:32	F	28	140	Philadelphia	PA
62 Julia Stern	42.69	59	34:39	34:38	F	30	142	Cambridge	MA
63 James Franklin	39.96	56	33:56	32:32	M	38	97	Newville	PA