

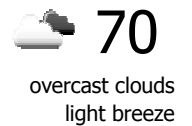


Diakon Wilderness Center

Diakon Adventure Challenge 5k

September 17, 2016

Overall Finish



5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|-----------|-------------|----------|-----------|--------------|--------------------------|-----------|---------|-------------------------|---------------------|-------|-------------|-----------|
| 1 | 428 | M | 1 | 23:13 | Emmitt McKell | 16 | | 13 - 19 | Camp Hill | PA | 7:28 | 59.45 |
| 2 | 442 | M | 2 | 23:18 | Myson Mosemann | 38 | | 30 - 39 | Mechanicsburg | PA | 7:30 | 58.21 |
| 3 | 555 | M | 3 | 23:20 | Scott Robinson | 33 | | 30 - 39 | Camp Hill | PA | 7:31 | 56.40 |
| 4 | 310 | M | 4 | 24:19 | Derek Beard | 25 | | 20 - 29 1 | Lancaster | PA | 7:50 | 53.46 |
| 5 | 456 | M | 5 | 24:33 | Chris Ondeck | 33 | | 30 - 39 1 | Shippensburg | PA | 7:54 | 53.57 |
| 6 | 355 | F | 1 | 25:30 | Bridgett Freese | 32 | | 30 - 39 | Mechanicsburg | PA | 8:12 | 58.13 |
| 7 | 446 | M | 6 | 25:34 | Michael Natale | 51 | | 50 & over 1 | York | PA | 8:14 | 58.65 |
| 8 | 498 | M | 7 | 25:38 | Brandon Sites | 15 | | 13 - 19 1 | Mechanicsburg | PA | 8:15 | 54.74 |
| 9 | 398 | M | 8 | 25:45 | Brandon Jones | 18 | | 13 - 19 2 | Carlisle | PA | 8:17 | 52.21 |
| 10 | 542 | M | 9 | 25:58 | Erik Brudowsk | 16 | | 13 - 19 3 | | | 8:21 | 53.17 |
| 11 | 452 | M | 10 | 26:09 | Brian Ober | 53 | | 50 & over 2 | Mechanicsburg | PA | 8:25 | 58.25 |
| 12 | 450 | M | 11 | 26:38 | Matthew Newman | 41 | | 40 - 49 1 | York | PA | 8:34 | 52.07 |
| 13 | 538 | M | 12 | 26:53 | Ryan Cassatt | 29 | | 20 - 29 2 | | | 8:39 | 48.42 |
| 14 | 352 | M | 13 | 26:56 | Mike Fasick | 50 | | 50 & over 3 | Gardners | PA | 8:40 | 55.20 |
| 15 | 489 | F | 2 | 27:02 | Wendy Shaver | 46 | | 40 - 49 | Enola | PA | 8:42 | 59.65 |
| 16 | 502 | M | 14 | 27:14 | Philip Smith | 27 | | 20 - 29 3 | Mechanicsburg | PA | 8:46 | 47.74 |
| 17 | 494 | M | 15 | 27:17 | Tim Sindlinger | 43 | | 40 - 49 2 | Dover | PA | 8:47 | 51.59 |
| 18 | 346 | M | 16 | 27:19 | Darren Engle | 25 | | 20 - 29 4 | Mechanicsburg | PA | 8:48 | 47.59 |
| 19 | 505 | F | 3 | 27:19 | Lauren Sprenger | 22 | | 20 - 29 | Mechanicsburg | PA | 8:48 | 54.12 |
| 20 | 449 | M | 17 | 27:35 | Brent Newman | 39 | | 30 - 39 2 | York | PA | 8:53 | 49.52 |
| 21 | 473 | F | 4 | 27:42 | Sherry Riley | 38 | | 30 - 39 1 | York Springs | PA | 8:55 | 54.65 |
| 22 | 460 | F | 5 | 27:56 | Deanna Petula | 39 | | 30 - 39 2 | Mount Holly Springs | PA | 8:59 | 54.52 |
| 23 | 422 | M | 18 | 28:09 | Harrison Lund | 20 | | 20 - 29 5 | Carlisle | PA | 9:04 | 46.71 |
| 24 | 338 | M | 19 | 28:27 | John Crossley | 42 | | 40 - 49 3 | Harrisburg | PA | 9:09 | 49.09 |
| 25 | 315 | M | 20 | 28:36 | Steven Bennion | 46 | | 40 - 49 4 | Owings Mills | MD | 9:12 | 50.36 |
| 26 | 481 | F | 6 | 28:41 | Gabriella Sainato | 10 | | 12 & under 1 | Gettysburg | PA | 9:14 | 59.45 |
| 27 | 329 | F | 7 | 28:42 | Nicole Cassel | 39 | | 30 - 39 3 | Harrisburg | PA | 9:14 | 53.05 |
| 28 | 439 | F | 8 | 28:51 | Julia Moore | 23 | | 20 - 29 1 | Carlisle | PA | 9:17 | 51.24 |
| 29 | 414 | F | 9 | 28:53 | Marissa Lagna | 26 | | 20 - 29 2 | Stewartstown | PA | 9:18 | 51.18 |
| 30 | 374 | M | 21 | 28:58 | Scott Habecker | 46 | | 40 - 49 5 | Hummelstown | PA | 9:19 | 49.71 |
| 31 | 404 | F | 10 | 28:59 | Laura Kilko | 37 | | 30 - 39 4 | Mount Holly Springs | PA | 9:20 | 51.96 |
| 32 | 533 | M | 22 | 29:04 | Tim Wolford | 43 | | 40 - 49 6 | Harrisburg | PA | 9:21 | 48.42 |
| 33 | 499 | M | 23 | 29:04 | Rodney Small | 55 | | 50 & over 4 | Chambersburg | PA | 9:21 | 53.28 |



Diakon Wilderness Center

Diakon Adventure Challenge 5k

September 17, 2016

Overall Finish

70
overcast clouds
light breeze

5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|-----------|-------------|----------|-----------|--------------|-------------------------|-----------|---------|-------------------|-----------------|-------|-------------|-----------|
| 34 | 475 | M | 24 | 29:07 | Alfredo Rivera | 51 | | 50 & over 5 | Lebanon | PA | 9:22 | 51.49 |
| 35 | 423 | M | 25 | 29:18 | David Marchese | 57 | | 50 & over 6 | Hummelstown | PA | 9:26 | 53.76 |
| 36 | 366 | M | 26 | 29:22 | Isiah Godoy | 19 | | 13 - 19 4 | Carlisle | PA | 9:27 | 45.24 |
| 37 | 454 | M | 27 | 29:40 | Benjamin Ogle | 10 | | 12 & under 1 | East Berlin | PA | 9:33 | 53.65 |
| 38 | 382 | M | 28 | 29:41 | Jackson Hart | 15 | | 13 - 19 5 | Boiling Springs | PA | 9:33 | 47.27 |
| 39 | 381 | M | 29 | 29:44 | Chris Hart | 46 | | 40 - 49 7 | Boiling Springs | PA | 9:34 | 48.45 |
| 40 | 546 | F | 11 | 29:48 | Joy Hern | 32 | | 30 - 39 5 | | | 9:36 | 49.75 |
| 41 | 544 | M | 30 | 29:49 | Philip Hern | 34 | | 30 - 39 3 | Harrisburg | PA | 9:36 | 44.32 |
| 42 | 358 | M | 31 | 29:55 | James Gannon | 47 | | 40 - 49 8 | Mohrsville | PA | 9:38 | 48.54 |
| 43 | 319 | M | 32 | 29:55 | Derrick Birkhimer | 54 | | 50 & over 7 | Marion | PA | 9:38 | 51.35 |
| 44 | 495 | M | 33 | 29:57 | Albert Sites | 16 | | 13 - 19 6 | Mechanicsburg | PA | 9:38 | 46.10 |
| 45 | 465 | M | 34 | 30:00 | Kevin Potoki | 19 | | 13 - 19 7 | Carlisle | PA | 9:39 | 44.27 |
| 46 | 431 | F | 12 | 30:06 | Zoe Metro | 41 | | 40 - 49 1 | Boiling Springs | PA | 9:41 | 51.24 |
| 47 | 438 | M | 35 | 30:15 | Bruce Moore | 49 | | 40 - 49 9 | Carlisle | PA | 9:44 | 48.75 |
| 48 | 492 | M | 36 | 30:28 | Derek Short | 35 | | 30 - 39 4 | Mechanicsburg | PA | 9:48 | 43.60 |
| 49 | 401 | M | 37 | 30:30 | Austin Kent | 14 | | 13 - 19 8 | Newport | PA | 9:49 | 46.90 |
| 50 | 553 | M | 38 | 30:34 | Steven Cross | 22 | | 20 - 29 6 | | | 9:50 | 42.55 |
| 51 | 364 | M | 39 | 30:45 | Jonathan Geiman | 33 | | 30 - 39 5 | Boiling Springs | PA | 9:54 | 42.79 |
| 52 | 547 | M | 40 | 30:46 | Tim Mirra | 31 | | 30 - 39 6 | | | 9:54 | 42.46 |
| 53 | 384 | M | 41 | 30:53 | David Henkel | 41 | | 40 - 49 10 | Mechanicsburg | PA | 9:56 | 44.88 |
| 54 | 356 | F | 13 | 30:54 | Chrissy French | 38 | | 30 - 39 6 | Newville | PA | 9:57 | 49.01 |
| 55 | 330 | F | 14 | 31:01 | Chantal Chaplain | 34 | | 30 - 39 7 | New Cumberland | PA | 9:59 | 48.02 |
| 56 | 539 | M | 42 | 31:04 | Scott Fitzpatrick | 51 | | 50 & over 8 | | | 9:60 | 48.24 |
| 57 | 468 | M | 43 | 31:05 | Joseph Prowell | 48 | | 40 - 49 11 | Mechanicsburg | PA | 10:00 | 47.07 |
| 58 | 311 | F | 15 | 31:29 | Rebekah Beard | 25 | | 20 - 29 3 | Lancaster | PA | 10:08 | 46.96 |
| 59 | 477 | M | 44 | 31:30 | Douglas Rohrer | 47 | | 40 - 49 12 | Landisburg | PA | 10:08 | 46.07 |
| 60 | 351 | M | 45 | 31:53 | Matt Fasick | 15 | | 13 - 19 9 | Gardners | PA | 10:16 | 44.02 |
| 61 | 517 | M | 46 | 32:04 | Randy Strite | 39 | | 30 - 39 7 | Mechanicsburg | PA | 10:19 | 42.60 |
| 62 | 395 | F | 16 | 32:08 | Jennifer Johnson | 26 | | 20 - 29 4 | Chambersburg | PA | 10:21 | 46.01 |
| 63 | 413 | F | 17 | 32:23 | Holly Kressler | 36 | | 30 - 39 8 | Mechanicsburg | PA | 10:25 | 46.32 |
| 64 | 371 | M | 47 | 32:33 | Michael Grochalski | 26 | | 20 - 29 7 | Carlisle | PA | 10:29 | 39.94 |
| 65 | 345 | M | 48 | 32:50 | Dustin England | 43 | | 40 - 49 13 | Newville | PA | 10:34 | 42.86 |
| 66 | 425 | M | 49 | 32:59 | Grant McGlaughlin | 13 | | 13 - 19 10 | York | PA | 10:37 | 44.32 |




Diakon Wilderness Center

Diakon Adventure Challenge 5k

September 17, 2016

Overall Finish

 **70**
overcast clouds
light breeze

5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|-----------|-------------|----------|-----------|--------------|------------------------------|-----------|---------|------------------------|-----------------|-------|-------------|-----------|
| 67 | 370 | M | 50 | 33:03 | Nolan Graham | 20 | | 20 - 29 8 | Carlisle | PA | 10:38 | 39.78 |
| 68 | 397 | M | 51 | 33:03 | William Johnson | 20 | | 20 - 29 9 | Carlisle | PA | 10:38 | 39.78 |
| 69 | 361 | F | 18 | 33:07 | Shannon Gay | 41 | | 40 - 49 2 | Mechanicsburg | PA | 10:40 | 46.59 |
| 70 | 457 | M | 52 | 33:07 | Glen Ott | 48 | | 40 - 49 14 | Shippensburg | PA | 10:40 | 44.17 |
| 71 | 549 | M | 53 | 33:13 | Chris Leonard | 32 | | 30 - 39 8 | | | 10:41 | 39.45 |
| 72 | 339 | F | 19 | 33:34 | Kim Day | 54 | | 50 & over 1 | Shippensburg | PA | 10:48 | 53.02 |
| 73 | 327 | F | 20 | 33:40 | Tina Cannon | 48 | | 40 - 49 3 | Enola | PA | 10:50 | 49.01 |
| 74 | 408 | F | 21 | 33:46 | Melissa Kirby | 36 | | 30 - 39 9 | Carlisle | PA | 10:52 | 44.42 |
| 75 | 448 | F | 22 | 33:50 | Michelle Neuharth | 47 | | 40 - 49 4 | Chambersburg | PA | 10:53 | 48.18 |
| 76 | 432 | M | 54 | 33:52 | Gary Michael | 41 | | 40 - 49 15 | Boiling Springs | PA | 10:54 | 40.92 |
| 77 | 474 | F | 23 | 33:58 | Ruth Ritchie | 32 | | 30 - 39 10 | Harrisburg | PA | 10:56 | 43.65 |
| 78 | 309 | F | 24 | 34:07 | Jessica Barnett | 24 | | 20 - 29 5 | Harrisburg | PA | 10:59 | 43.33 |
| 79 | 430 | F | 25 | 34:07 | Valerie Messner-West | 33 | | 30 - 39 11 | Lancaster | PA | 10:59 | 43.54 |
| 80 | 444 | M | 55 | 34:08 | Ted Murphy | 58 | | 50 & over 9 | Carlisle | PA | 10:59 | 46.54 |
| 81 | 421 | F | 26 | 34:15 | Rebekah Lichtenberger | 42 | | 40 - 49 5 | Carlisle | PA | 11:01 | 45.37 |
| 82 | 393 | F | 27 | 34:16 | Cathleen Jennings | 46 | | 40 - 49 6 | Carlisle | PA | 11:02 | 47.06 |
| 83 | 333 | M | 56 | 34:18 | Ben Cohen | 28 | | 20 - 29 10 | Harrisburg | PA | 11:02 | 37.92 |
| 84 | 519 | M | 57 | 34:22 | Paul Taylor | 39 | | 30 - 39 9 | Shippensburg | PA | 11:04 | 39.74 |
| 85 | 518 | F | 28 | 34:22 | Katherine Suwala | 33 | | 30 - 39 12 | Carlisle | PA | 11:04 | 43.23 |
| 86 | 527 | M | 58 | 34:41 | Leroy Weaver | 60 | | 50 & over 10 | Holtwood | PA | 11:10 | 46.62 |
| 87 | 552 | M | 59 | 34:45 | Daniel Short | 31 | | 30 - 39 10 | | | 11:11 | 37.61 |
| 88 | 383 | F | 29 | 34:49 | Grace Heiland | 33 | | 30 - 39 13 | Mount Joy | PA | 11:12 | 42.66 |
| 89 | 385 | M | 60 | 34:54 | Patrick Hernandez | 17 | | 13 - 19 11 | Carlisle | PA | 11:14 | 39.02 |
| 90 | 317 | M | 61 | 34:55 | Alan Billings | 48 | | 40 - 49 16 | Carlisle | PA | 11:14 | 41.89 |
| 91 | 488 | F | 30 | 35:02 | Alyssa Shapley | 30 | | 30 - 39 14 | New Cumberland | PA | 11:17 | 42.22 |
| 92 | 467 | F | 31 | 35:06 | Jennifer Prah | 28 | | 20 - 29 6 | Mechanicsburg | PA | 11:18 | 42.12 |
| 93 | 550 | M | 62 | 35:11 | Jared Sauder | 19 | | 13 - 19 12 | | | 11:19 | 37.75 |
| 94 | 537 | M | 63 | 35:14 | Kayden Smith | 13 | | 13 - 19 13 | Shermansdale | PA | 11:20 | 41.49 |
| 95 | 463 | F | 32 | 35:16 | Erin Pittman | 36 | | 30 - 39 15 | Carlisle | PA | 11:21 | 42.52 |
| 96 | 453 | F | 33 | 35:27 | Angela Obrien | 29 | | 20 - 29 7 | Gaithersburg | MD | 11:25 | 41.70 |
| 97 | 341 | M | 64 | 35:28 | Jacob Dickerson | 10 | | 12 & under 2 | Gettysburg | PA | 11:25 | 44.88 |
| 98 | 342 | F | 34 | 35:28 | Carolyn Dorazio | 39 | | 30 - 39 16 | Harrisburg | PA | 11:25 | 42.93 |
| 99 | 320 | F | 35 | 35:28 | Toni Birkhimer | 54 | | 50 & over 2 | Marion | PA | 11:25 | 50.17 |



Diakon Wilderness Center

Diakon Adventure Challenge 5k

September 17, 2016

Overall Finish



5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|------------|-------------|----------|-----------|--------------|--------------------------|-----------|---------|------------------------|-----------------|-------|-------------|-----------|
| 100 | 379 | M | 65 | 35:28 | Chase Harmon | 10 | | 12 & under 3 | East Berlin | PA | 11:25 | 44.88 |
| 101 | 380 | M | 66 | 35:29 | Joshua Harmon | 34 | | 30 - 39 11 | East Berlin | PA | 11:25 | 37.25 |
| 102 | 455 | F | 36 | 35:30 | Kimberly Ogle | 36 | | 30 - 39 17 | East Berlin | PA | 11:26 | 42.26 |
| 103 | 501 | F | 37 | 35:30 | Mary Smith | 18 | | 13 - 19 1 | Carlisle | PA | 11:26 | 42.10 |
| 104 | 520 | F | 38 | 35:30 | Danielle Thomas | 27 | | 20 - 29 8 | New Cumberland | PA | 11:26 | 41.64 |
| 105 | 491 | M | 67 | 35:37 | Kurt Shook | 46 | | 40 - 49 17 | Mechanicsburg | PA | 11:28 | 40.44 |
| 106 | 482 | F | 39 | 35:41 | Helen Sainato | 44 | | 40 - 49 7 | Gettysburg | PA | 11:29 | 44.31 |
| 107 | 510 | M | 68 | 35:51 | Mason Stone | 12 | | 12 & under 4 | Harrisburg | PA | 11:32 | 41.82 |
| 108 | 530 | F | 40 | 35:53 | Madison Williams | 27 | | 20 - 29 9 | Harrisburg | PA | 11:33 | 41.20 |
| 109 | 525 | F | 41 | 35:53 | Marci Walls | 29 | | 20 - 29 10 | Harrisburg | PA | 11:33 | 41.20 |
| 110 | 367 | F | 42 | 35:55 | Nathaly Gonzalez | 20 | | 20 - 29 11 | Carlisle | PA | 11:34 | 41.18 |
| 111 | 507 | F | 43 | 35:55 | Christine Stark | 52 | | 50 & over 3 | Carlisle | PA | 11:34 | 48.29 |
| 112 | 314 | F | 44 | 35:59 | Tammy Behl | 36 | | 30 - 39 18 | Hanover | PA | 11:35 | 41.68 |
| 113 | 340 | F | 45 | 36:11 | Dana Dickerson | 40 | | 40 - 49 8 | Gettysburg | PA | 11:39 | 42.34 |
| 114 | 472 | M | 69 | 36:17 | Cody Reigle | 30 | | 30 - 39 12 | Mechanicsburg | PA | 11:41 | 35.93 |
| 115 | 360 | F | 46 | 36:18 | Angelique Gardner | 41 | | 40 - 49 9 | Carlisle | PA | 11:41 | 42.48 |
| 116 | 503 | F | 47 | 36:52 | Rondell Smith | 40 | | 40 - 49 10 | Chambersburg | PA | 11:52 | 41.55 |
| 117 | 536 | M | 70 | 37:02 | Michael Zemba | 49 | | 40 - 49 18 | Boiling Springs | PA | 11:55 | 39.82 |
| 118 | 516 | M | 71 | 37:07 | Trent Stremmel | 16 | | 13 - 19 14 | New Oxford | PA | 11:57 | 37.20 |
| 119 | 559 | F | 48 | 37:08 | Lori Anderson | 51 | | 50 & over 4 | | | 11:57 | 46.10 |
| 120 | 343 | M | 72 | 37:12 | Josh Dorazio | 12 | | 12 & under 5 | Harrisburg | PA | 11:58 | 40.29 |
| 121 | 509 | F | 49 | 37:12 | Kim Stone | 37 | | 30 - 39 19 | Harrisburg | PA | 11:58 | 40.50 |
| 122 | 441 | F | 50 | 37:19 | Jana Mosemann | 40 | | 40 - 49 11 | Carlisle | PA | 12:01 | 41.05 |
| 123 | 554 | M | 73 | 37:22 | Edward Muzic | 55 | | 50 & over 11 | | | 12:02 | 41.45 |
| 124 | 440 | F | 51 | 37:27 | Lisa Moore | 50 | | 50 & over 5 | Carlisle | PA | 12:03 | 45.14 |
| 125 | 391 | F | 52 | 37:28 | Morgan Hukill | 27 | | 20 - 29 12 | Chambersburg | PA | 12:04 | 39.46 |
| 126 | 322 | M | 74 | 37:31 | Stephen Bobb | 46 | | 40 - 49 19 | Boiling Springs | PA | 12:05 | 38.39 |
| 127 | 484 | F | 53 | 37:39 | Nicole Sellers | 36 | | 30 - 39 20 | Mechanicsburg | PA | 12:07 | 39.83 |
| 128 | 375 | M | 75 | 37:41 | Brian Hair | 58 | | 50 & over 12 | Shippensburg | PA | 12:08 | 42.16 |
| 129 | 469 | F | 54 | 37:45 | Kristi Prowell | 45 | | 40 - 49 12 | Mechanicsburg | PA | 12:09 | 42.28 |
| 130 | 316 | F | 55 | 37:52 | Amanda Bertsch | 15 | | 13 - 19 2 | Lewisberry | PA | 12:11 | 40.89 |
| 131 | 462 | M | 76 | 37:53 | William Pines | 31 | | 30 - 39 13 | Enola | PA | 12:12 | 34.48 |
| 132 | 531 | M | 77 | 37:58 | James Willshier | 36 | | 30 - 39 14 | Mechanicsburg | PA | 12:13 | 35.20 |




Diakon Wilderness Center

Diakon Adventure Challenge 5k

September 17, 2016

Overall Finish

 **70**
overcast clouds
light breeze

5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|------------|-------------|----------|-----------|--------------|---------------------------|-----------|---------|-------------------------|-----------------|-------|-------------|-----------|
| 133 | 435 | M | 78 | 38:11 | Michael Miller | 33 | | 30 - 39 15 | New Oxford | PA | 12:17 | 34.45 |
| 134 | 433 | F | 56 | 38:23 | Elysia Mikkelsen | 27 | | 20 - 29 13 | New Cumberland | PA | 12:21 | 38.51 |
| 135 | 365 | M | 79 | 38:32 | Jeffery Geiselman | 39 | | 30 - 39 16 | Spring Grove | PA | 12:24 | 35.44 |
| 136 | 464 | F | 57 | 38:53 | Linda Plesic | 58 | | 50 & over 6 | New Cumberland | PA | 12:31 | 48.29 |
| 137 | 420 | F | 58 | 38:55 | Janelle Leymeister | 52 | | 50 & over 7 | Hummelstown | PA | 12:32 | 44.55 |
| 138 | 543 | F | 59 | 39:09 | Shelly Renfrew | 38 | | 30 - 39 21 | | | 12:36 | 38.67 |
| 139 | 528 | M | 80 | 39:11 | Trek Weigle | 11 | | 12 & under 6 | Gettysburg | PA | 12:37 | 39.35 |
| 140 | 470 | F | 60 | 39:15 | Heather Ranck | 46 | | 40 - 49 13 | Lancaster | PA | 12:38 | 41.08 |
| 141 | 451 | F | 61 | 39:16 | Dawn Nolt | 50 | | 50 & over 8 | Lititz | PA | 12:38 | 43.06 |
| 142 | 529 | F | 62 | 39:17 | Wendi Weigle | 45 | | 40 - 49 14 | Gettysburg | PA | 12:39 | 40.63 |
| 143 | 318 | F | 63 | 39:19 | Barbara Bingham | 47 | | 40 - 49 15 | Camp Hill | PA | 12:39 | 41.47 |
| 144 | 512 | F | 64 | 39:20 | Teresa Strausbaugh | 53 | | 50 & over 9 | Glenville | PA | 12:40 | 44.64 |
| 145 | 511 | M | 81 | 39:21 | Jerry Strausbaugh | 52 | | 50 & over 13 | Glenville | PA | 12:40 | 38.40 |
| 146 | 331 | F | 65 | 39:38 | Janelle Chockla | 34 | | 30 - 39 22 | Biglerville | PA | 12:45 | 37.58 |
| 147 | 504 | F | 66 | 39:38 | Cathy Sprenger | 49 | | 40 - 49 16 | Mechanicsburg | PA | 12:45 | 42.14 |
| 148 | 406 | M | 82 | 39:42 | Dustin Kinn | 33 | | 30 - 39 17 | Boiling Springs | PA | 12:47 | 33.14 |
| 149 | 407 | F | 67 | 39:43 | Emily Kinn | 31 | | 30 - 39 23 | Boiling Springs | PA | 12:47 | 37.27 |
| 150 | 332 | F | 68 | 39:57 | Elizabeth Clough | 37 | | 30 - 39 24 | Shippensburg | PA | 12:52 | 37.71 |
| 151 | 326 | F | 69 | 39:58 | Debby Burd | 63 | | 50 & over 10 | Biglerville | PA | 12:52 | 50.48 |
| 152 | 419 | F | 70 | 39:59 | Laura Lent | 50 | | 50 & over 11 | Carlisle | PA | 12:52 | 42.28 |
| 153 | 387 | F | 71 | 40:29 | Moriah Hough | 21 | | 20 - 29 14 | Mechanicsburg | PA | 13:02 | 36.52 |
| 154 | 403 | F | 72 | 40:29 | Dani Kepner | 20 | | 20 - 29 15 | Mechanicsburg | PA | 13:02 | 36.53 |
| 155 | 335 | F | 73 | 40:42 | Karen Connolly | 51 | | 50 & over 12 | Enola | PA | 13:06 | 42.06 |
| 156 | 480 | M | 83 | 41:36 | Paul Rundle | 53 | | 50 & over 14 | Camp Hill | PA | 13:23 | 36.62 |
| 157 | 301 | F | 74 | 41:48 | Ariel Andrejev | 28 | | 20 - 29 16 | Harrisburg | PA | 13:27 | 35.37 |
| 158 | 304 | F | 75 | 41:54 | Danielle Baker | 25 | | 20 - 29 17 | Marysville | PA | 13:29 | 35.28 |
| 159 | 377 | M | 84 | 42:08 | Thomas Hamilton | 24 | | 20 - 29 11 | York | PA | 13:34 | 30.85 |
| 160 | 386 | F | 76 | 42:09 | Melissa Hodge | 25 | | 20 - 29 18 | York | PA | 13:34 | 35.07 |
| 161 | 476 | M | 85 | 42:23 | Chris Roffe | 35 | | 30 - 39 18 | New Cumberland | PA | 13:39 | 31.34 |
| 162 | 500 | F | 77 | 42:30 | Heather Smith | 34 | | 30 - 39 25 | Enola | PA | 13:41 | 35.05 |
| 163 | 334 | M | 86 | 42:31 | Patrick Collins | 52 | | 50 & over 15 | Harrisburg | PA | 13:41 | 35.54 |
| 164 | 545 | F | 78 | 42:37 | Sarah Kramer | 28 | | 20 - 29 19 | | | 13:43 | 34.69 |
| 165 | 388 | M | 87 | 42:43 | Caleb Houston | 11 | | 12 & under 7 | Enola | PA | 13:45 | 36.09 |

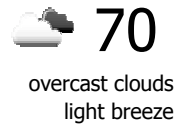


Diakon Wilderness Center

Diakon Adventure Challenge 5k

September 17, 2016

Overall Finish



5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|----------|-------------|--------|-------|-------|---------------------|-----|---------|-------------------|-----------------|-------|-------------|-----------|
| 166 | 515 | F | 79 | 42:45 | Melaney Stremmel | 44 | | 40 - 49 17 | New Oxford | PA | 13:46 | 36.97 |
| 167 | 523 | F | 80 | 42:45 | Mary Tyrrell | 34 | | 30 - 39 26 | Chambersburg | PA | 13:46 | 34.84 |
| 168 | 558 | M | 88 | 42:53 | Vance Kunkle | 12 | | 12 & under 8 | Shippensburg | PA | 13:48 | 34.95 |
| 169 | 389 | M | 89 | 42:56 | Eric Houston | 40 | | 40 - 49 20 | Enola | PA | 13:49 | 32.05 |
| 170 | 497 | F | 81 | 43:09 | Ashleigh Sites | 14 | | 13 - 19 3 | Mechanicsburg | PA | 13:53 | 36.38 |
| 171 | 409 | M | 90 | 43:38 | Jackson Klingaman | 15 | | 13 - 19 15 | New Cumberland | PA | 14:03 | 32.16 |
| 172 | 556 | F | 82 | 43:43 | Stephanie Taylor | 38 | | 30 - 39 27 | | | 14:04 | 34.62 |
| 173 | 394 | F | 83 | 44:09 | Kristin Jensen | 40 | | 40 - 49 18 | New Cumberland | PA | 14:13 | 34.69 |
| 174 | 426 | M | 91 | 44:32 | Luke McGlaughlin | 11 | | 12 & under 9 | York | PA | 14:20 | 34.62 |
| 175 | 424 | M | 92 | 44:32 | Brad McGlaughlin | 46 | | 40 - 49 21 | York | PA | 14:20 | 32.34 |
| 176 | 514 | F | 84 | 44:48 | Laura Stremmel | 14 | | 13 - 19 4 | New Oxford | PA | 14:25 | 35.05 |
| 177 | 513 | M | 93 | 44:48 | Daniel Stremmel | 44 | | 40 - 49 22 | New Oxford | PA | 14:25 | 31.66 |
| 178 | 471 | F | 85 | 45:14 | Corinne Rebinski | 56 | | 50 & over 13 | Etters | PA | 14:34 | 40.39 |
| 179 | 522 | F | 86 | 45:15 | Aisha Trump | 9 | | 12 & under 2 | Mechanicsburg | PA | 14:34 | 38.75 |
| 180 | 524 | F | 87 | 45:18 | Tamar Wallace | 34 | | 30 - 39 28 | New Cumberland | PA | 14:35 | 32.88 |
| 181 | 353 | M | 94 | 45:24 | Ali Firoozmand | 64 | | 50 & over 16 | Harrisburg | PA | 14:37 | 36.90 |
| 182 | 328 | F | 88 | 45:32 | Mackenzie Carothers | 13 | | 13 - 19 5 | Enola | PA | 14:39 | 35.05 |
| 183 | 344 | F | 89 | 45:33 | Jennifer Dructor | 33 | | 30 - 39 29 | Camp Hill | PA | 14:40 | 32.61 |
| 184 | 506 | M | 95 | 46:06 | Matt Sprenger | 52 | | 50 & over 17 | Mechanicsburg | PA | 14:50 | 32.77 |
| 185 | 560 | F | 90 | 46:29 | Jeannette Magaro | 38 | | 30 - 39 30 | | | 14:58 | 32.56 |
| 186 | 347 | M | 96 | 46:41 | Joe Esbenshade | 39 | | 30 - 39 19 | Dover | PA | 15:02 | 29.26 |
| 187 | 534 | F | 91 | 46:58 | Karen Woodring | 43 | | 40 - 49 19 | Mechanicsburg | PA | 15:07 | 33.36 |
| 188 | 359 | F | 92 | 47:00 | Zoe Gannon | 13 | | 13 - 19 6 | Mohrsville | PA | 15:08 | 33.95 |
| 189 | 410 | F | 93 | 47:45 | Kelsi Knarr | 20 | | 20 - 29 20 | Newville | PA | 15:22 | 30.98 |
| 190 | 415 | F | 94 | 48:46 | Tanya Lambdin | 30 | | 30 - 39 31 | Orrtanna | PA | 15:42 | 30.32 |
| 191 | 416 | F | 95 | 48:49 | M. Angie Larkin | 36 | | 30 - 39 32 | Boiling Springs | PA | 15:43 | 30.72 |
| 192 | 402 | F | 96 | 49:07 | Shelby Kent | 19 | | 13 - 19 7 | East Berlin | PA | 15:49 | 30.22 |
| 193 | 487 | F | 97 | 49:09 | Sarah Shader | 19 | | 13 - 19 8 | Mechanicsburg | PA | 15:49 | 30.20 |
| 194 | 459 | F | 98 | 49:19 | Tara Petterson | 41 | | 40 - 49 20 | Lemoyne | PA | 15:52 | 31.28 |
| 195 | 551 | F | 99 | 49:21 | Kami Link | 41 | | 40 - 49 21 | | | 15:53 | 31.25 |
| 196 | 369 | M | 97 | 49:22 | Patrick Goodrich | 46 | | 40 - 49 23 | York | PA | 15:53 | 29.17 |
| 197 | 368 | F | 100 | 49:23 | Michelle Goodrich | 42 | | 40 - 49 22 | York | PA | 15:54 | 31.47 |
| 198 | 486 | M | 98 | 49:58 | Russ Shader | 56 | | 50 & over 18 | Mechanicsburg | PA | 16:05 | 31.26 |



Diakon Wilderness Center

Diakon Adventure Challenge 5k

September 17, 2016

Overall Finish

70
overcast clouds
light breeze

5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|----------|-------------|--------|-------|---------|---------------------|-----|---------|-------------------|-----------------|-------|-------------|-----------|
| 199 | 557 | F | 101 | 50:25 | Nichole Kunkle | 39 | | 30 - 39 33 | Shippensburg | PA | 16:14 | 30.19 |
| 200 | 496 | M | 99 | 50:36 | Albert Sites | 46 | | 40 - 49 24 | Mechanicsburg | PA | 16:17 | 28.47 |
| 201 | 378 | F | 102 | 51:44 | Vicki Hardman | 40 | | 40 - 49 23 | Newville | PA | 16:39 | 29.61 |
| 202 | 411 | F | 103 | 51:44 | April Knepper | 40 | | 40 - 49 24 | Chambersburg | PA | 16:39 | 29.61 |
| 203 | 396 | F | 104 | 51:44 | Linda Johnson | 54 | | 50 & over 14 | Newville | PA | 16:39 | 34.39 |
| 204 | 521 | M | 100 | 52:00 | Kevin Tingler | 24 | | 20 - 29 12 | Thurmont | MD | 16:44 | 25.00 |
| 205 | 357 | F | 105 | 52:12 | Aevyn Gannon | 9 | | 12 & under 3 | Mohrsville | PA | 16:48 | 33.59 |
| 206 | 302 | F | 106 | 52:32 | Lori Aux | 48 | | 40 - 49 25 | Carlisle | PA | 16:55 | 31.40 |
| 207 | 535 | F | 107 | 52:58 | Angeline Zemba | 45 | | 40 - 49 26 | Boiling Springs | PA | 17:03 | 30.13 |
| 208 | 508 | F | 108 | 52:59 | Vanessa Steinbacher | 35 | | 30 - 39 34 | Middletown | PA | 17:03 | 28.19 |
| 209 | 412 | F | 109 | 53:00 | Barbie Kostyak | 47 | | 40 - 49 27 | Carlisle | PA | 17:04 | 30.76 |
| 210 | 429 | F | 110 | 53:04 | Kristi Meier | 26 | | 20 - 29 21 | Chambersburg | PA | 17:05 | 27.86 |
| 211 | 349 | F | 111 | 53:06 | Ellie Fasick | 8 | | 12 & under 4 | Gardners | PA | 17:05 | 34.08 |
| 212 | 350 | F | 112 | 53:06 | Joy Fasick | 41 | | 40 - 49 28 | Gardners | PA | 17:05 | 29.04 |
| 213 | 466 | F | 113 | 53:46 | Millie Potteiger | 58 | | 50 & over 15 | Carlisle | PA | 17:18 | 34.92 |
| 214 | 526 | F | 114 | 54:08 | Tiffany Walters | 34 | | 30 - 39 35 | Mechanicsburg | PA | 17:25 | 27.51 |
| 215 | 437 | F | 115 | 54:08 | Tiffany Miller | 26 | | 20 - 29 22 | Wormleysburg | PA | 17:25 | 27.31 |
| 216 | 532 | F | 116 | 54:09 | Vicki Witter | 48 | | 40 - 49 29 | Newville | PA | 17:26 | 30.46 |
| 217 | 485 | F | 117 | 54:26 | Linda Shader | 51 | | 50 & over 16 | Mechanicsburg | PA | 17:31 | 31.44 |
| 218 | 372 | F | 118 | 54:53 | Michelle Grochalski | 53 | | 50 & over 17 | Carlisle | PA | 17:40 | 32.00 |
| 219 | 493 | F | 119 | 55:05 | Stephanie Shorten | 42 | | 40 - 49 30 | Enola | PA | 17:44 | 28.21 |
| 220 | 303 | F | 120 | 55:05 | Betsy Baker | 54 | | 50 & over 18 | Marysville | PA | 17:44 | 32.30 |
| 221 | 399 | F | 121 | 55:43 | Christina Keim | 39 | | 30 - 39 36 | Harrisburg | PA | 17:56 | 27.32 |
| 222 | 400 | F | 122 | 55:43 | Emily Keim | 13 | | 13 - 19 9 | Harrisburg | PA | 17:56 | 28.64 |
| 223 | 362 | M | 101 | 56:47 | Robert Geesaman | 44 | | 40 - 49 25 | Harrisburg | PA | 18:17 | 24.98 |
| 224 | 363 | F | 123 | 56:48 | Vickie Geesaman | 44 | | 40 - 49 31 | Harrisburg | PA | 18:17 | 27.82 |
| 225 | 443 | F | 124 | 56:51 | Traci Moyer | 46 | | 40 - 49 32 | Enola | PA | 18:18 | 28.36 |
| 226 | 540 | F | 125 | 57:29 | Susan McFadden | 66 | | 50 & over 19 | | | 18:30 | 36.73 |
| 227 | 541 | F | 126 | 57:30 | Laurie McFadden | 45 | | 40 - 49 33 | | | 18:30 | 27.75 |
| 228 | 321 | F | 127 | 59:31 | Amanda Blouch | 23 | | 20 - 29 23 | Annville | PA | 19:09 | 24.84 |
| 229 | 548 | F | 128 | 59:44 | Jodie Miller | 45 | | 40 - 49 34 | Biglerville | PA | 19:14 | 26.72 |
| 230 | 561 | F | 129 | 1:00:31 | Catlin Lawson | 23 | | 20 - 29 24 | | | 19:29 | 24.43 |
| 231 | 562 | F | 130 | 1:00:31 | Aalliyah Hutchison | 14 | | 13 - 19 10 | | | 19:29 | 25.94 |



Diakon Wilderness Center
Diakon Adventure Challenge 5k
September 17, 2016
Overall Finish

 **70**
overcast clouds
light breeze

5k Race Total: 240

| Over All | Race Number | Gender | Place | Time | Name | Age | Masters | Age Group / Place | City | State | Pace / Mile | Age Grade |
|------------|-------------|----------|------------|----------------|---------------------------|-----------|---------|-------------------------|--------------|-------|-------------|-----------|
| 232 | 445 | F | 131 | 1:01:36 | Lorraine Nagy | 57 | | 50 & over 20 | East Berlin | PA | 19:50 | 30.07 |
| 233 | 490 | F | 132 | 1:05:42 | Chris Shields | 60 | | 50 & over 21 | Shippensburg | PA | 21:09 | 29.39 |
| 234 | 458 | M | 102 | 1:08:47 | Steve Papinchak | 29 | | 20 - 29 13 | Marysville | PA | 22:08 | 18.92 |
| 235 | 336 | F | 133 | 1:11:11 | Debra Cordell | 60 | | 50 & over 22 | Chambersburg | PA | 22:55 | 27.13 |
| 236 | 392 | M | 103 | 1:15:50 | Justin Jarman | 6 | | 12 & under 10 | Biglerville | PA | 24:25 | 24.85 |
| 237 | 313 | M | 104 | 1:16:12 | Colin Becker | 6 | | 12 & under 11 | Biglerville | PA | 24:32 | 24.73 |
| 238 | 479 | F | 134 | 1:16:13 | Nicole Ruff | 27 | | 20 - 29 25 | Biglerville | PA | 24:32 | 19.40 |
| 239 | 417 | F | 135 | 1:16:14 | Andrea Laudermilch | 56 | | 50 & over 23 | Biglerville | PA | 24:32 | 23.97 |
| 240 | 418 | M | 105 | 1:16:16 | Tom Laudermilch | 62 | | 50 & over 19 | Biglerville | PA | 24:33 | 21.58 |