



# Appalachian Running Company

## Difference in the Dirt 5k Trail Run

### October 23, 2016

### Overall Finish



broken clouds  
gentle breeze

#### 5k Trail Run Total: 67

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile	Age Grade
1	830	M	1	25:59	Terry Wadel	46		40 - 49	Chambersburg	PA	8:22	55.44
2	383	M	2	28:40	Christopher Ondeck	33		30 - 39 1	Shippensburg	PA	9:14	45.88
3	330	M	3	29:01	Anthony Fisher	43		40 - 49 1	Chambersburg	PA	9:20	48.51
4	758	M	4	29:54	Micah Deangelo	9		19 & under 1	Carlisle	PA	9:37	55.16
5	757	M	5	29:55	Carl Deangelo	48		40 - 49 2			9:38	48.90
6	328	F	1	30:25	Kimberly Engle	55		50 - 59			9:47	59.29
7	302	M	6	30:42	Charlie Bailey	36		30 - 39 2			9:53	43.53
8	375	F	2	31:22	Jennifer Morris	41		40 - 49 1	Chambersburg	PA	10:06	49.17
9	839	M	7	31:30	Reese Watson	14		19 & under 2			10:08	45.40
10	301	M	8	32:27	Noah Andras	16		19 & under 3			10:27	42.55
11	381	M	9	32:44	Benjamin Ogle	10		19 & under 4	East Berlin	PA	10:32	48.63
12	840	M	10	33:04	Lance Mitchell	46		40 - 49 3	Chambersburg	PA	10:39	43.55
13	838	M	11	33:10	Russell Martin	38		30 - 39 3	Chambersburg	PA	10:41	40.88
14	356	M	12	33:57	Rick Jenson	39		30 - 39 4			10:56	40.23
15	836	M	13	34:14	Tim Watson	49		40 - 49 4			11:01	43.07
16	785	F	3	34:21	Amy Stahlman	48		40 - 49 2	Shippensburg	PA	11:03	48.02
17	357	F	4	34:50	Jennifer Johnson	26		20 - 29 1	Chambersburg	PA	11:13	42.44
18	767	F	5	35:25	Nikki Rinehart	37		30 - 39 1			11:24	42.54
19	833	M	14	35:52	Dwayne Christophel	49		40 - 49 5	Three Springs	PA	11:33	41.12
20	368	F	6	35:56	Jolene McLucas	57		50 - 59 1	Chambersburg	PA	11:34	51.54
21	371	F	7	36:42	Diane Miller	57		50 - 59 2			11:49	50.46
22	824	M	15	36:44	Trent Stremmel	16		19 & under 5	New Oxford	PA	11:49	37.59
23	353	F	8	36:54	Liana Howe	13		19 & under 1			11:53	43.25
24	304	F	9	38:03	Sharon Belair	44		40 - 49 3			12:15	41.55
25	318	M	16	38:07	Patrick Collins	52		50 - 59 1	Harrisburg	PA	12:16	39.63
26	382	F	10	38:57	Kimberly Ogle	37		30 - 39 2	East Berlin	PA	12:32	38.68
27	845	F	11	39:25	Marjorie Lebo	55		50 - 59 3	New Cumberland	PA	12:41	45.75
28	821	F	12	40:48	Amy Slicker	27		20 - 29 2	Mont Alto	PA	13:08	36.23
29	358	F	13	41:21	Tasia Kenosky	36		30 - 39 3	Chambersburg	PA	13:19	36.26
30	813	M	17	41:30	Alex Kaczmark	8		19 & under 6			13:21	41.34
31	345	M	18	41:35	Brian Hair	59		50 - 59 2	Shippensburg	PA	13:23	38.54
32	315	F	14	41:41	Janelle Chockla	34		30 - 39 4	Biglerville	PA	13:25	35.74
33	386	F	15	41:50	Natalie Rabold	34		30 - 39 5			13:28	35.61



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34	837	F	16	42:23	Ashley Watson	16		19 & under 2			13:39	36.07
35	335	F	17	42:28	Michele Ford	45		40 - 49 4	Fayetteville	PA	13:40	37.58
36	317	F	18	42:39	Elizabeth Clough	37		30 - 39 6	Shippensburg	PA	13:44	35.32
37	334	M	19	42:59	Bradley Ford	46		40 - 49 6	Fayetteville	PA	13:50	33.51
38	835	F	19	43:01	Melinda Benedick	34		30 - 39 7	Fayetteville	PA	13:51	34.62
39	367	M	20	43:20	David McLucas	59		50 - 59 3	Chambersburg	PA	13:57	36.98
40	352	F	20	43:44	Alison Holmes	23		20 - 29 3			14:05	33.80
41	365	F	21	43:47	Laura Lent	50		50 - 59 4	Carlisle	PA	14:06	38.62
42	339	F	22	44:32	Bethany Geisinger	31		30 - 39 8	Shippensburg	PA	14:20	33.23
43	308	M	21	44:33	Glenn Bonczek	59		50 - 59 4			14:20	35.98
44	340	M	22	45:03	Jeremy Geisinger	33		30 - 39 5	Shippensburg	PA	14:30	29.20
45	399	M	23	46:09	Benjamin Shank	28		20 - 29 1	Mercersburg	PA	14:51	28.18
46	786	F	23	46:51	Leaha Mancuso	16		19 & under 3			15:05	32.63
47	784	F	24	47:31	Maggie Mancuso	48		40 - 49 5			15:18	34.72
48	823	F	25	47:31	Melaney Stremmel	44		40 - 49 6	New Oxford	PA	15:18	33.26
49	350	F	26	48:09	Michelle Hewitt	62		60 & over 1			15:30	41.28
50	831	F	27	48:12	Aimee Pitchford	36		30 - 39 9			15:31	31.11
51	783	F	28	48:15	Kari Sanders	46		40 - 49 7			15:32	33.41
52	766	M	24	48:38	Isaac Rinehart	13		19 & under 7			15:39	30.06
53	376	F	29	49:28	Hannah Mummert	33		30 - 39 10			15:55	30.03
54	377	F	30	51:07	Joan Myers	51		50 - 59 5			16:27	33.48
55	349	F	31	54:58	Alison Hess	30		30 - 39 11			17:42	26.90
56	379	F	32	57:09	Sarah Nedic	29		20 - 29 4	Chambersburg	PA	18:24	25.87
57	828	F	33	1:02:04	Vicki Witter	49		40 - 49 8	Newville	PA	19:59	26.90
58	756	F	34	1:02:22	Millie Potteiger	58		50 - 59 6	Carlisle	PA	20:04	30.11
59	822	F	35	1:02:33	Marie Smith	49		40 - 49 9			20:08	26.69
60	319	F	36	1:02:37	Laura Cox	49		40 - 49 10			20:09	26.66
61	846	F	37	1:04:20	Rebecca Holder	30		30 - 39 12	Mercersburg	PA	20:42	22.99
62	332	F	38	1:14:26	Kara Fisher	15		19 & under 4	Chambersburg	PA	23:57	20.80
63	306	F	39	1:18:26	Erin Black	32		30 - 39 13			25:15	18.90
64	307	F	40	1:18:26	Melissa Black	38		30 - 39 14	Waynesboro	PA	25:15	19.30
65	331	F	41	1:21:03	Chloe Fisher	17		19 & under 5	Chambersburg	PA	26:05	18.63
66	826	F	42	1:21:12	Noelle L. Wertz	47		40 - 49 11			26:08	20.07



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67	387	F	43	1:21:14	Stephanie Reese	52		50 - 59 7	Chambersburg	PA	26:09	21.34