



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 15K

April 19, 2009

Age Group Finish

Race, Run, Ride & Ramble 15K

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female 19 & under Total: 1										
1	38		1:41:16	Morgan Crider	34	17	19 & under	Fayetteville	PA	10:52
Female 20 - 29 Total: 8										
1	8		1:20:21	Michelle Baldwin	241	29	20 - 29	Carlisle	PA	8:37
2	11		1:21:55	Heather Lautenslager	217	25	20 - 29	Chambersburg	PA	8:47
3	21		1:29:11	Jennifer Lee Friese	82	24	20 - 29	Chambersburg	PA	9:34
4	25		1:32:00	Laura Saccoccio	279	26	20 - 29	Cumberland	RI	9:52
5	33		1:36:14	Kristin Miller	223	23	20 - 29	Carlisle	PA	10:19
6	45		1:49:10	Danielle Brezler	277	27	20 - 29	Greencastle	PA	11:43
7	49		1:50:55	Summer Monnett	72	28	20 - 29	Carlisle	PA	11:54
8	51		2:08:13	Shelly Renee Carr	240	24	20 - 29	Shippensburg	PA	13:45
Female 30 - 39 Total: 20										
1	4		1:18:38	Kelly Krutz	226	35	30 - 39	Mechanicsburg	PA	8:26
2	7		1:20:07	Laura Grove	235	39	30 - 39	Glen Mills	PA	8:36
3	9		1:21:03	Amy Diehl	261	35	30 - 39	Shippensburg	PA	8:42
4	10		1:21:38	Miranda Reed	275	32	30 - 39	Chambersburg	PA	8:46
5	12		1:22:05	Kimberly Yonish	268	31	30 - 39	Shippensburg	PA	8:48
6	13		1:22:50	Ellen S Wenrich	198	33	30 - 39	Dauphin	PA	8:53
7	14		1:23:21	Vicki Stinebaugh	246	33	30 - 39	Waynesboro	PA	8:57
8	15		1:24:34	Michele E Lachance	239	37	30 - 39	Hummelstown	PA	9:04
9	18		1:27:53	Anna E Jones	228	39	30 - 39	Chambersburg	PA	9:26
10	23		1:31:32	Missy Nibock	84	39	30 - 39	Carlisle	PA	9:49
11	27		1:32:47	Angela Cohick	270	35	30 - 39	Dillsburg	PA	9:57
12	28		1:33:52	Heidi Hade	262	32	30 - 39	Greencastle	PA	10:04
13	29		1:34:10	Christie Johnson	29	32	30 - 39	Shippensburg	PA	10:06
14	34		1:38:14	Jennifer Sheggrud	209	36	30 - 39	Baltimore	MD	10:32
15	35		1:38:16	Erica Frontino	68	32	30 - 39	Shippensburg	PA	10:33
16	37		1:40:40	Jennifer Gerhart	244	38	30 - 39	Mechanicsburg	PA	10:48
17	46		1:49:12	Jennifer Libutti	295	30	30 - 39	Greencastle	PA	11:43
18	47		1:49:31	Shonda Fortin	255	37	30 - 39	Mechanicsburg	PA	11:45
19	50		1:55:41	Melissa Forreser	251	38	30 - 39	Chambersburg	PA	12:25
20	52		2:15:39	Rhonda Hirschl Mike	100	34	30 - 39	Chambersburg	PA	14:33



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 15K

April 19, 2009

Age Group Finish

Race, Run, Ride & Ramble 15K

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Female 40 - 49			Total:	13						
1	17	4	1:27:29	Audry L Baumgardner	263	47	40 - 49	Chambersburg	OK	9:23
2	20	6	1:28:51	Tara Engle	118	49	40 - 49	Waynesboro	PA	9:32
3	22	7	1:29:45	Kathy Weaver	207	43	40 - 49	Mechanicsburg	PA	9:38
4	24	8	1:31:38	Stephanie Edgar	272	48	40 - 49	Chambersburg	PA	9:50
5	26	9	1:32:25	Kristine Sieloff	208	43	40 - 49	Baltimore	MD	9:55
6	31	11	1:34:44	Kirsten Guss	292	42	40 - 49	Carlisle	PA	10:10
7	32	12	1:36:08	Dorothy V. Hartman	77	49	40 - 49	New Cumberland	PA	10:19
8	39	14	1:41:17	Kelly Crider	35	47	40 - 49	Fayetteville	PA	10:52
9	40	15	1:41:35	Esther Cohick	252	48	40 - 49	Hummelstown	PA	10:54
10	41	16	1:41:37	Patricia Coffey	71	46	40 - 49	Chambersburg	PA	10:54
11	43	18	1:43:16	Lisa Shuey	107	48	40 - 49	Marysville	PA	11:05
12	44	19	1:44:26	Lori Lynn Elsenbaumer	271	44	40 - 49	Chambersburg	PA	11:12
13	48	20	1:50:31	Kimberly Connelly	200	41	40 - 49	Carroll Valley	PA	11:51
Female 50 - 59			Total:	5						
1	16	3	1:24:49	Victoria Glose	211	55	50 - 59	Baltimore	MD	9:06
2	19	5	1:28:24	Monica Price	236	51	50 - 59	Carlisle	PA	9:29
3	30	10	1:34:22	Unknown Female	276	50	50 - 59	Shippensburg	PA	10:07
4	36	13	1:38:31	Cindy Varner	73	51	50 - 59	Carlisle	PA	10:34
5	42	17	1:41:47	Sara Miller	222	53	50 - 59	Chesterfield	VA	10:55
Female 60 - 69			Total:	1						
1	53	21	2:28:04	Brenda L. Pellow	296	65	60 - 69	Shippensburg	PA	15:53



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 15K

April 19, 2009

Age Group Finish

Race, Run, Ride & Ramble 15K

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male 19 & under Total: 1										
1	15		1:10:00	John Davis	265	16	19 & under	Chambersburg	PA	7:31
Male 20 - 29 Total: 8										
1	4		57:19	Derek Lautenslager	216	27	20 - 29	Chambersburg	PA	6:09
2	17		1:10:22	Scott Baldwin	242	28	20 - 29	Carlisle	PA	7:33
3	23		1:12:38	Jon Becker	274	25	20 - 29	Shippensburg	PA	7:48
4	32		1:16:10	Aaron Boudier	225	25	20 - 29	Shippensburg	PA	8:10
5	37		1:18:10	Zachary Asper	75	28	20 - 29	Shippensburg	PA	8:23
6	41		1:21:25	Eric Deangelis	76	24	20 - 29	Altoona	PA	8:44
7	43		1:22:24	Kyle D Letner	253	29	20 - 29	Dillsburg	PA	8:50
8	60		1:35:28	Greg Moore	221	22	20 - 29	Carlisle	PA	10:15
Male 30 - 39 Total: 17										
1	7		1:00:52	Tim Fisler	266	38	30 - 39	Greencastle	PA	6:32
2	9		1:05:37	Jamie B Boward	212	31	30 - 39	Fayetteville	PA	7:02
3	10		1:07:38	Jeffrey S Lloyd	206	38	30 - 39	Carlisle	PA	7:15
4	18		1:10:27	Paul Wachsmuth	203	38	30 - 39	Waldorf	MD	7:34
5	21		1:11:50	Brian R Caudill	249	39	30 - 39	Shippensburg	PA	7:42
6	26		1:13:06	Jerry Webber	205	39	30 - 39	Palmyra	PA	7:51
7	34		1:17:15	Bill Hathaway	248	36	30 - 39	York Haven	PA	8:17
8	39		1:19:38	Russell J Gavalis	173	34	30 - 39	Pottsville	PA	8:33
9	40		1:20:54	John Kasarda	158	36	30 - 39	Shippensburg	PA	8:41
10	47		1:24:21	Joe Embrey	256	39	30 - 39	Lusby	MD	9:03
11	48		1:24:33	Christopher C Ott	245	37	30 - 39	Fayetteville	PA	9:04
12	49		1:25:09	Frank Townsend	257	39	30 - 39	Annville	PA	9:08
13	50		1:25:10	Matt Schroeder	250	39	30 - 39	Mechanicsburg	PA	9:08
14	53		1:27:50	Nathan Powell	247	36	30 - 39	Carlisle	PA	9:25
15	59		1:35:05	Christopher Yonish	291	38	30 - 39	Shippensburg	PA	10:12
16	62		1:38:26	Jason Taylor	85	34	30 - 39	Waynesboro	PA	10:34
17	63		1:38:27	Mark Taylor	86	37	30 - 39	Waynesboro	PA	10:34
Male 40 - 49 Total: 17										
1	8	3	1:03:59	Rich Harfast	65	45	40 - 49	Annandale	VA	6:52
2	11	4	1:07:59	Troy Werdebaugh	80	44	40 - 49	Chambursburg	PA	7:18
3	12	5	1:08:21	Leisher Craig	238	48	40 - 49	Chambersburg	PA	7:20



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 15K

April 19, 2009

Age Group Finish

Race, Run, Ride & Ramble 15K

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile	
Male			40 - 49	Total: 17							
4	13	6	1:08:55	Jeff Bertram	61	40	40 - 49	Fayetteville	PA	7:24	
5	14	7	1:09:53	William Corbin	202	49	40 - 49	Elizabethtown	PA	7:30	
6	19	9	1:10:35	Brian Storm	213	43	40 - 49	Chambersburg	PA	7:34	
7	20	10	1:11:17	Steven D Fealtman	109	46	40 - 49	Carlisle	PA	7:39	
8	22	11	1:12:04	Doug Lopapa	234	45	40 - 49	West Chester	PA	7:44	
9	25	13	1:13:01	Bob Walker	230	44	40 - 49	Harrisburg	PA	7:50	
10	27	14	1:13:18	Nicholas Gerard Mistishen	215	46	40 - 49	Harrisburg	PA	7:52	
11	29	16	1:14:06	John Kelley	243	48	40 - 49	Waynesboro	PA	7:57	
12	31	18	1:14:35	Laszlo Madaras	278	47	40 - 49	Greencastle	PA	8:00	
13	35	20	1:17:35	Gene Bratovich	232	43	40 - 49	Montville	NJ	8:19	
14	45	25	1:23:10	William J. Krieger	260	49	40 - 49	Elizabethtown	PA	8:55	
15	65	36	1:44:21	Paul Clark	219	42	40 - 49	Fairfield	PA	11:12	
16	66	37	1:45:01	Dirk Baumgardner	264	47	40 - 49	Chambersburg	PA	11:16	
17	68	39	1:55:40	Dawn Naugle	81	44	40 - 49	Chambersburg	PA	12:25	

Male			50 - 59	Total: 16							
1	16	8	1:10:15	Larry Brewster	218	52	50 - 59	Shippensburg	PA	7:32	
2	28	15	1:13:48	Jerry Mason	258	52	50 - 59	Greencastle	PA	7:55	
3	36	21	1:17:40	Mike Varner	74	52	50 - 59	Carlisle	PA	8:20	
4	38	22	1:19:25	Millard Eugle	119	59	50 - 59	Shippensburg	PA	8:31	
5	42	23	1:21:31	Mike Hayduk	58	58	50 - 59	Chambersburg	PA	8:45	
6	46	26	1:24:05	Tom Mcculloh	114	56	50 - 59	Mercersburg	PA	9:01	
7	51	27	1:26:24	Neal Hospelhorn	293	57	50 - 59	Chambersburg	PA	9:16	
8	52	28	1:26:25	Randy Lynn Ward	259	55	50 - 59	State Line	PA	9:16	
9	54	29	1:27:58	Jody Shatzer	115	50	50 - 59	Chambersburg	PA	9:26	
10	56	31	1:30:50	John Coffey	70	50	50 - 59	Chambersburg	PA	9:45	
11	57	32	1:31:39	James Edgar	273	58	50 - 59	Chambersburg	PA	9:50	
12	58	33	1:34:36	Steve Jones	269	50	50 - 59	Mechanicsburg	PA	10:09	
13	61	34	1:36:42	Doug Miller	220	55	50 - 59	Chesterfield	VA	10:22	
14	64	35	1:41:31	Brad Leisure	231	54	50 - 59	Blain	PA	10:54	
15	67	38	1:46:32	David Bowman	229	54	50 - 59	Vienna	VA	11:26	
16	69	40	2:19:26	James Mike	102	54	50 - 59	Chambersburg	PA	14:58	

Male			60 - 69	Total: 4							
1	24	12	1:12:46	Jim Becker	204	67	60 - 69	Greencastle	PA	7:48	



Cumberland Valley Rails-to-Trails Council

Race, Run, Ride & Ramble 15K

April 19, 2009

Age Group Finish

Race, Run, Ride & Ramble 15K

Age Group	Over All	Mas ter	Time	Name	Race Number	Age On Race Day	Age Group	City	State	Pace / Mile
Male			60 - 69	Total: 4						
2	30	17	1:14:10	Hap Miller	224	65	60 - 69	Carlisle	PA	7:57
3	33	19	1:16:48	Tom Cook	294	62	60 - 69	Carlisle	PA	8:14
4	44	24	1:23:04	Randall Arthur Pellow	78	65	60 - 69	Shippensburg	PA	8:55
Male			70 & over	Total: 1						
1	55	30	1:30:30	Leon Bierbower	227	73	70 & over	Chambersburg	PA	9:43