



Appalachian Running Company

Difference in the Dirt Trail Long Course

October 22, 2017

Overall Finish



Long Total: 55

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
1	754	M	1	1:58:13	James Jablin	31		30 - 39			8:09	49.39
2	765	M	2	2:01:29	Michael Bupp	45		40 - 49	1	Gardners	PA 8:23	52.12
3	668	M	3	2:09:48	Scott Lesh	33		30 - 39	1		8:57	45.05
4	690	M	4	2:12:32	Denny J. Mitts	37		30 - 39	2		9:08	44.86
5	672	M	5	2:15:57	James Vincent McAndre	35		30 - 39	3		9:23	43.27
6	669	F	1	2:16:14	Allison Longenberger	40		40 - 49			9:24	50.40
7	694	M	6	2:22:34	Jason Murray	43		40 - 49	2	Carlisle	PA 9:50	43.69
8	767	M	7	2:23:16	Jarrod Zelinske	37		30 - 39	4		9:53	41.50
9	707	M	8	2:24:34	Martin Speece	32		30 - 39	5		9:58	40.39
10	636	M	9	2:25:15	Eric Fisak	38		30 - 39	6		10:01	41.23
11	719	F	2	2:26:38	Shari Watson	45		40 - 49	1		10:07	49.16
12	691	M	10	2:30:52	Paul Moretz	55		50 - 59	1	New Cumberland	PA 10:24	45.71
13	751	M	11	2:36:55	John Nogle	40		40 - 49	3	Fayetteville	PA 10:49	38.76
14	641	M	12	2:39:00	Dave Gentzel	46		40 - 49	4		10:58	40.15
15	764	M	13	2:39:38	Jeremy Hand	40		40 - 49	5	Dauphin	PA 11:01	38.11
16	676	M	14	2:42:57	Jack McCarty	62		60 & over	1	Hagerstown	MD 11:14	45.14
17	723	F	3	2:43:08	Elizabeth Willson	38		30 - 39	1		11:15	41.50
18	637	M	15	2:44:35	Justin Flickinger	38		30 - 39	7		11:21	36.38
19	629	M	16	2:46:21	Dennis Drake	51		50 - 59	2		11:28	40.03
20	759	F	4	2:46:44	Christy Brunner	30		30 - 39	2		11:30	39.50
21	631	M	17	2:46:49	David Dymond	54		50 - 59	3	Chambersburg	PA 11:30	40.98
22	635	M	18	2:47:44	Michael A. Fasick	51		50 - 59	4		11:34	39.69
23	611	F	5	2:47:45	Rosina Bolen	45		40 - 49	2	Orrtanna	PA 11:34	42.97
24	621	M	19	2:48:51	Jason Clarke	46		40 - 49	6		11:39	37.81
25	618	F	6	2:51:15	Nicole Cassel	40		40 - 49	3	Harrisburg	PA 11:49	40.09
26	705	M	20	2:53:03	Howard Seaton	49		40 - 49	7	Fayetteville	PA 11:56	37.83
27	605	F	7	2:56:47	Katie Berlin	39		30 - 39	3		12:12	38.55
28	716	M	21	2:56:47	Scott Victor	43		40 - 49	8		12:12	35.24
29	725	M	22	2:57:22	Robert E. Zell	41		40 - 49	9		12:14	34.56
30	685	F	8	2:57:54	Melissa Miley	42		40 - 49	4	Chambersburg	PA 12:16	39.25
31	720	F	9	2:57:55	Audrey Watts	36		30 - 39	4		12:16	37.63
32	609	M	23	3:00:01	Daniel Black	41		40 - 49	10	Waynesboro	PA 12:25	34.06
33	649	F	10	3:00:20	Jennifer Anne Henry	42		40 - 49	5		12:26	38.72



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34	724	M	24	3:02:11	Timothy Wolford	44		40 - 49 11	Harrisburg	PA	12:34	34.47
35	648	M	25	3:12:58	Fred Hendershot	72		60 & over 2	Mercersburg	PA	13:18	42.23
36	747	F	11	3:14:10	Trudy Gladhill	54		50 - 59 1			13:23	41.59
37	604	M	26	3:15:07	Nathan Beissel	28		20 - 29 1			13:27	29.92
38	601	M	27	3:15:08	Jerry Altemier	51		50 - 59 5			13:27	34.12
39	675	F	12	3:16:13	Stephanie Mcbeth	47		40 - 49 6	Fayetteville	PA	13:32	37.64
40	738	F	13	3:19:19	Rebecca Cover	61		60 & over 1			13:45	44.70
41	647	M	28	3:24:37	Mitch Hawbaker	58		50 - 59 6	Mercersburg	PA	14:07	34.62
42	617	M	29	3:28:41	Jason Campbell	40		40 - 49 12			14:24	29.15
43	746	F	14	3:31:01	Carol Varano	59		50 - 59 2	Harrisburg	PA	14:33	41.01
44	624	M	30	3:31:12	Matthew Cooper	32		30 - 39 8	Chambersburg	PA	14:34	27.65
45	638	F	15	3:38:31	Danielle Fox	50		50 - 59 3	Chambersburg	PA	15:04	35.08
46	626	F	16	3:40:30	Nicole Deichert	36		30 - 39 5			15:12	30.36
47	640	M	31	3:40:41	Jonathan Geiman	35		30 - 39 9	Boiling Springs	PA	15:13	26.66
48	689	F	17	3:47:38	Angie Mitts	35		30 - 39 6			15:42	29.28
49	652	F	18	3:53:06	Norma Holsopple	54		50 - 59 4	Shippensburg	PA	16:05	34.65
50	645	F	19	3:53:06	Heidi Hade	41		40 - 49 7	Greencastle	PA	16:05	29.69
51	750	F	20	3:56:40	Meridith Hovermill	46		40 - 49 8			16:19	30.83
52	643	M	32	3:58:44	Brian C. Graybill	55		50 - 59 7			16:28	28.88
53	687	M	33	4:00:48	Todd Miller	47		40 - 49 13	Harrisburg	PA	16:36	26.73
54	763	F	21	4:00:52	Jennifer Newcomer	37		30 - 39 7	Harrisburg	PA	16:37	27.94
55	644	F	22	4:53:20	Christy Gruver	40		40 - 49 9	Walnut Bottom	PA	20:14	23.40