



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 5k

April 18, 2010

Age Group Finish

| Age Group | Over All | Mas ter | Time | Name | Race Number | Age On Race Day | Age Group | City | State | Pace / Mile |
|------------------------------|----------|---------|-------|-----------------------------|-------------|-----------------|------------|----------------|-------|-------------|
| Female 12 & under | | | | | | | | | | |
| 1 | 33 | | 32:40 | Rianon Mckee | 67 | 12 | 12 & under | | | 10:31 |
| Female 13 - 19 | | | | | | | | | | |
| 1 | 7 | | 26:58 | Catherine Ann Farrell Bloom | 118 | 13 | 13 - 19 | Carlisle | PA | 8:41 |
| 2 | 15 | | 29:32 | Jessica Heckman | 77 | 17 | 13 - 19 | | | 9:30 |
| 3 | 24 | | 30:36 | Katelyn M Mccorriston | 307 | 19 | 13 - 19 | Shippensburg | PA | 9:51 |
| 4 | 27 | | 31:40 | Shannon Russell | 371 | 17 | 13 - 19 | Shippensburg | PA | 10:12 |
| 5 | 32 | | 32:32 | Allison Caudill | 139 | 14 | 13 - 19 | Shippensburg | PA | 10:28 |
| 6 | 39 | | 34:51 | Sara Bethany Reese | 361 | 18 | 13 - 19 | Shippensburg | PA | 11:13 |
| Female 20 - 29 | | | | | | | | | | |
| 1 | 4 | | 24:58 | Kristin Memmelaar | 314 | 25 | 20 - 29 | Carlisle | PA | 8:02 |
| 2 | 6 | | 26:18 | Stephanie Berger | 115 | 20 | 20 - 29 | Malvern | PA | 8:28 |
| 3 | 8 | | 27:05 | Katey Louise Reed | 360 | 25 | 20 - 29 | Shippensburg | PA | 8:43 |
| 4 | 13 | | 28:42 | Amanda Clare Schroeder | 379 | 25 | 20 - 29 | Shippensburg | PA | 9:14 |
| 5 | 16 | | 29:48 | Brooke Varner | 423 | 24 | 20 - 29 | Chambersburg | PA | 9:36 |
| 6 | 41 | | 35:24 | Nicki Poe | 351 | 23 | 20 - 29 | Chambersburg | PA | 11:24 |
| 7 | 42 | | 35:36 | Caitlin Cornell | 162 | 23 | 20 - 29 | Dry Run | PA | 11:28 |
| 8 | 44 | | 35:39 | Katie Zitrick | 449 | 29 | 20 - 29 | Germantown | MD | 11:28 |
| 9 | 54 | | 39:49 | Brittany Brumage | 72 | 23 | 20 - 29 | | | 12:49 |
| 10 | 58 | | 40:47 | Jamie Duncan | 182 | 25 | 20 - 29 | Newville | PA | 13:08 |
| 11 | 59 | | 40:48 | Lindsay Sechrist | 474 | 25 | 20 - 29 | Carlisle | PA | 13:08 |
| 12 | 61 | | 41:45 | Elizabeth Jamros | 265 | 26 | 20 - 29 | Carlisle | PA | 13:26 |
| Female 30 - 39 | | | | | | | | | | |
| 1 | 10 | | 28:27 | Kelly Ackley | 100 | 30 | 30 - 39 | Carlisle | PA | 9:09 |
| 2 | 11 | | 28:32 | Christina L Hershey | 243 | 35 | 30 - 39 | Shippensburg | PA | 9:11 |
| 3 | 12 | | 28:33 | Kristin Mcgee | 455 | 31 | 30 - 39 | Spring Run | PA | 9:11 |
| 4 | 14 | | 29:19 | Mary Rohrer | 367 | 33 | 30 - 39 | Lancaster | PA | 9:26 |
| 5 | 17 | | 29:49 | Stacie Mullen | 327 | 35 | 30 - 39 | Shippensburg | PA | 9:36 |
| 6 | 18 | | 29:53 | Elizabeth Clough | 150 | 30 | 30 - 39 | Shippensburg | PA | 9:37 |
| 7 | 19 | | 29:53 | Kristina Deutsch | 177 | 36 | 30 - 39 | Shippensburg | PA | 9:37 |
| 8 | 23 | | 30:32 | Tina Mcgee | 49 | 36 | 30 - 39 | | | 9:50 |
| 9 | 26 | | 31:11 | Sharki Cook | 159 | 33 | 30 - 39 | Chambersburg | PA | 10:02 |
| 10 | 34 | | 33:15 | Christen Elise Saliaris | 373 | 34 | 30 - 39 | New Cumberland | PA | 10:42 |
| 11 | 36 | | 33:45 | Shannon Sweeney | 466 | 33 | 30 - 39 | Harrisburg | PA | 10:52 |
| 12 | 37 | | 34:08 | Tana Mcgee Mcgee | 456 | 32 | 30 - 39 | Spring Run | PA | 10:59 |
| 13 | 38 | | 34:09 | Jacqueline A. Martin | 464 | 30 | 30 - 39 | Chambersburg | PA | 10:60 |



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|-----------------------|----------|---------|-------|-------------------------|-------------|-----------------|-----------|--------------------|-------|-------------|
| Female 30 - 39 | | | | | | | | | | |
| 14 | 40 | | 35:10 | Christine Elmer | 51 | 36 | 30 - 39 | | | 11:19 |
| 15 | 43 | | 35:39 | Rhonda Hirschl Mike | 34 | 35 | 30 - 39 | Chambersburg | PA | 11:28 |
| 16 | 46 | | 36:04 | Kim Cramer | 166 | 32 | 30 - 39 | Shippensburg | PA | 11:37 |
| 17 | 50 | | 37:22 | Tanya Vymazal | 61 | 36 | 30 - 39 | | | 12:02 |
| 18 | 51 | | 37:47 | Tammy Skipper | 397 | 34 | 30 - 39 | Fayetteville | PA | 12:10 |
| 19 | 52 | | 38:00 | Amanda Kay Ocker | 336 | 38 | 30 - 39 | Shippensburg | PA | 12:14 |
| 20 | 55 | | 39:55 | Tracy I Barrick | 110 | 39 | 30 - 39 | Fayetteville | PA | 12:51 |
| 21 | 56 | | 40:04 | Penelope Heichel | 239 | 34 | 30 - 39 | Shippensburg | PA | 12:54 |
| 22 | 63 | | 42:03 | Jennifer Kline-lyman | 278 | 38 | 30 - 39 | New Cumberland | PA | 13:32 |
| 23 | 66 | | 43:26 | Christie L Daniels | 460 | 35 | 30 - 39 | Gardners | PA | 13:59 |
| 24 | 70 | | 44:06 | Krista Felty | 198 | 33 | 30 - 39 | Harrisburg | PA | 14:12 |
| 25 | 74 | | 47:21 | Lisa Mack | 83 | 34 | 30 - 39 | | | 15:14 |
| 26 | 75 | | 51:08 | Melissa Knepper | 44 | 38 | 30 - 39 | | | 16:27 |
| Female 40 - 49 | | | | | | | | | | |
| 1 | 20 | 3 | 30:00 | Colleen Woy | 441 | 46 | 40 - 49 | Chambersburg | PA | 9:39 |
| 2 | 21 | 4 | 30:09 | Linda Ness | 53 | 48 | 40 - 49 | | | 9:42 |
| 3 | 22 | 5 | 30:28 | Natalie Jo Wenger | 434 | 42 | 40 - 49 | Chambersburg | PA | 9:48 |
| 4 | 29 | 7 | 32:12 | Renee Lunsford | 295 | 43 | 40 - 49 | Shippensburg | PA | 10:22 |
| 5 | 31 | 9 | 32:31 | Diane Kalathas | 453 | 47 | 40 - 49 | Shippensburg | PA | 10:28 |
| 6 | 35 | 10 | 33:28 | Cathy Kirkham | 277 | 40 | 40 - 49 | Palmyra | PA | 10:46 |
| 7 | 45 | 11 | 35:57 | Lori Satterlee | 377 | 46 | 40 - 49 | Carlisle | PA | 11:34 |
| 8 | 47 | 12 | 36:11 | Lita M Heckler | 237 | 45 | 40 - 49 | Harrisburg | PA | 11:39 |
| 9 | 48 | 13 | 36:17 | Anne Ellis | 187 | 43 | 40 - 49 | Carlisle | PA | 11:41 |
| 10 | 49 | 14 | 37:11 | Lori Ann Leitzel | 54 | 44 | 40 - 49 | Newburg | PA | 11:58 |
| 11 | 65 | 20 | 43:24 | Angle Mcgeee | 69 | 40 | 40 - 49 | | | 13:58 |
| 12 | 67 | 21 | 43:27 | Anne Corwell | 164 | 45 | 40 - 49 | Chambersburg | PA | 13:59 |
| 13 | 69 | 23 | 43:39 | Sharon Catherine Bowers | 125 | 46 | 40 - 49 | Chambersburg | PA | 14:03 |
| Female 50 - 59 | | | | | | | | | | |
| 1 | 28 | 6 | 31:55 | Emily Read | 359 | 55 | 50 - 59 | Greensboro | NC | 10:16 |
| 2 | 57 | 16 | 40:10 | Kimberly Shirley | 390 | 52 | 50 - 59 | Shippensburg | PA | 12:56 |
| 3 | 60 | 17 | 41:17 | Ellen Hoon | 247 | 55 | 50 - 59 | Mount Holly Spring | PA | 13:17 |
| 4 | 62 | 18 | 42:02 | Lugene Bastian | 111 | 54 | 50 - 59 | Mechanicsburg | PA | 13:32 |
| 5 | 64 | 19 | 43:06 | Jean Barlup | 65 | 58 | 50 - 59 | Mont Alto | PA | 13:52 |
| 6 | 72 | 25 | 45:11 | Carla A. Welte | 431 | 56 | 50 - 59 | Aliquippa | PA | 14:33 |
| 7 | 73 | 26 | 46:41 | Kathy Eddinger | 55 | 53 | 50 - 59 | Shippensburg | PA | 15:02 |



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| Age Group | Over All | Mas ter | Time | Name | Race Number | Age On Race Day | Age Group | City | State | Pace / Mile |
|---------------|----------|----------------|-------|-----------------------|-------------|-----------------|-----------|---------------|-------|-------------|
| Female | | 60 - 69 | | | | | | | | |
| 1 | 30 | 8 | 32:16 | Patricia Sari | 375 | 65 | 60 - 69 | Mechanicsburg | PA | 10:23 |
| 2 | 53 | 15 | 39:48 | Betsy Miller | 316 | 60 | 60 - 69 | Carlisle | PA | 12:49 |
| 3 | 68 | 22 | 43:32 | Yon-sik Meurer | 91 | 61 | 60 - 69 | Hanover | MD | 14:01 |
| 4 | 71 | 24 | 44:29 | Patricia Anne Braught | 129 | 67 | 60 - 69 | Carlisle | PA | 14:19 |
| 5 | 76 | 27 | 51:49 | Barbara Rynard | 57 | 60 | 60 - 69 | | | 16:41 |

| Age Group | Over All | Mas ter | Time | Name | Race Number | Age On Race Day | Age Group | City | State | Pace / Mile |
|-------------|----------|-----------------------|-------|---------------|-------------|-----------------|------------|--------------|-------|-------------|
| Male | | 12 & under | | | | | | | | |
| 1 | 9 | | 21:55 | Alex Hayden | 234 | 12 | 12 & under | Chambersburg | PA | 7:03 |
| 2 | 27 | | 28:27 | Mikell Mcgee | 78 | 10 | 12 & under | | | 9:09 |
| 3 | 33 | | 29:14 | Jarrett Lloyd | 294 | 10 | 12 & under | Carlisle | PA | 9:25 |
| 4 | 25 | | 30:37 | Zae Cook | 160 | 9 | 12 & under | Chambersburg | PA | 9:51 |

| | | | | | | | | | | |
|-------------|----|----------------|-------|----------------|-----|----|---------|--------------|----|-------|
| Male | | 13 - 19 | | | | | | | | |
| 1 | 5 | | 20:12 | Ryan Kaiser | 270 | 17 | 13 - 19 | Waynesboro | PA | 6:30 |
| 2 | 7 | | 21:11 | Christian Reed | 37 | 19 | 13 - 19 | | | 6:49 |
| 3 | 17 | | 24:52 | Lance Russell | 370 | 14 | 13 - 19 | Shippensburg | PA | 8:00 |
| 4 | 36 | | 30:04 | Justin Kaiser | 269 | 14 | 13 - 19 | Waynesboro | PA | 9:41 |
| 5 | 41 | | 33:14 | Ben Dennis | 63 | 13 | 13 - 19 | Waynesboro | PA | 10:42 |

| | | | | | | | | | | |
|-------------|----|----------------|-------|-------------------|-----|----|---------|--------------|----|-------|
| Male | | 20 - 29 | | | | | | | | |
| 1 | 11 | | 22:04 | Kevin Wilson | 440 | 29 | 20 - 29 | Newville | PA | 7:06 |
| 2 | 19 | | 26:19 | Brett E Repman | 364 | 20 | 20 - 29 | Shippensburg | PA | 8:28 |
| 3 | 23 | | 27:08 | Carrie Burkholder | 136 | 26 | 20 - 29 | Shippensburg | PA | 8:44 |
| 4 | 25 | | 27:36 | Tyler Engle | 50 | 25 | 20 - 29 | | | 8:53 |
| 5 | 40 | | 33:13 | Pradeep B Jadhav | 262 | 27 | 20 - 29 | Camp Hill | PA | 10:41 |
| 6 | 43 | | 35:37 | Brian Cornell | 161 | 26 | 20 - 29 | Dry Run | PA | 11:28 |
| 7 | 46 | | 37:24 | Bruce Hershey II | 62 | 25 | 20 - 29 | | | 12:02 |

| | | | | | | | | | | |
|-------------|----|----------------|-------|---------------|-----|----|---------|------------|----|------|
| Male | | 30 - 39 | | | | | | | | |
| 1 | 4 | | 20:02 | Bill Wilson | 439 | 37 | 30 - 39 | Newville | PA | 6:27 |
| 2 | 8 | | 21:25 | Jason Kreider | 282 | 32 | 30 - 39 | Newville | PA | 6:54 |
| 3 | 15 | | 23:38 | Eric Sweeney | 465 | 32 | 30 - 39 | Harrisburg | PA | 7:36 |
| 4 | 16 | | 24:19 | Von Mcgee | 457 | 34 | 30 - 39 | Spring Run | PA | 7:50 |



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|---------------------|----------|---------|-------|----------------------|-------------|-----------------|-----------|----------------|-------|-------------|
| Male 30 - 39 | | | | | | | | | | |
| 5 | 18 | | 25:25 | Jon Skipper | 396 | 35 | 30 - 39 | Fayetteville | PA | 8:11 |
| 6 | 21 | | 27:02 | Robert Kirk | 276 | 31 | 30 - 39 | Chambersburg | PA | 8:42 |
| 7 | 28 | | 28:35 | Steven M Oyler | 347 | 34 | 30 - 39 | Gardners | PA | 9:12 |
| 8 | 29 | | 28:35 | Vincent J Gajewski | 469 | 37 | 30 - 39 | Carlisle | PA | 9:12 |
| 9 | 30 | | 28:38 | Jon Nori | 333 | 33 | 30 - 39 | Shippensburg | PA | 9:13 |
| 10 | 31 | | 28:46 | Chris Crawford | 73 | 39 | 30 - 39 | | | 9:16 |
| 11 | 32 | | 29:13 | Michael Clough | 151 | 37 | 30 - 39 | Shippensburg | PA | 9:24 |
| 12 | 35 | | 29:58 | Joe Mullen | 326 | 37 | 30 - 39 | Shippensburg | PA | 9:39 |
| 13 | 37 | | 30:24 | Ronald Mccullough | 309 | 36 | 30 - 39 | Shippensburg | PA | 9:47 |
| 14 | 39 | | 32:35 | Joseph Haney | 228 | 38 | 30 - 39 | Middletown | PA | 10:29 |
| 15 | 42 | | 34:09 | Chad Martin | 454 | 37 | 30 - 39 | Spring Run | PA | 10:60 |
| 16 | 45 | | 36:11 | Josh Todd Cervenak | 142 | 36 | 30 - 39 | Harrisburg | PA | 11:39 |
| 17 | 47 | | 37:30 | Dimitri Saliaris | 374 | 34 | 30 - 39 | New Cumberland | PA | 12:04 |
| 18 | 49 | | 39:35 | Justin Mccann | 306 | 34 | 30 - 39 | Chambersburg | PA | 12:44 |
| 19 | 52 | | 47:22 | Scott Mack | 82 | 36 | 30 - 39 | | | 15:15 |
| 20 | 53 | | 47:49 | Gerald Heichel | 238 | 35 | 30 - 39 | Shippensburg | PA | 15:23 |
| Male 40 - 49 | | | | | | | | | | |
| 1 | 13 | 4 | 23:24 | Doug Shields | 43 | 43 | 40 - 49 | Shippensburg | PA | 7:32 |
| 2 | 14 | 5 | 23:29 | John Briggs | 130 | 40 | 40 - 49 | Chambersburg | PA | 7:34 |
| 3 | 22 | 7 | 27:04 | David Kaiser | 268 | 46 | 40 - 49 | Waynesboro | PA | 8:43 |
| 4 | 24 | 8 | 27:35 | Joseph T Zume | 450 | 40 | 40 - 49 | Shippensburg | PA | 8:53 |
| 5 | 34 | 10 | 29:21 | John Bloom | 119 | 47 | 40 - 49 | Carisle | PA | 9:27 |
| 6 | 48 | 13 | 38:03 | Jeffrey Hunter | 35 | 41 | 40 - 49 | | | 12:15 |
| 7 | 50 | 14 | 42:56 | David George Hamburg | 226 | 43 | 40 - 49 | New Cumberland | PA | 13:49 |
| Male 50 - 59 | | | | | | | | | | |
| 1 | 26 | 9 | 27:58 | Alex Manning | 58 | 51 | 50 - 59 | | | 9:00 |
| 2 | 38 | 11 | 30:44 | Michael Streett | 42 | 57 | 50 - 59 | | | 9:54 |
| 3 | 51 | 15 | 44:49 | Thomas L Welte | 433 | 55 | 50 - 59 | Aliquippa | PA | 14:26 |
| Male 60 - 69 | | | | | | | | | | |
| 1 | 12 | 3 | 22:09 | Ron Slozat | 398 | 63 | 60 - 69 | Shippensburg | PA | 7:08 |
| 2 | 20 | 6 | 26:34 | Ronald Cornelius | 60 | 67 | 60 - 69 | | | 8:33 |



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|-------------|----------|----------------------|-------|------------|-------------|-----------------|-----------|------|-------|-------------|
| Male | | 70 & over | | | | | | | | |
| 1 | 44 | 12 | 35:51 | Ted Barlow | 66 | 77 | 70 & over | | | 11:32 |