



# Cumberland Valley Rails-to-Trails Council

## Race, Run, Ride & Ramble 5k

April 18, 2010

### Overall Finish

5k Run Total: 129

| Over All | Place | Time | Name  | Race Number                 | Age | Masters | Age Group / Place | City  | State          | Pace / Mile |      |
|----------|-------|------|-------|-----------------------------|-----|---------|-------------------|-------|----------------|-------------|------|
| 1        | M     | 1    | 18:38 | Sean Manning                | 59  | 14      | 13 - 19           |       |                | 5:60        |      |
| 2        | M     | 2    | 18:57 | Kevin Waldman               | 475 | 18      | 13 - 19           | Enola | PA             | 6:06        |      |
| 3        | M     | 3    | 19:03 | Nathan Thrash               | 86  | 15      | 13 - 19           |       |                | 6:08        |      |
| 4        | M     | 4    | 20:02 | Bill Wilson                 | 439 | 37      | 30 - 39           | 1     | Newville       | PA          | 6:27 |
| 5        | M     | 5    | 20:12 | Ryan Kaiser                 | 270 | 17      | 13 - 19           | 1     | Waynesboro     | PA          | 6:30 |
| 6        | M     | 6    | 20:31 | Luke Cessna                 | 459 | 43      | 40 - 49           | 1     | Fort Loudon    | PA          | 6:36 |
| 7        | M     | 7    | 21:11 | Christian Reed              | 37  | 19      | 13 - 19           | 2     |                |             | 6:49 |
| 8        | M     | 8    | 21:25 | Jason Kreider               | 282 | 32      | 30 - 39           | 2     | Newville       | PA          | 6:54 |
| 9        | M     | 9    | 21:55 | Alex Hayden                 | 234 | 12      | 12 & under        | 1     | Chambersburg   | PA          | 7:03 |
| 10       | M     | 10   | 21:59 | Brian Bierly                | 47  | 48      | 40 - 49           | 2     |                |             | 7:05 |
| 11       | M     | 11   | 22:04 | Kevin Wilson                | 440 | 29      | 20 - 29           | 1     | Newville       | PA          | 7:06 |
| 12       | M     | 12   | 22:09 | Ron Slozat                  | 398 | 63      | 60 - 69           | 1     | Shippensburg   | PA          | 7:08 |
| 13       | F     | 1    | 22:28 | Laura Caudill               | 141 | 17      | 13 - 19           |       | Shippensburg   | PA          | 7:14 |
| 14       | M     | 13   | 23:24 | Doug Shields                | 43  | 43      | 40 - 49           | 1     | Shippensburg   | PA          | 7:32 |
| 15       | M     | 14   | 23:29 | John Briggs                 | 130 | 40      | 40 - 49           | 2     | Chambersburg   | PA          | 7:34 |
| 16       | M     | 15   | 23:38 | Eric Sweeney                | 465 | 32      | 30 - 39           | 3     | Harrisburg     | PA          | 7:36 |
| 17       | F     | 2    | 23:59 | Kristen Stoler              | 480 | 18      | 13 - 19           |       | Chambersburg   | PA          | 7:43 |
| 18       | M     | 16   | 24:19 | Von Mcgee                   | 457 | 34      | 30 - 39           | 4     | Spring Run     | PA          | 7:50 |
| 19       | F     | 3    | 24:31 | Kaithlyn Hess               | 245 | 17      | 13 - 19           |       | Chambersburg   | PA          | 7:53 |
| 20       | M     | 17   | 24:52 | Lance Russell               | 370 | 14      | 13 - 19           | 3     | Shippensburg   | PA          | 8:00 |
| 21       | F     | 4    | 24:58 | Kristin Memmelaar           | 314 | 25      | 20 - 29           | 1     | Carlisle       | PA          | 8:02 |
| 22       | F     | 5    | 25:14 | Paula Elaine Maravich       | 301 | 46      | 40 - 49           | 1     | Shippensburg   | PA          | 8:07 |
| 23       | M     | 18   | 25:25 | Jon Skipper                 | 396 | 35      | 30 - 39           | 5     | Fayetteville   | PA          | 8:11 |
| 24       | F     | 6    | 26:18 | Stephanie Berger            | 115 | 20      | 20 - 29           | 2     | Malvern        | PA          | 8:28 |
| 25       | M     | 19   | 26:19 | Brett E Repman              | 364 | 20      | 20 - 29           | 2     | Shippensburg   | PA          | 8:28 |
| 26       | M     | 20   | 26:34 | Ronald Cornelius            | 60  | 67      | 60 - 69           | 2     |                |             | 8:33 |
| 27       | F     | 7    | 26:58 | Catherine Ann Farrell Bloon | 118 | 13      | 13 - 19           | 1     | Carlisle       | PA          | 8:41 |
| 28       | M     | 21   | 27:02 | Robert Kirk                 | 276 | 31      | 30 - 39           | 6     | Chambersburg   | PA          | 8:42 |
| 29       | M     | 22   | 27:04 | David Kaiser                | 268 | 46      | 40 - 49           | 3     | Waynesboro     | PA          | 8:43 |
| 30       | F     | 8    | 27:05 | Katey Louise Reed           | 360 | 25      | 20 - 29           | 3     | Shippensburg   | PA          | 8:43 |
| 31       | M     | 23   | 27:08 | Carrie Burkholder           | 136 | 26      | 20 - 29           | 3     | Shippensburg   | PA          | 8:44 |
| 32       | F     | 9    | 27:13 | Marge Lebo                  | 286 | 49      | 40 - 49           | 2     | New Cumberland | PA          | 8:46 |
| 33       | M     | 24   | 27:35 | Joseph T Zume               | 450 | 40      | 40 - 49           | 4     | Shippensburg   | PA          | 8:53 |
| 34       | M     | 25   | 27:36 | Tyler Engle                 | 50  | 25      | 20 - 29           | 4     |                |             | 8:53 |



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|----------|-------|-------|------------------------|-------------|-----|---------|-------------------|---------------|-------|-------------|
| 35       | M 26  | 27:58 | Alex Manning           | 58          | 51  | 9       | 50 - 59 1         |               |       | 9:00        |
| 36       | M 27  | 28:27 | Mikell Mcgee           | 78          | 10  |         | 12 & under 2      |               |       | 9:09        |
| 37       | F 10  | 28:27 | Kelly Ackley           | 100         | 30  |         | 30 - 39 1         | Carlisle      | PA    | 9:09        |
| 38       | F 11  | 28:32 | Christina L Hershey    | 243         | 35  |         | 30 - 39 2         | Shippensburg  | PA    | 9:11        |
| 39       | F 12  | 28:33 | Kristin Mcgee          | 455         | 31  |         | 30 - 39 3         | Spring Run    | PA    | 9:11        |
| 40       | M 28  | 28:35 | Steven M Oyler         | 347         | 34  |         | 30 - 39 7         | Gardners      | PA    | 9:12        |
| 41       | M 29  | 28:35 | Vincent J Gajewski     | 469         | 37  |         | 30 - 39 8         | Carlisle      | PA    | 9:12        |
| 42       | M 30  | 28:38 | Jon Nori               | 333         | 33  |         | 30 - 39 9         | Shippensburg  | PA    | 9:13        |
| 43       | F 13  | 28:42 | Amanda Clare Schroeder | 379         | 25  |         | 20 - 29 4         | Shippensburg  | PA    | 9:14        |
| 44       | M 31  | 28:46 | Chris Crawford         | 73          | 39  |         | 30 - 39 10        |               |       | 9:16        |
| 45       | M 32  | 29:13 | Michael Clough         | 151         | 37  |         | 30 - 39 11        | Shippensburg  | PA    | 9:24        |
| 46       | M 33  | 29:14 | Jarrett Lloyd          | 294         | 10  |         | 12 & under 3      | Carlisle      | PA    | 9:25        |
| 47       | F 14  | 29:19 | Mary Rohrer            | 367         | 33  |         | 30 - 39 4         | Lancaster     | PA    | 9:26        |
| 48       | M 34  | 29:21 | John Bloom             | 119         | 47  | 10      | 40 - 49 5         | Carisle       | PA    | 9:27        |
| 49       | F 15  | 29:32 | Jessica Heckman        | 77          | 17  |         | 13 - 19 2         |               |       | 9:30        |
| 50       | F 16  | 29:48 | Brooke Varner          | 423         | 24  |         | 20 - 29 5         | Chambersburg  | PA    | 9:36        |
| 51       | F 17  | 29:49 | Stacie Mullen          | 327         | 35  |         | 30 - 39 5         | Shippensburg  | PA    | 9:36        |
| 52       | F 18  | 29:53 | Elizabeth Clough       | 150         | 30  |         | 30 - 39 6         | Shippensburg  | PA    | 9:37        |
| 53       | F 19  | 29:53 | Kristina Deutsch       | 177         | 36  |         | 30 - 39 7         | Shippensburg  | PA    | 9:37        |
| 54       | M 35  | 29:58 | Joe Mullen             | 326         | 37  |         | 30 - 39 12        | Shippensburg  | PA    | 9:39        |
| 55       | F 20  | 30:00 | Colleen Woy            | 441         | 46  | 3       | 40 - 49 1         | Chambersburg  | PA    | 9:39        |
| 56       | M 36  | 30:04 | Justin Kaiser          | 269         | 14  |         | 13 - 19 4         | Waynesboro    | PA    | 9:41        |
| 57       | F 21  | 30:09 | Linda Ness             | 53          | 48  | 4       | 40 - 49 2         |               |       | 9:42        |
| 58       | M 37  | 30:24 | Ronald Mccullough      | 309         | 36  |         | 30 - 39 13        | Shippensburg  | PA    | 9:47        |
| 59       | F 22  | 30:28 | Natalie Jo Wenger      | 434         | 42  | 5       | 40 - 49 3         | Chambersburg  | PA    | 9:48        |
| 60       | F 23  | 30:32 | Tina Mcgee             | 49          | 36  |         | 30 - 39 8         |               |       | 9:50        |
| 61       | F 24  | 30:36 | Katelyn M Mccorriston  | 307         | 19  |         | 13 - 19 3         | Shippensburg  | PA    | 9:51        |
| 62       | F 25  | 30:37 | Zae Cook               | 160         | 9   |         | 12 & under 1      | Chambersburg  | PA    | 9:51        |
| 63       | M 38  | 30:44 | Michael Streett        | 42          | 57  | 11      | 50 - 59 2         |               |       | 9:54        |
| 64       | F 26  | 31:11 | Sharki Cook            | 159         | 33  |         | 30 - 39 9         | Chambersburg  | PA    | 10:02       |
| 65       | F 27  | 31:40 | Shannon Russell        | 371         | 17  |         | 13 - 19 4         | Shippensburg  | PA    | 10:12       |
| 66       | F 28  | 31:55 | Emily Read             | 359         | 55  | 6       | 50 - 59 1         | Greensboro    | NC    | 10:16       |
| 67       | F 29  | 32:12 | Renee Lunsford         | 295         | 43  | 7       | 40 - 49 4         | Shippensburg  | PA    | 10:22       |
| 68       | F 30  | 32:16 | Patricia Sari          | 375         | 65  | 8       | 60 - 69 1         | Mechanicsburg | PA    | 10:23       |



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|----------|-------|-----------|-------|-------------------------|-----|---------|-------------------|------------|----------|----------------|----|-------|
| 69       | F     | <b>31</b> | 32:31 | Diane Kalathas          | 453 | 47      | 9                 | 40 - 49    | 5        | Shippensburg   | PA | 10:28 |
| 70       | F     | <b>32</b> | 32:32 | Allison Caudill         | 139 | 14      |                   | 13 - 19    | 5        | Shippensburg   | PA | 10:28 |
| 71       | M     | 39        | 32:35 | Joseph Haney            | 228 | 38      |                   | 30 - 39    | 14       | Middletown     | PA | 10:29 |
| 72       | F     | <b>33</b> | 32:40 | Rianon Mckee            | 67  | 12      |                   | 12 & under | <b>2</b> |                |    | 10:31 |
| 73       | M     | 40        | 33:13 | Pradeep B Jadhav        | 262 | 27      |                   | 20 - 29    | 5        | Camp Hill      | PA | 10:41 |
| 74       | M     | 41        | 33:14 | Ben Dennis              | 63  | 13      |                   | 13 - 19    | 5        | Waynesboro     | PA | 10:42 |
| 75       | F     | <b>34</b> | 33:15 | Christen Elise Saliaris | 373 | 34      |                   | 30 - 39    | 10       | New Cumberland | PA | 10:42 |
| 76       | F     | <b>35</b> | 33:28 | Cathy Kirkham           | 277 | 40      | 10                | 40 - 49    | 6        | Palmyra        | PA | 10:46 |
| 77       | F     | <b>36</b> | 33:45 | Shannon Sweeney         | 466 | 33      |                   | 30 - 39    | 11       | Harrisburg     | PA | 10:52 |
| 78       | F     | <b>37</b> | 34:08 | Tana Mcgee Mcgee        | 456 | 32      |                   | 30 - 39    | 12       | Spring Run     | PA | 10:59 |
| 79       | M     | 42        | 34:09 | Chad Martin             | 454 | 37      |                   | 30 - 39    | 15       | Spring Run     | PA | 10:60 |
| 80       | F     | <b>38</b> | 34:09 | Jacqueline A. Martin    | 464 | 30      |                   | 30 - 39    | 13       | Chambersburg   | PA | 10:60 |
| 81       | F     | <b>39</b> | 34:51 | Sara Bethany Reese      | 361 | 18      |                   | 13 - 19    | 6        | Shippensburg   | PA | 11:13 |
| 82       | F     | <b>40</b> | 35:10 | Christine Elmer         | 51  | 36      |                   | 30 - 39    | 14       |                |    | 11:19 |
| 83       | F     | <b>41</b> | 35:24 | Nicki Poe               | 351 | 23      |                   | 20 - 29    | 6        | Chambersburg   | PA | 11:24 |
| 84       | F     | <b>42</b> | 35:36 | Caitlin Cornell         | 162 | 23      |                   | 20 - 29    | 7        | Dry Run        | PA | 11:28 |
| 85       | M     | 43        | 35:37 | Brian Cornell           | 161 | 26      |                   | 20 - 29    | 6        | Dry Run        | PA | 11:28 |
| 86       | F     | <b>43</b> | 35:39 | Rhonda Hirschl Mike     | 34  | 35      |                   | 30 - 39    | 15       | Chambersburg   | PA | 11:28 |
| 87       | F     | <b>44</b> | 35:39 | Katie Zitrick           | 449 | 29      |                   | 20 - 29    | 8        | Germantown     | MD | 11:28 |
| 88       | M     | 44        | 35:51 | Ted Barlow              | 66  | 77      | 12                | 70 & over  | <b>1</b> |                |    | 11:32 |
| 89       | F     | <b>45</b> | 35:57 | Lori Satterlee          | 377 | 46      | 11                | 40 - 49    | 7        | Carlisle       | PA | 11:34 |
| 90       | F     | <b>46</b> | 36:04 | Kim Cramer              | 166 | 32      |                   | 30 - 39    | 16       | Shippensburg   | PA | 11:37 |
| 91       | M     | 45        | 36:11 | Josh Todd Cervenak      | 142 | 36      |                   | 30 - 39    | 16       | Harrisburg     | PA | 11:39 |
| 92       | F     | <b>47</b> | 36:11 | Lita M Heckler          | 237 | 45      | 12                | 40 - 49    | 8        | Harrisburg     | PA | 11:39 |
| 93       | F     | <b>48</b> | 36:17 | Anne Ellis              | 187 | 43      | 13                | 40 - 49    | 9        | Carlisle       | PA | 11:41 |
| 94       | F     | <b>49</b> | 37:11 | Lori Ann Leitzel        | 54  | 44      | 14                | 40 - 49    | 10       | Newburg        | PA | 11:58 |
| 95       | F     | <b>50</b> | 37:22 | Tanya Vymazal           | 61  | 36      |                   | 30 - 39    | 17       |                |    | 12:02 |
| 96       | M     | 46        | 37:24 | Bruce Hershey II        | 62  | 25      |                   | 20 - 29    | 7        |                |    | 12:02 |
| 97       | M     | 47        | 37:30 | Dimitri Saliaris        | 374 | 34      |                   | 30 - 39    | 17       | New Cumberland | PA | 12:04 |
| 98       | F     | <b>51</b> | 37:47 | Tammy Skipper           | 397 | 34      |                   | 30 - 39    | 18       | Fayetteville   | PA | 12:10 |
| 99       | F     | <b>52</b> | 38:00 | Amanda Kay Ocker        | 336 | 38      |                   | 30 - 39    | 19       | Shippensburg   | PA | 12:14 |
| 100      | M     | 48        | 38:03 | Jeffrey Hunter          | 35  | 41      | 13                | 40 - 49    | 6        |                |    | 12:15 |
| 101      | M     | 49        | 39:35 | Justin Mccann           | 306 | 34      |                   | 30 - 39    | 18       | Chambersburg   | PA | 12:44 |
| 102      | F     | <b>53</b> | 39:48 | Betsy Miller            | 316 | 60      | 15                | 60 - 69    | <b>2</b> | Carlisle       | PA | 12:49 |



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|----------|-------|------|-------|-------------------------|-----|---------|-------------------|---------------------|-------|-------------|
| 103      | F     | 54   | 39:49 | Brittany Brumage        | 72  | 23      | 20 - 29 9         |                     |       | 12:49       |
| 104      | F     | 55   | 39:55 | Tracy I Barrick         | 110 | 39      | 30 - 39 20        | Fayetteville        | PA    | 12:51       |
| 105      | F     | 56   | 40:04 | Penelope Heichel        | 239 | 34      | 30 - 39 21        | Shippensburg        | PA    | 12:54       |
| 106      | F     | 57   | 40:10 | Kimberly Shirley        | 390 | 52      | 16 50 - 59 2      | Shippensburg        | PA    | 12:56       |
| 107      | F     | 58   | 40:47 | Jamie Duncan            | 182 | 25      | 20 - 29 10        | Newville            | PA    | 13:08       |
| 108      | F     | 59   | 40:48 | Lindsay Sechrist        | 474 | 25      | 20 - 29 11        | Carlisle            | PA    | 13:08       |
| 109      | F     | 60   | 41:17 | Ellen Hoon              | 247 | 55      | 17 50 - 59 3      | Mount Holly Springs | PA    | 13:17       |
| 110      | F     | 61   | 41:45 | Elizabeth Jamros        | 265 | 26      | 20 - 29 12        | Carlisle            | PA    | 13:26       |
| 111      | F     | 62   | 42:02 | Lugene Bastian          | 111 | 54      | 18 50 - 59 4      | Mechanicsburg       | PA    | 13:32       |
| 112      | F     | 63   | 42:03 | Jennifer Kline-lyman    | 278 | 38      | 30 - 39 22        | New Cumberland      | PA    | 13:32       |
| 113      | M     | 50   | 42:56 | David George Hamburg    | 226 | 43      | 14 40 - 49 7      | New Cumberland      | PA    | 13:49       |
| 114      | F     | 64   | 43:06 | Jean Barlup             | 65  | 58      | 19 50 - 59 5      | Mont Alto           | PA    | 13:52       |
| 115      | F     | 65   | 43:24 | Angle Mcgeee            | 69  | 40      | 20 40 - 49 11     |                     |       | 13:58       |
| 116      | F     | 66   | 43:26 | Christie L Daniels      | 460 | 35      | 30 - 39 23        | Gardners            | PA    | 13:59       |
| 117      | F     | 67   | 43:27 | Anne Corwell            | 164 | 45      | 21 40 - 49 12     | Chambersburg        | PA    | 13:59       |
| 118      | F     | 68   | 43:32 | Yon-sik Meurer          | 91  | 61      | 22 60 - 69 3      | Hanover             | MD    | 14:01       |
| 119      | F     | 69   | 43:39 | Sharon Catherine Bowers | 125 | 46      | 23 40 - 49 13     | Chambersburg        | PA    | 14:03       |
| 120      | F     | 70   | 44:06 | Krista Felty            | 198 | 33      | 30 - 39 24        | Harrisburg          | PA    | 14:12       |
| 121      | F     | 71   | 44:29 | Patricia Anne Braught   | 129 | 67      | 24 60 - 69 4      | Carlisle            | PA    | 14:19       |
| 122      | M     | 51   | 44:49 | Thomas L Welte          | 433 | 55      | 15 50 - 59 3      | Aliquippa           | PA    | 14:26       |
| 123      | F     | 72   | 45:11 | Carla A. Welte          | 431 | 56      | 25 50 - 59 6      | Aliquippa           | PA    | 14:33       |
| 124      | F     | 73   | 46:41 | Kathy Eddinger          | 55  | 53      | 26 50 - 59 7      | Shippensburg        | PA    | 15:02       |
| 125      | F     | 74   | 47:21 | Lisa Mack               | 83  | 34      | 30 - 39 25        |                     |       | 15:14       |
| 126      | M     | 52   | 47:22 | Scott Mack              | 82  | 36      | 30 - 39 19        |                     |       | 15:15       |
| 127      | M     | 53   | 47:49 | Gerald Heichel          | 238 | 35      | 30 - 39 20        | Shippensburg        | PA    | 15:23       |
| 128      | F     | 75   | 51:08 | Melissa Knepper         | 44  | 38      | 30 - 39 26        |                     |       | 16:27       |
| 129      | F     | 76   | 51:49 | Barbara Rynard          | 57  | 60      | 27 60 - 69 5      |                     |       | 16:41       |