



# Cumberland Valley Rails-to-Trails Council

## Race, Run, Ride & Ramble 5k

April 21, 2013

### Overall Finish

5k Run Total: 143

Over All	Race Number	Gender	Place	Time	Name	Age	Masters	Age Group / Place	City	State	Pace / Mile
1	365	M	1	18:16	Greg Cauller	53		50 - 59	York	PA	5:53
2	363	F	1	19:59	Vicki Boyer	40		40 - 49	Elizabethtown	PA	6:26
3	257	M	2	20:23	Tanner Sipes	15		13 - 19	Breezewood	PA	6:34
4	329	M	3	21:46	Michael Kirkpatrick	31		30 - 39	Shippensburg	PA	7:00
5	179	M	4	21:55	David Mackling	31		30 - 39 1	Fayetteville	PA	7:03
6	102	M	5	21:58	Spencer Felix	19		13 - 19 1	Hellertown	PA	7:04
7	73	M	6	22:02	Kevin Cramer	38		30 - 39 2	Newville	PA	7:06
8	24	M	7	22:04	Allen Bishop	40	1	40 - 49	Mcconnellsburg	PA	7:06
9	307	M	8	22:22	Kevin Wilson	32		30 - 39 3	Newville	PA	7:12
10	228	M	9	22:29	Ryan Palmer	30		30 - 39 4	Chambersburg	PA	7:14
11	274	M	10	22:32	Richard Steffy	41	2	40 - 49	Elliottsburg	PA	7:15
12	190	M	11	22:45	Thomas McClernon	37		30 - 39 5	Carlisle	PA	7:19
13	264	M	12	22:54	Howard Smith	23		20 - 29 1	Shippensburg	PA	7:22
14	198	M	13	22:55	Rob Miles	33		30 - 39 6	Shippensburg	PA	7:23
15	160	F	2	22:57	Kara Klunk	26		20 - 29	Biglerville	PA	7:23
16	342	M	14	23:01	William Sauber	64	3	60 - 69 1	Carlisle	PA	7:25
17	337	M	15	23:23	Austin Emerick	15		13 - 19 2	Carlisle	PA	7:32
18	256	M	16	23:23	Baljeet Singh	26		20 - 29 2	Shippensburg	PA	7:32
19	258	M	17	23:41	Ron Slozat	66	4	60 - 69 2	Shippensburg	PA	7:37
20	180	M	18	23:46	Laszlo Madaras	51	5	50 - 59 1	Greencastle	PA	7:39
21	227	F	3	23:47	Madisyn Palmer	16		13 - 19	Newville	PA	7:39
22	361	M	19	23:53	Gary Shoop	55	6	50 - 59 2	Fayetteville	PA	7:41
23	117	F	4	23:55	Chelsea Hammond	28		20 - 29 1	Carlisle	PA	7:42
24	118	M	20	24:00	Justin Hammond	30		30 - 39 7	Carlisle	PA	7:43
25	81	M	21	24:34	Christopher Diaz	13		13 - 19 3	Carlisle	PA	7:54
26	32	F	5	24:37	Heidi Brandt	21		20 - 29 2	Carlisle	PA	7:55
27	59	M	22	24:59	Pat *i Think I Can* Closs	45	7	40 - 49 1	Carlisle	PA	8:02
28	60	M	23	24:59	Alex Closs	14		13 - 19 4	Carlisle	PA	8:02
29	225	F	6	25:07	Sydney Palmer	13		13 - 19 1	Newville	PA	8:05
30	103	F	7	25:14	Emma Ferig	13		13 - 19 2	Newville	PA	8:07
31	326	F	8	25:35	Amanda Kirkpatrick	32		30 - 39 1	Shippensburg	PA	8:14
32	327	F	9	25:55	Allison Davis	29		20 - 29 3	Shippensburg	PA	8:21
33	159	M	24	26:04	Bruce Kessler	67	8	60 - 69 3	Chambersburg	PA	8:23
34	169	F	10	26:17	Marge Lebo	52	1	50 - 59	New Cumberland	PA	8:28



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35	224	M	25	26:34	Mason Palmer	9		12 & under 1	Newville	PA	8:33
36	140	M	26	26:39	Jeff Holmes	47	9	40 - 49 2	Shippensburg	PA	8:35
37	195	M	27	26:52	Michael McSherry	49	10	40 - 49 3	Shippensburg	PA	8:39
38	273	F	11	26:57	Paige Steffy	13		13 - 19 3	Elliottsburg	PA	8:40
39	104	M	28	26:58	Levi Fertig	11		12 & under 2	Newville	PA	8:41
40	350	F	12	27:06	Jennifer Lucas	38		30 - 39 2	Chambersburg	PA	8:43
41	186	M	29	27:07	Manuel Martinez	52	11	50 - 59 3	Shippensburg	PA	8:44
42	305	F	13	27:24	Jennifer Williamson	37		30 - 39 3	Shippensburg	PA	8:49
43	95	M	30	27:30	Michael Emerick	28		20 - 29 3	Mechanicsburg	PA	8:51
44	100	F	14	27:33	Kelly Feher	20		20 - 29 4	Riegelsville	PA	8:52
45	52	F	15	27:36	Gina Carbaugh	48	2	40 - 49	Chambersburg	PA	8:53
46	344	M	31	28:05	James C Bannister	43	12	40 - 49 4	Willow Hill	PA	9:02
47	184	F	16	28:26	Mary Markey	36		30 - 39 4	Chambersburg	PA	9:09
48	80	M	32	28:28	Elijah Diaz	6		12 & under 3	Carlisle	PA	9:10
49	330	F	17	28:34	Celeste Beard	35		30 - 39 5	Shippensburg	PA	9:12
50	343	F	18	28:44	Melissa Bannister	45	3	40 - 49 1	Willow Hill	PA	9:15
51	349	F	19	28:46	Nicole Kimberly Altland	31		30 - 39 6	Chambersburg	PA	9:16
52	170	F	20	28:57	Catherine Leeking	30		30 - 39 7	Shippensburg	PA	9:19
53	216	M	33	29:04	Bryan Obarowski	21		20 - 29 4	Holland	PA	9:21
54	99	M	34	29:11	Frank Feher	56	13	50 - 59 4	Riegelsville	PA	9:24
55	70	M	35	29:19	Steve Coover	43	14	40 - 49 5	Shippensburg	PA	9:26
56	237	F	21	29:21	Erica Reall	38		30 - 39 8	Shippensburg	PA	9:27
57	157	F	22	29:22	Shannon Keetch	39		30 - 39 9	Shippensburg	PA	9:27
58	57	M	36	29:39	Scott Clopper	40	15	40 - 49 6	Chambersburg	PA	9:33
59	328	M	37	29:46	Barry Davis	41	16	40 - 49 7	Shippensburg	PA	9:35
60	196	M	38	29:49	Sam Meckley	24		20 - 29 5	Millersville	PA	9:36
61	310	F	23	29:49	Lauren Zumbrun	32		30 - 39 10	Hummelstown	PA	9:36
62	115	M	39	29:54	Brian Hair	55	17	50 - 59 5	Shippensburg	PA	9:37
63	55	F	24	29:55	Janelle Chockla	30		30 - 39 11	Biglerville	PA	9:38
64	45	M	40	30:01	Dean Burkholder	57	18	50 - 59 6	Shippensburg	PA	9:40
65	15	M	41	30:12	Mohammad Azib	19		13 - 19 5	Mechanicsburg	PA	9:43
66	291	F	25	30:26	Tiffany Vogel	32		30 - 39 12	Lancaster	PA	9:48
67	339	M	42	30:29	Brad Westhafer	61	19	60 - 69 4	New Kingstown	PA	9:49
68	290	F	26	30:41	Emily Vetock	17		13 - 19 4	Shippensburg	PA	9:53



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69	65	M	43	30:45	Heath Clugston	9		12 & under 4	Fayetteville	PA	9:54
70	267	F	27	30:53	Shawn Souders	43	4	40 - 49 2	Chambersburg	PA	9:56
71	366	F	28	30:59	Corinne Bennett				Mount Holly Springs	PA	9:58
72	315	F	29	31:11	Norma Holsopple	50	5	50 - 59 1	Shippensburg	PA	10:02
73	153	F	30	31:19	Victoria Johnson	21		20 - 29 5	New Holland	PA	10:05
74	183	M	44	31:21	Keith Malinosky	48	20	40 - 49 8	Mount Holly Springs	PA	10:05
75	61	F	31	31:24	Alisa Closs	43	6	40 - 49 3	Carlisle	PA	10:06
76	10	M	45	31:33	Bob Archibald	80	21	70 & over 1	Fayetteville	PA	10:09
77	194	F	32	31:34	Ruth McSherry	45	7	40 - 49 4	Shippensburg	PA	10:10
78	141	F	33	31:38	Michele Hoover	45	8	40 - 49 5	Shippensburg	PA	10:11
79	211	F	34	31:47	Shannan Nicholson	29		20 - 29 6	Shippensburg	PA	10:14
80	351	M	46	31:55	Michael Fisher	45	22	40 - 49 9	Enola	PA	10:16
81	23	F	35	32:05	Patricia Berecin	46	9	40 - 49 6	Shippensburg	PA	10:20
82	58	F	36	32:09	Tara Clopper	38		30 - 39 13	Chambersburg	PA	10:21
83	321	F	37	32:15	Kelly Stine	37		30 - 39 14	Shippensburg	PA	10:23
84	319	F	38	32:20	Lindsay Harlow	20		20 - 29 7	Carlisle	PA	10:24
85	154	F	39	32:20	Elizabeth Kristen Jones	39		30 - 39 15	Carlisle	PA	10:24
86	72	F	40	32:29	Gwen Coy	47	10	40 - 49 7	Newville	PA	10:27
87	214	M	47	32:47	Hunter Noel	10		12 & under 5	Chambersburg	PA	10:33
88	17	F	41	33:04	Heidi Barker	41	11	40 - 49 8	Shippensburg	PA	10:39
89	336	F	42	33:08	Katelyn Emerick	17		13 - 19 5	Carlisle	PA	10:40
90	66	M	48	33:26	Les Clugston	42	23	40 - 49 10	Shippensburg	PA	10:46
91	182	F	43	34:04	Jennifer Malinosky	43	12	40 - 49 9	Mount Holly Springs	PA	10:58
92	236	F	44	34:08	Tracey Ramsey	38		30 - 39 16	Fort Loudon	PA	10:59
93	208	F	45	34:18	Courtney Neus	37		30 - 39 17	Chambersburg	PA	11:02
94	373	M	49	34:30	Hayden Lee Highlands	9		12 & under 6	Shippensburg	PA	11:06
95	137	F	46	34:30	Devon Highlands	32		30 - 39 18	Shippensburg	PA	11:06
96	303	F	47	34:59	Irene Whittenberger	42	13	40 - 49 10	Carlisle	PA	11:16
97	348	F	48	35:32	Julie Lynn Evans	37		30 - 39 19	Chambersburg	PA	11:26
98	83	F	49	35:56	Krista Dickerson	44	14	40 - 49 11	Harrisburg	PA	11:34
99	261	F	50	35:58	Crystal Smith	36		30 - 39 20	Chambersburg	PA	11:35
100	54	F	51	36:08	Doralice Chamberlin	30		30 - 39 21	Chambersburg	PA	11:38
101	289	F	52	36:19	Terri Vetock	46	15	40 - 49 12	Shippensburg	PA	11:41
102	219	F	53	36:20	Cindy Olson	35		30 - 39 22	Chambersburg	PA	11:42



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103	282	F	<b>54</b>	36:25	Miranda Thiessen	18		13 - 19 6	Shippensburg	PA	11:43
104	281	M	50	36:43	Kevin Thiessen	51	24	50 - 59 7	Shippensburg	PA	11:49
105	345	M	51	36:47	Larry Kling Jr	43	25	40 - 49 11	Fannettsburg	PA	11:50
106	63	M	52	36:50	Tanner Clugston	7		12 & under 7	Fayetteville	PA	11:51
107	49	M	53	37:04	Jim Caldwell	52	26	50 - 59 8	Conestoga	PA	11:56
108	107	F	<b>55</b>	37:17	Brenda K. Ford	39		30 - 39 23	Greencastle	PA	12:00
109	120	F	<b>56</b>	37:55	Renee Marie Harlow	51	16	50 - 59 2	Carlisle	PA	12:12
110	218	F	<b>57</b>	38:01	Megan Oliver	29		20 - 29 8	Wilmington	DE	12:14
111	161	F	<b>58</b>	38:05	Ann Kondas	30		30 - 39 24	Mount Holly Springs	PA	12:15
112	308	F	<b>59</b>	38:19	Stacy Wiser	36		30 - 39 25	Newburg	PA	12:20
113	101	F	<b>60</b>	38:43	Susan Feher	54	17	50 - 59 3	Riegelsville	PA	12:28
114	316	F	<b>61</b>	39:06	Dorothy Laincz	44	18	40 - 49 13	Carlisle	PA	12:35
115	50	F	<b>62</b>	39:10	Julie Caldwell	52	19	50 - 59 4	Conestoga	PA	12:36
116	346	F	<b>63</b>	39:15	Virginia Kling	42	20	40 - 49 14	Fannettsburg	PA	12:38
117	306	F	<b>64</b>	39:35	Jamie Wilson	28		20 - 29 9	Newville	PA	12:44
118	356	F	<b>65</b>	40:06	Danielle Moats	41	21	40 - 49 15	Shippensburg	PA	12:54
119	28	F	<b>66</b>	40:07	Amy Boyer	36		30 - 39 26	Shippensburg	PA	12:55
120	317	F	<b>67</b>	40:38	Shelley Barrick	34		30 - 39 27	Boiling Springs	PA	13:05
121	297	F	<b>68</b>	40:43	Tierra Washington	30		30 - 39 28	Shippensburg	PA	13:06
122	241	M	54	40:48	Mohammad Saim	26		20 - 29 6	Mechanicsburg	PA	13:08
123	158	F	<b>69</b>	40:52	Merrilynn Kessler	69	22	60 - 69 1	Chambersburg	PA	13:09
124	347	M	55	40:54	Jack Ireton-hewitt	75	27	70 & over 2	Chambersburg	PA	13:10
125	111	F	<b>70</b>	41:45	Roberta Goncalves	28		20 - 29 10	Shippensburg	PA	13:26
126	91	M	56	42:40	Ravichandran Duraisamy	28		20 - 29 7	Chambersburg	PA	13:44
127	109	M	57	42:41	Saravanan Ganapathy	35		30 - 39 8	Shippensburg	PA	13:44
128	205	F	<b>71</b>	42:54	Kasey Mowery	34		30 - 39 29	Shippensburg	PA	13:48
129	293	M	58	43:22	Noah Wagaman	10		12 & under 8	Chambersburg	PA	13:58
130	235	M	59	43:22	Kaden Ramsey	9		12 & under 9	Fort Loudon	PA	13:58
131	185	F	<b>72</b>	43:31	Althea Martin	32		30 - 39 30	Shippensburg	PA	14:00
132	112	F	<b>73</b>	43:39	Ann Guarriello	45	23	40 - 49 16	Chambersburg	PA	14:03
133	358	F	<b>74</b>	44:02	Alena Casella	9		12 & under 1	Shippensburg	PA	14:10
134	359	F	<b>75</b>	44:03	Sue Casella	44	24	40 - 49 17	Shippensburg	PA	14:11
135	113	F	<b>76</b>	44:39	Robyn Guarriello	15		13 - 19 7	Chambersburg	PA	14:22
136	287	F	<b>77</b>	45:05	Cindy Vandebroke	50	25	50 - 59 5	Shippensburg	PA	14:31



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137	292	F	<b>78</b>	48:37	Tammy Sue Wagaman	52	26	50 - 59 6	Chambersburg	PA	15:39
138	294	F	<b>79</b>	48:42	Madison Cheongashack	13		13 - 19 8	Chambersburg	PA	15:41
139	48	F	<b>80</b>	49:34	Molly Caldwell	28		20 - 29 11	Lancaster	PA	15:57
140	130	M	60	54:52	Matt Henderson	29		20 - 29 8	Lancaster	PA	17:40
141	64	F	<b>81</b>	55:11	Lindsay Clugston	11		12 & under 2	Fayetteville	PA	17:46
142	62	F	<b>82</b>	55:12	Jeanette Clugston	39		30 - 39 31	Fayetteville	PA	17:46
143	114	F	<b>83</b>	58:44	Heather Guarriello	19		13 - 19 9	Chambersburg	PA	18:54