



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 27, 2014

Overall Finish

5k Run Total: 122

Over All	Race Number	Gender	Place	Time	Name	Category / Place	Age Group / Place	City	State	Pace / Mile
1	651	M	1	17:28	Kevin Collins		13 - 19	Parkton	MD	5:37
2	477	M	2	19:28	Michael John Stanley		40 - 49	Riverside	CA	6:16
3	445	M	3	20:43	Ryan Palmer		30 - 39	Chambersburg	PA	6:40
4	411	M	4	21:07	Harrison Hipple		30 - 39	1 Shippensburg	PA	6:48
5	693	M	5	21:32	Adam Nonemaker		40 - 49	Newburg	PA	6:56
6	481	M	6	21:53	Adam Eichorn		30 - 39	2 St Thomas	PA	7:03
7	428	F	1	22:02	Dyan Mcalister		40 - 49	Carlisle	PA	7:06
8	479	M	7	22:54	Allen Bishop		40 - 49	Mcconnellsburg	PA	7:22
9	495	M	8	23:06	Doug Shields		40 - 49	1 Shippensburg	PA	7:26
10	666	M	9	23:12	Adam Murr		12 & under	1 Greencastle	PA	7:28
11	664	M	10	23:21	Henry Choate		13 - 19	1		7:31
12	476	M	11	23:40	Austin Emerick		13 - 19	2 Carlisle	PA	7:37
13	499	M	12	23:43	William Sauber		60 - 69	1 Carlisle	PA	7:38
14	397	M	13	24:07	Christopher Diaz		13 - 19	3 Carlisle	PA	7:46
15	400	F	2	24:16	Susan Duncan		20 - 29	Chambersburg	PA	7:49
16	461	M	14	24:23	Ron Slozat		60 - 69	2 Shippensburg	PA	7:51
17	439	F	3	24:23	Jennfier Morris		30 - 39	Chambersburg	PA	7:51
18	822	M	15	24:46	Colby Thlhelm		20 - 29	1		7:58
19	384	M	16	25:17	Frank Bryan		20 - 29	2 Waynesboro	PA	8:08
20	391	M	17	25:20	Ron Cornelius		70 & over	1 Fayetteville	PA	8:09
21	451	M	18	25:21	Peter Riggio		40 - 49	2 Newville	PA	8:10
22	371	M	19	25:24	Daniel Adamson		20 - 29	3 Chambersburg	PA	8:11
23	429	M	20	25:28	Noah Mcalister		12 & under	2 Carlisle	PA	8:12
24	398	M	21	25:36	Elijah Diaz		12 & under	3 Carlisle	PA	8:14
25	448	M	22	25:41	Bailey Renfrew		13 - 19	4 Shippensburg	PA	8:16
26	457	M	23	25:57	Cameron Salonen		13 - 19	5 Newville	PA	8:21
27	395	F	4	26:26	Kaitlynn Den Hoed		12 & under	1 Carlisle	PA	8:30
28	396	M	24	26:26	Tony Den Hoed		30 - 39	3 Carlisle	PA	8:30
29	442	M	25	27:02	Eric Murr		40 - 49	3 Greencastle	PA	8:42
30	674	F	5	27:10	Kelly Dryzal		30 - 39	1 Shippensburg	PA	8:45
31	401	M	26	27:29	Michael Emerick		20 - 29	4 Mechanicsburg	PA	8:51
32	389	M	27	27:38	Scott Clopper		40 - 49	4 Chambersburg	PA	8:54
33	432	M	28	27:51	Kyle Mongeau		20 - 29	5 Lancaster	PA	8:58
34	672	M	29	28:12	Peter De'bruin		12 & under	4		9:05



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35	438	M	30	28:12	James Morris		12 & under 5	Chambersburg	PA	9:05
36	456	M	31	28:14	Corey Saint		20 - 29 6	North Huntingdon	PA	9:05
37	390	F	6	28:30	Madison Colyer		13 - 19 1	Newville	PA	9:10
38	480	M	32	28:48	Bill Law		40 - 49 5	Shippensburg	PA	9:16
39	665	M	33	28:51	Ethan Murr		13 - 19 6	Greencastle	PA	9:17
40	494	M	34	28:57	Adam Gutshall		40 - 49 6	Shippensburg	PA	9:19
41	410	M	35	28:59	Michael Hess		40 - 49 7	Shippensburg	PA	9:20
42	412	M	36	29:21	Matt Houseman		20 - 29 7	Mechanicsburg	PA	9:27
43	377	M	37	29:29	Steve Barrick		50 - 59 1	Fayetteville	PA	9:29
44	402	F	7	29:31	Melissa Eppley		30 - 39 2	Carlisle	PA	9:30
45	670	M	38	29:33	David Debruin		40 - 49 8			9:31
46	465	F	8	29:34	Leslie Stine		20 - 29 1	Waynesboro	PA	9:31
47	381	F	9	29:44	Patricia Berecin		40 - 49	Shippensburg	PA	9:34
48	427	M	39	29:45	Cole Mcalister		12 & under 6	Carlisle	PA	9:35
49	464	M	40	30:01	Barry Stewart		50 - 59 2	Gardners	PA	9:40
50	385	M	41	30:12	Dean Burkholder		50 - 59 3	Shippensburg	PA	9:43
51	475	F	10	30:29	Katelyn Emerick		13 - 19 2	Carlisle	PA	9:49
52	443	F	11	30:39	Bonni Myers		20 - 29 2	Orrstown	PA	9:52
53	119	F	12	30:40	Heather Renfrew		20 - 29 3			9:52
54	392	F	13	30:41	Gwen Coy		40 - 49	Newville	PA	9:53
55	483	F	14	30:44	Norma Holsopple		50 - 59 1	Shippensburg	PA	9:54
56	486	F	15	30:45	Jennifer Doub		20 - 29 4	Chambersburg	PA	9:54
57	695	F	16	30:51	Jamie Ragland		20 - 29 5			9:56
58	413	F	17	30:53	Sandra Kipp		50 - 59 2	Carlisle	PA	9:56
59	471	M	42	31:04	Brad Westhafer		60 - 69 3	Mechanicsburg	PA	9:60
60	446	F	18	31:06	Meghan Quinn		20 - 29 6	Saint Thomas	PA	10:01
61	467	F	19	31:06	Katie Thompson		20 - 29 7	Waynesboro	PA	10:01
62	497	M	43	31:21	Joseph George		40 - 49 9			10:05
63	380	F	20	31:21	Alexis Bender		13 - 19 3	Chambersburg	PA	10:05
64	654	M	44	31:51	James Chastek		60 - 69 4			10:15
65	373	M	45	33:05	Bob Archibald		70 & over 2	Fayetteville	PA	10:39
66	408	M	46	33:09	Jason Henry		30 - 39 4	Shippensburg	PA	10:40
67	463	F	21	33:14	Shawn Souders		40 - 49 1	Chambersburg	PA	10:42
68	863	M	47	33:22	Kenneth Harding		20 - 29 8	Chambersburg	PA	10:44



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69	409	M	48	33:29	Noah Henry		12 & under 7	Shippensburg	PA	10:47
70	862	M	49	33:58	Tyler Clever		30 - 39 5			10:56
71	426	M	50	34:13	Braeden Mcalister		12 & under 8	Carlisle	PA	11:01
72	459	M	51	34:25	Donnie Shenk		20 - 29 9	Chambersburg	PA	11:05
73	679	F	22	34:44	Sophie Jackson		30 - 39 3	Chambersburg	PA	11:11
74	472	F	23	34:55	Irene Whittenberger		40 - 49 2	Carlisle	PA	11:14
75	681	F	24	35:02	Kimberly Cramer		30 - 39 4	Shippensburg	PA	11:17
76	460	F	25	35:05	Jodi Shenk		30 - 39 5	Chambersburg	PA	11:18
77	462	F	26	35:34	Crystal Smith		30 - 39 6	Chambersburg	PA	11:27
78	447	F	27	35:44	Christine Reiber		40 - 49 3	Greencastle	PA	11:30
79	466	F	28	36:04	Brenda Thomas		60 - 69 1	Chambersburg	PA	11:37
80	430	M	52	36:29	Justin Mcbeth		30 - 39 6	Shippensburg	PA	11:45
81	379	F	29	36:50	Angela Beck		30 - 39 7	Chambersburg	PA	11:51
82	378	F	30	37:06	Tracy Barrick		40 - 49 4	Fayetteville	PA	11:56
83	455	F	31	37:23	Petra Rueter		40 - 49 5	Shippensburg	PA	12:02
84	449	F	32	37:24	Mikayla Renfrew		13 - 19 4	Shippensburg	PA	12:02
85	418	M	53	37:40	Jonah Langella		12 & under 9	Shippensburg	PA	12:07
86	440	F	33	38:22	Ashley Moyer		30 - 39 8	Mechanicsburg	PA	12:21
87	414	M	54	38:22	Tucker Knerr		30 - 39 7	Mechanicsburg	PA	12:21
88	421	M	55	38:35	Joseph Maroukian		30 - 39 8	Chambersburg	PA	12:25
89	498	M	56	38:46	Vince Halcomb		40 - 49 10	Waynesboro	PA	12:29
90	450	F	34	39:27	Emily Riggio		12 & under 2	Newville	PA	12:42
91	417	M	57	39:38	Colin Langella		12 & under 10	Shippensburg	PA	12:45
92	383	F	35	39:44	Karen Brown		40 - 49 6	Telford	PA	12:47
93	393	F	36	39:44	Sherri Croftcheck		40 - 49 7	Carlisle	PA	12:47
94	441	F	37	41:05	Jennifer Mulhollen		30 - 39 9	Chambersburg	PA	13:13
95	420	F	38	41:36	Corene Lewis		30 - 39 10	Shippensburg	PA	13:23
96	468	M	58	41:36	Ben Wagner		30 - 39 9	Carlisle	PA	13:23
97	388	F	39	42:23	Beth Carr		40 - 49 8	Palmyra	PA	13:39
98	433	F	40	44:09	Sarah Mongeau		20 - 29 8	Lancaster	PA	14:13
99	444	F	41	46:32	Sara Myers		20 - 29 9	Shippensburg	PA	14:59
100	404	M	59	46:43	Marvin Gaskill		40 - 49 11	Waynesboro	PA	15:02
101	435	M	60	50:52	Jim Moretti		60 - 69 5	Carlisle	PA	16:22
102	407	M	61	54:41	Dustin Heberlig		30 - 39 10	Carlisle	PA	17:36



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103	675	F	42	55:10	Carrie Heberlig		30 - 39 11			17:45
104	470	F	43	56:03	Suzette Welter		40 - 49 9	Dauphin	PA	18:02
105	372	F	44	56:03	Gere Anderson		40 - 49 10	East Berlin	PA	18:02
106	403	M	62	56:25	Toby Eppley		40 - 49 12	Carlisle	PA	18:10
107	406	M	63	58:33	Wayne Haubert		40 - 49 13	Shippensburg	PA	18:51
108	482	F	45	58:34	Trishia Weller		30 - 39 12	Saint Thomas	PA	18:51
109	474	M	64	58:50	Terry Weller		40 - 49 14	Saint Thomas	PA	18:56
110	399	F	46	58:50	Gina Dougherty		50 - 59 3	Newburg	PA	18:56
111	405	F	47	58:51	Marla Haubert		40 - 49 11	Shippensburg	PA	18:57
112	454	F	48	58:56	Paula Robison		20 - 29 10	Shippensburg	PA	18:58
113	458	F	49	58:57	Marisa Sames		20 - 29 11	Baltimore	MD	18:58
114	487	F	50	58:58	Alyssa Wentz		20 - 29 12	Palmerton	PA	18:59
115	434	F	51	1:00:52	Janine Moretti		30 - 39 13	Carlisle	PA	19:35
116	437	F	52	1:00:53	Rebecca Moretti		30 - 39 14	York Springs	PA	19:36
117	436	M	65	1:00:54	Jonathan Moretti		30 - 39 11	York Springs	PA	19:36
118	453	M	66	1:02:31	Peter Riggio Jr		12 & under 11	Newville	PA	20:07
119	452	F	53	1:02:42	Sarah Riggio		30 - 39 15	Newville	PA	20:11
120	423	M	67	1:03:33	Randy Maufort		30 - 39 12	Chambersburg	PA	20:27
121	394	F	54	1:03:33	Nikki Delon		20 - 29 13	Shippensburg	PA	20:27
122	422	F	55	1:03:33	Deanna Maufort		30 - 39 16	Chambersburg	PA	20:27